





| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|---|---|--|
|  |  | <p>1</p> <p>10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 1:30 Church Service with Father George ((CH) 2:30 Painting Class with Patricia & Challyn (Ref) 3:00 Pool Therapy (PL)</p> | <p>2</p> <p>10:00 Baking with Challyn (L2) 11:00 Live 2 B Healthy (DS) 11:00 Janet's Gym/Pool 1:30 Classical Music (L2) 2:30 Leo Rocco Humor & Discussion Group (L2)</p> | <p>3</p> <p>10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 2:00 Chaplain Chat (L2) 3:00 Scrabble Club (LIB)</p> | <p>4</p> <p>11:00 Live 2 B Healthy (DS) 12:45 Pool Therapy (PL) 2:30 Circle of Share – Resident Spotlight (L2) 3:30 Happy Hour with Connie on Piano (L2)</p> | <p>5</p> <p>10:45 Chair Exercise (DS) 10:45 Pool Therapy (PL) 11:45 – 1:30 OUTING Mandarin Restaurant (LB) 2:00 Opera Screening (L2) 2:30 Computer Classes (LIB) 3:30 Lawrence Welk Show (L2)</p> |
| <p>6</p> <p>10:30 Catholic Communion (CH) 1:30 Movie Matinee (L2) 2:00 Plaza Service Non-Denominational 2:45 Church Fellowship (PB)</p> | <p>7</p> <p>11:00 Live 2 B Healthy (DS) 1:00 MONTHLY HOUSEKEEPING CHAT (CR) 2:45 KARAOKE WITH CHALLYN (L2)</p> | <p>8</p> <p>10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 1:30 Afternoon Prayer (CH) 2:30 Painting Class with Patricia (Ref) 3:00 Pool Therapy (PL)</p> | <p>9</p> <p>10:30 – 1:30 Scenic Drive & Lunch Outing @ *\$ (LB) 11:00 Live 2 B Healthy (DS) 1:30 Pool Therapy 2:30 Leo Rocco Humor & Discussion Group (L2)</p> | <p>10</p> <p>10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 1:30 TOWN HALL (A3) 2:30 Chaplain Chat (L2) 3:00 Genealogy Class (LIB)</p> | <p>11</p> <p>11:00 Live 2 B Healthy (DS) 11:00 Janet's Gym 12:45 Pool Therapy (PL) 2:30 Circle of Share – Resident Spotlight (L2) 3:30 Happy Hour (L2)</p> | <p>12</p> <p>11:00 Chair Exercise (DS) 11:00 Pool Therapy (PL) 1:30 BOB SPENCER - Karaoke Entertainer (L2) 2:30 Computer Classes (LIB) 3:30 Lawrence Welk Show (L2) 5:00 - 6:30 DINNER WITH ENTERTAINER TREVOR GIBSON (CR)</p> |
| <p>13</p> <p>10:30 Catholic Communion (CH) 1:30 Movie Matinee (L2) 2:00 Plaza Service Non-Denominational 2:45 Church Fellowship (PB)</p> | <p>14</p> <p>11:00 Live 2 B Healthy (DS) 1:45 ART APPRECIATION DOCUMENTARY – Leonardo Da Vinci (L2) 2:30 ROB THE TABLE (L2)</p> | <p>15</p> <p>10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 1:30 Afternoon Prayer (CH) 2:30 CHEF'S CHAT (Pub) 2:30 Painting Class with Patricia & Challyn (Ref) 3:00 Pool Therapy (PL) 5:30 BALBOA PARK – Navy Brass New Orleans Style @</p> | <p>16</p> <p>9:30 Shopping Trip – Ross, Walmart & Target @ *\$ 10:00 Baking with Challyn (L2) 11:00 Live 2 B Healthy (DS) 11:00 Janet's Gym/Pool 12:00 PIZZA LUNCH & MOVIE 2:30 Leo Rocco Humor & Discussion Group (L2)</p> | <p>17</p> <p>10:00 Chair Exercise & Pool Therapy (DS) 11:00 Fitness Video (L2) 2:00 ICE CREAM SANDWICH SOCIAL with Guitarist (CR) 2:00 Chaplain Chat (L2) 3:00 Scrabble Club (LIB)</p> | <p>18</p> <p>11:00 Live 2 B Healthy (DS) 11:00 Janet's Gym 12:45 Pool Therapy (PL) 1:30 RESIDENT COUNCIL MEETING (A3) 3:30 Happy Hour with Connie on Piano (L2)</p> | <p>19</p> <p>11:00 Chair Exercise (DS) 11:00 Pool Therapy (PL) 2:30 Computer Classes (LIB) 3:30 Lawrence Welk Show (L2) ST PAULS GALA – LOVE BOAT AT LOEWS CORONADO</p> |
| <p>20</p> <p>10:30 Catholic Communion (CH) 1:30 Movie Matinee (L2) 2:00 Plaza Service Non-Denominational 2:45 Church Fellowship (PB)</p> | <p>21</p> <p>11:00 Live 2 B Healthy (DS) 1:30 ART APPRECIATION DOCUMENTARY – Michelangelo (L2) 2:30 Root Beer Floats (PUB) National Senior Citizens Day</p> | <p>22</p> <p>9:00 – 12:00 TAI CHI (CR) 10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 1:30 Afternoon Prayer (CH) 2:30 Painting Class with Patricia & Challyn (Ref) 3:00 Pool Therapy (PL)</p> | <p>23</p> <p>10:00 Baking with Challyn (L2) 11:00 Live 2 B Healthy (DS) 11:00 Janet's Gym/Pool 1:30 STRUTTERS (CRL) 2:30 Leo Rocco Humor & Discussion Group (L2) 5:30 BALBOA PARK Moonlight Serenade Orchestra @</p> | <p>24</p> <p>10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 2:00 Chaplain Chat (L2) 3:00 Genealogy Class (LIB) 4:30 SPECIAL MONTHLY BIRTHDAY DINNER (DR)</p> | <p>25</p> <p>11 – 1 Lunch & Learn @ 11:00 Live 2 B Healthy (DS) 11:00 Janet's Gym/Pool 3:00 – 6:00 TASTE OF ITALY & FAMILY NIGHT With Plaza Art Show & Entertainer James Bianchi</p> | <p>26</p> <p>9:00 – 12:00 TAI CHI (PG) 11:00 Chair Exercise (DS) 11:00 Pool Therapy (PL) 1:30 Movie Matinee (L2) 2:30 Computer Classes (LIB) 3:30 Lawrence Welk Show (L2) OUTING 4 – 6:30 (LB) Sacred Heart Mass Coronado @*\$</p> |
| <p>27</p> <p>10:30 Catholic Communion (CH) 1:30 Movie Matinee (L2) 2:00 Plaza Service Non-Denominational 2:45 Church Fellowship (PB)</p> | <p>28</p> <p>11:00 Live 2 B Healthy (DS) 1:30 TED TALKS (L3) 2:30 BINGO (L2)</p> | <p>29</p> <p>9:00 – 12:00 TAI CHI (CR) 10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 1:30 Afternoon Prayer (CH) 2:30 Painting Class with Patricia & Challyn (Ref) 3:00 Pool Therapy (PL)</p> | <p>30</p> <p>9:30 Shopping Trip - Ralphs & CVS (LB) @ *\$ 10:00 Baking with Challyn (L2) 11:00 Live 2 B Healthy (DS) 11:00 Janet's Gym/Pool 2:30 Leo Rocco Discussion Group and Birthday Social (L2)</p> | <p>31</p> <p>10:00 Pool Therapy (PL) 11:00 Barre Cha Cha (DS) 2:00 Chaplain Chat (L2) 3:00 Scrabble Club (LIB)</p> | <p>KEY: *\$ Fee attached @ Sign Up at Reception Schedule subject to change due to unexpected events. Please refer to weekly</p> | <p>CR Community Room; DS Dance Studio; A3 Activities Room 3rd Floor; LB Lobby; L2 PRADO 2nd Floor; L3 CROWN 3rd Floor L4 BRIDGE 4th Floor Lib Library; PB Pub; PG Playground; PL Pool;</p> |