
















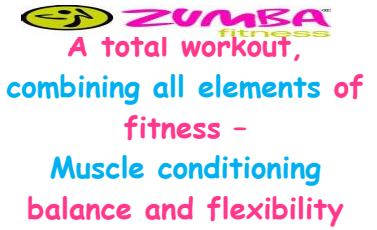











JANUARY 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. PLEASE SEE RECREATION COORDINATOR FOR QUESTIONS.</p> 	<p>A new year is like a blank book. The pen is in your hands. It is your chance to write a beautiful story for yourself.</p> <p>HAPPY NEW YEAR</p>	<p>2</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 N Y RESOLUTIONS 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 MOVIE TIME</p> 	<p>3</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 WELLNESS CARE W/ RODNEY 10:30 COMMUNICATION CLASS 1:00 COMMUNITY CONNECT 2:00 NAIL-CARE W/ ELVIA</p> 	<p>4</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SOUND THERAPY 1:00 CONVERSATION W/ DOUG 1:45 ART-CLASS W/ MELISSA</p> 	<p>5</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 QUALITY FOR LIFE THERAPY 10:00 PHIL GATES 1:00 B-I-N-G-O</p> 	
	<p>8</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 MUSIC W/ MARCIA 1:00 MEDITATION W/ DIAHNA 2:00 TRIVIA W/ CATHY</p> 	<p>9</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 COMMUNICATION CLASS 9:45 PET THERAPY 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 CARDS & TABLE GAMES</p>	<p>10</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 SING-A-LONG W/ TOM 10:00 SHOPPING TRIP 10:30 COMMUNICATION CLASS 1:00 COMMUNITY CONNECT</p> 	<p>11</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SOUND THERAPY 1:00 CONVERSATION W/ DOUG 1:45 ART-CLASS W/ MELISSA</p> 	<p>12</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 QUALITY FOR LIFE THERAPY 10:30 RIKACHA GROUP 1:00 B-I-N-G-O</p> 	<p>St. Paul's PACE 111 Elm Street San Diego, CA 92101 619-677-3800</p>
	<p>15</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 ANAGRAMS 1:00 B-I-N-G-O 2:00 MARTIN L. KING TRIVIA W/ CATHY</p> 	<p>16</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 COMMUNICATION CLASS 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 MOVIE TIME</p> 	<p>17</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 WELLNESS CARE W/ RODNEY 10:30 COMMUNICATION CLASS 1:00 COMMUNITY CONNECT 2:00 NAIL-CARE W/ ELVIA</p>	<p>18</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SOUND THERAPY 1:00 CONVERSATION W/ DOUG 1:45 ART-CLASS W/ MELISSA</p> 	<p>19</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 QUALITY FOR LIFE THERAPY 10:00 PARTICIPANT COUNCIL 11:00 ARTS & CRAFTS 1:00 B-I-N-G-O</p> 	
	<p>22</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 MUSIC W/ MARCIA 1:00 B-I-N-G-O 2:00 TRIVIA W/ CATHY</p> 	<p>23</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:30 COMMUNICATION CLASS 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 CARDS & TABLE GAMES</p>	<p>24</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 SING-A-LONG W/ TOM 10:30 COMMUNICATION CLASS 1:00 COMMUNITY CONNECT 2:00 NAIL-CARE W/ ELVIA</p> 	<p>25</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SOUND THERAPY 1:00 CONVERSATION W/ DOUG 1:45 ART-CLASS W/ MELISSA</p>	<p>26</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 QUALITY FOR LIFE THERAPY 10:00 PETER ON GUITAR 1:00 B-I-N-G-O</p> 	<p>Make this year a year of finding, of fulfillment, of joy, peace, and purpose.</p> <p><small>PICTURE QUOTES.COM</small></p>
	<p>29</p> <p>8:00 COFFEE & NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 NUTRITION CLASS 1:00 MEDITATION W/ DIAHNA 2:00 TRIVIA W/ CATHY</p> 	<p>30</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 TRANS-INSERVICE 10:30 YOGA W/ BOBBIE 1:00 B-I-N-G-O 3:00 MOVIE TIME</p> 	<p>31</p> <p>8:00 COFFEE & NEWS 9:00 SNACKS W/ TONY 9:30 WELLNESS CARE W/ RODNEY 10:30 FALL PREVENTION 1:00 ARMCHAIR TRAVEL 2:00 NAIL-CARE W/ ELVIA</p> <p>BIRTHDAY CELEBRATION</p>		<p>SOUND HEALTH MUSIC</p> <p>EMPOWERS PEOPLE TO DEVELOP POTENTIAL THROUGH MUSIC EXPERIENCE</p> 