



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. PLEASE SEE RECREATION COORDINATOR FOR QUESTIONS.</p>		<p>1 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 ART-CLASS W/ MELISSA 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 MOVIE TIME</p>	<p>2 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 SING-A-LONG W/ TOM 10:30 COMMUNITY CONNECT 1:00 REDISCOVERING SD 3:00 MOSAICS ART W/ CRUZ</p>	<p>3 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SOUND THERAPY 11:00 COLORING 1:00 CONVERSATION W/ DOUG 1:45 ART &amp; CRAFTS</p>	<p>4 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 10:00 PAUL'S ONE MAN BAND 11:00 GAMES 1:00 B-I-N-G-O 3:00 ARMCHAIR TRAVEL</p>	<p>St. Paul's PACE</p>
	<p>7 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 9:45 PET THERAPY VISIT 10:00 MUSIC W/ MARCIA 1:00 MEDITATION W/ DIAHNA 2:00 TRIVIA W/ CATHY</p>	<p>8 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 ART-CLASS W/ MELISSA 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 ANAGRAMS</p>	<p>9 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 WELLNESS CARE 10:30 COMMUNITY CONNECT 1:00 REDISCOVERING SD 3:00 MOSAICS ART W/ CRUZ</p>	<p>10 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SOUND THERAPY 11:00 ART &amp; CRAFTS 1:00 CONVERSATION W/ DOUG 1:45 PARTICIPANT COUNCIL</p>	<p>11 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 10:30 RIKACHA GROUP 1:00 B-I-N-G-O 3:00 BEADING</p>	<p>St. Paul's PACE 111 Elm Street San Diego, CA 92101 619-677-3800</p>
	<p>14 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 MUSIC W/ MARCIA 1:00 MEDITATION W/ DIAHNA 2:00 TRIVIA W/ CATHY</p>	<p>15 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 ART-CLASS W/ MELISSA 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 MOVIE TIME</p>	<p>16 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 SING-A-LONG W/ TOM 10:00 PICNIC IN THE PARK 10:30 COMMUNITY CONNECT 1:00 REDISCOVERING SD 3:00 MOSAICS ART W/ CRUZ</p>	<p>17 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SOUND THERAPY 11:00 COLORING 1:00 CONVERSATION W/ DOUG 1:45 ART &amp; CRAFTS</p>	<p>18 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 RUMMAGE SALE 10:00 TRANS-IN SERVICE 10:30 NUTRITION CLASS 11:30 GAMES 1:00 B-I-N-G-O 3:00 ARMCHAIR TRAVEL</p>	<p>shopping trip</p>
	<p>21 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 MUSIC W/ MARCIA 1:00 MEDITATION W/ DIAHNA 2:00 TRIVIA W/ CATHY</p>	<p>22 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:30 ART-CLASS W/ MELISSA 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 ANAGRAMS</p>	<p>23 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 WELLNESS CARE 10:30 COMMUNITY CONNECT 1:00 REDISCOVERING SD 3:00 MOSAICS ART W/ CRUZ</p>	<p>24 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SOUND THERAPY 11:00 COLORING 1:00 CONVERSATION W/ DOUG 1:45 ART &amp; CRAFTS</p>	<p>25 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 10:00 PETER ON GUITAR 1:00 B-I-N-G-O 3:00 BEADING</p>	
	<p>28 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 PARTICIPANT COUNCIL 10:30 FALL PREVENTION 1:00 MEDITATION W/ DIAHNA 2:00 TRIVIA W/ CATHY</p>	<p>29 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 DRAW FOR SMILES 10:30 YOGA W/ BOBBIE 1:00 MUSIC W/ MARCIA 3:00 MOVIE TIME</p>	<p>30 8:00 COFFEE &amp; NEWS 9:00 SNACKS W/ TONY 9:30 QUALITY FOR LIFE THERAPY 10:00 ARMCHAIR TRAVEL 10:30 COMMUNITY CONNECT 1:00 REDISCOVERING SD 3:00 MOSAICS ART W/ CRUZ</p> <p>"BIRTHDAY CELEBRATION"</p>	<p>31 8:00 COFFEE &amp; NEWS 8:45 SNACKS W/ TONY 9:00 ZUMBA W/ RUTH 10:00 SHOPPING TRIP 10:00 SOUND THERAPY 11:00 COLORING 1:00 CONVERSATION W/ DOUG 1:45 ART &amp; CRAFTS</p>		