






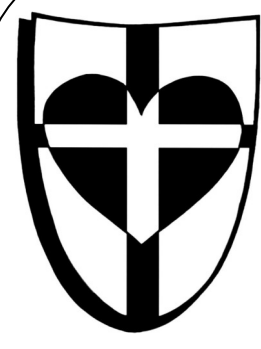


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
St. Paul's McColl Health Center 235 Nutmeg Street San Diego, CA 92103 (619) 239-8687			(DR= DINING AREA) (LL= LOBBY AREA) (CH= CHAPEL) (PA= PATIO) (RM= RESIDENTS ROOM) (TV/(#) = TV CHANNEL)		1 10:00 Stretch to Music -DR 1:30pm Arts and Crafts 3:00pm Music Appreciation w/Marketa-DR 6pm CBS News (TV/8)-DR 7:30pm Evening Puzzling -LL	2 10am Parachute Exercise - DR 10:45pm Eastern Orthodox Service-CH 1pm Sing-Along w Marketa-DR 3pm Social Hour w/ Dick & Don 7 :00 pm Friday Night TCM Classic DR <u>"Pollyanna" TV/ 58</u>	3 9am Catholic Communion visit- RM 10am Feeling 'Fit-DR 10:30am Current Events -DR 1:30pm Weekend Bingo-DR 2:30pm Nail Care/ Hand Care-DR 3pm Piano w/Trevor-DR 7:30pm Board Games & Puzzles -DR
4 9:30am Sunday Paper-DR 10 am Bizarre Foods (TV/60)-DR 10:30am Fitness Junction-DR 1pm Worship Services-DR 2:00pm Weekend Bingo-DR 3pm Nature-(TV/11)DR 6:30pm Evening News(8)-DR 7:30 Board Games & Puzzles- LL	5 10am Head-to-Toe Exercise -DR 10:30am Morning News & Views-DR 1:00 pm Scenic Outing 1:30pm Memory Lane-DR 2pm Jewelry Making-DR 3pm Bingo-DR 6:30pm ABC World News (TV/10)-DR 7pm Wheel of Fortune Show-(7) DR	6 10am St. Paul Kids Visit-DR 10:45 Catholic Services-CH 1:30 Celebrity chef Club -DR 3pm Bowling Time DR 6pm NBC News (7)-DR 7:30pm Evening Board Games -LL	7 9:30am Episcopal Church Services-CH 10am Violin with John-DR 1pm Gift of Laughter-DR 2:30pm Coupon Clippers-DR 3pm Bingo-DR 6pm BBC World News (TV/11)-DR 7:30pm Jeopardy Show-(TV/7)-DR	8 10:00 Stretch to Music -DR 1:30pm Arts and Crafts 3pm Music Appreciation w/Marketa-DR 3pm Resident Council -DR 6pm CBS News (TV/8)-DR 7:30pm Evening Puzzling -LL	9 10am Balloon Volley-DR 10:30am Morning News & Views-DR 1pm Sing-Along w Marketa-DR 3pm Social Hour - DR 7:30 pm Friday Night TCM Classic -DR <u>"The pleasure seekers" TV/ 58</u>	10 9am Catholic Communion visit- RM 10am Feeling 'Fit-DR 10:30am Current Events -DR 1:30pm Weekend Bingo-DR 2:30pm Nail Care/ Hand Care-DR 3pm Coffee & Tea Time DR or LL 7:30pm Board Games & Puzzles -DR	
11 9:30am Sunday -DR 10 am Bizarre Foods (TV/60)-DR 10:30am Fitness Junction-DR 1pm Worship Services-DR 2:00pm Weekend Bingo-DR 3pm Nature-(TV/11)DR 6:30pm Evening News(8)-DR 7:30 Board Games & Puzzles- LL	12 10am Head-to-Toe Exercise -DR 10:30am Morning News & Views-DR 1:30pm Memory Lane-DR 2pm Jewelry Making-DR 3pm Bingo-DR 6:30pm ABC World News (TV/10)-DR 7pm Wheel of Fortune Show-(7) DR	13 10am St. Paul Kids Visit-DR 10:15am Helen Woodward Pet-DR 10:45 Catholic Services-CH 1:30 Baking Club -DR 3pm Bowling Time DR 6pm NBC News (7)-DR 7:30pm Evening Board Games -LL	14 Flag Day 9:30am Episcopal Church Services-CH 10am Music Worx-DR 1pm NETFLIX Movie & Snacks - DR(Residents select a movie of choice) 2:30pm Coupon Clippers-DR 3pm Bingo-DR 6pm BBC World News (11)-DR 7:30pm Jeopardy Show-(TV/7)-DR 	15 9-11am Manor Room Bazaar RM 221 10:00 am Stretch to Music -DR 10:00 Grand Trip Outing 1:30pm Arts and Crafts 3pm Music Appreciation w/Marketa-DR 6pm CBS News (TV/8)-DR 7:30pm Evening Puzzling -LL	16 10am Parachute Exercise - DR 10:45am Roman Catholic Mass-CH 1pm Sing-Along & Piano w/Marsha-DR 3pm Social Hour w/ Dick & Don - DR 7:00pm Friday Night TCM Classic -DR <u>"The roman spring of Mrs. Stone TV/ 58</u>	17 9am Catholic Communion visit- RM 10am Feeling 'Fit-DR 10:30am Current Events -DR 1:30pm Weekend Bingo-DR 2:30pm Nail Care/ Hand Care-DR 3pm Coffee & Tea Time DR or LL 7:30pm Board Games & Puzzles -DR	
18 Fathers Day  9:30am Sunday Paper-DR 10 am Bizarre Foods (TV/60)-DR 10:30am Fitness Junction-DR 11:30 am Fathers Day Celebration DR 1pm Worship Services-DR 2:00pm Weekend Bingo-DR 3pm Nature-(TV/11)DR 6:30pm Evening News(8)-DR	19 10am Head-to-Toe Exercise -DR 10:30am Morning News & Views-DR 1:00 pm Scenic Outing 1:30pm Memory's of May -DR 2pm Jewelry Making-DR 3pm Bingo-DR 6:30pm ABC World News (TV/10)-DR 7pm Wheel of Fortune Show-(7) DR	20 10am St. Paul Kids Visit-DR 10:45 Catholic Services-CH 1:30 Baking Club -DR 3pm Bowling Time DR 6pm NBC News (7)-DR 7:30pm Evening Board Games -LL	21 Summer Begins  9:30am Episcopal Church Services-CH 10am Violin with John-DR 1pm NETFLIX Movie & Snacks - DR(Residents select a movie of choice) 2:30pm Coupon Clippers-DR 3pm Bingo-DR 6pm BBC World News (11)-DR 7:30pm Jeopardy Show-(TV/7)-DR	22 10:00 am Stretch to Music -DR 1:30pm Arts and Crafts 3pm Music Appreciation w/Marketa-DR 5pm St. Paul Birthday Dinner w/Trevor-DR 6pm CBS News (TV/8)-DR 7:30pm Evening Puzzling -LL	23 10am Balloon Volley-DR 10:30am Morning News & Views-DR 1pm Sing-Along & Piano w/Marsha-DR 3pm Social Hour - DR 7:15pm Friday Night TCM Classic -DR <u>"Come September" TV/ 58</u> HAT DAY 	24 9am Catholic Communion visit- RM 10am Feeling 'Fit-DR 10:30am Current Events -DR 1:30pm Weekend Bingo-DR 2:30pm Nail Care/ Hand Care-DR 3pm Piano w/Trevor-DR 7:30pm Board Games & Puzzles -DR	
25 9:30am Sunday Paper-DR 10 am Bizarre Foods (TV/60)-DR 10:30am Fitness Junction-DR 1pm Worship Services-DR 2:00pm Weekend Bingo-DR 3pm Nature-(TV/11)DR 6:30pm Evening News(8)-DR 7:30 Board Games & Puzzles- LL	26 10am Head-to-Toe Exercise -DR 10:30am Morning News & Views-DR 1:30pm Memory Lane-DR 2pm Jewelry Making-DR 3pm Bingo-DR 6:30pm ABC World News (TV/10)-DR 7pm Wheel of Fortune Show-(7) DR	27 10am St. Paul Kids Visit-DR 10:45 Catholic Services-CH 1:30 Baking Club -DR 3pm Bowling Time DR 6pm NBC News (7)-DR 7:30pm Evening Board Games -LL	28 9:30am Episcopal Church Services-CH 10am Violin with John-DR 1pm NETFLIX Movie & Snacks - DR(Residents select a movie of choice) 2:30pm Coupon Clippers-DR 3pm Bingo-DR 6pm BBC World News (11)-DR 7:30pm Jeopardy Show-(TV/7)-DR	29 10:00 am Stretch to Music -DR 1:30pm Arts and Crafts 3pm Music Appreciation w/Marketa-DR 5pm St. Paul Birthday Dinner w/Trevor-DR 6pm CBS News (TV/8)-DR 7:30pm Evening Puzzling -LL	30 10am Parachute Exercise - DR 10:30am Morning News & Views-DR 1pm Sing-Along & Piano w/Marsha-DR 2 pm In the Patio -Ice Cream - DR 7pm Friday Night TCM Classic -DR <u>"A little romance" TV/ 58</u>	  	

*Activities are subject to change based upon our Residents preferences!

*Alternative activities material available upon Residents request.



St. Paul's McColl Health Center
235 Nutmeg Street
San Diego, CA 92103
(619) 239-8687

Other Observances, Celebrations, or Event that occur this month:

- June 14 : Flag Day
- June 18 : Fathers Day
- June 21 : Summer Begins



Scenic Outing
Old Town
Monday June 5 2017
1:00 pm
(scenic outing)



Special Outing
Chollas Lake

Thursday, June 15, 2017
5850 college Dr.
San Diego, Cal, 92115



Scenic Outing
Coronado Island
Monday June 19 2017
1:00 pm
(scenic outing)

