








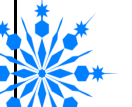




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Happy New Year 10:00 Towers Bowling LL 7:10 Movie Night CR 	2 9:00 Laurels Bowling LL 9:45 Ralphs / Trader Joe's 10:00 Maples Bowling LL 11:00 Beginners Poker Rm426 11:00 Nutmeg Bowling LL 1:00 Rite Aid 2:00 Bridge for IntermediatesRm426 7:10 Bingo LL 	3 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Exploring Spirituality C 11:00 Chair Yoga w/Tyler LL 11:15 Mimi's Café 1:00 Moment from Classical Music LL 7:10 Karaoke Sing Along LL	4 9:00 Qi Gong LL 9:30 Water Colors Rm426 10-1 Medical Appointments 11:00 Zumba Gold LL 1:30 Writers Group LL 7:10 Poker Night CR 	5 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 2:00 Meet and Greet LL 7:10 Movie Night CR	6 9:00 Qi Gong LL 10:00 Catholic Service Communion C 10:00 Rumpole of the Bailey CR 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour(BYO) LL
7 Sunday Dining Hours From 7:30am-5:30pm 2:30 Music Worship Service LL 	8 8:30 Live to be Healthy LL 9:45 Target / Trader Joe's 10:00 Towers Bowling LL 11:00 Chair Yoga w/Tyler LL 1:00 Current Events LL 3:00 Bible Study LL Taste Around the World Chinese Dinner 7:10 Movie Night CR 	9 9:00 Laurels Bowling LL 9:45 Ralphs / Trader Joe's 10:00 Maples Bowling LL 10:45 Catholic Communion Service 11:00 Beginners Poker Rm426 11:00 Nutmeg Bowling LL 1:00 Rite Aid 1:00 Podiatrist 2:00 Bridge for IntermediatesRm426 7:10 Bingo LL	10 8:30 Live to be Healthy LL 8:45 YMCA 9-11 What-Not-Shop Rm313 10:00 Exploring Spirituality C 11:00 Chair Yoga w/Tyler LL 1:00 Moment from Classical Music LL 7:10 Sing Along LL 	11 9:00 Qi Gong LL 9:30 Water Colors Rm426 10-1 Medical Appointments 11:00 Zumba Gold LL 1:30 Writers Group LL 2-3 Open House LL 3:15 SPLOC Rehearsal LL 7:10 Poker Night CR	12 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 10:00 Executive Board Mtg. LL 3:00 Cocktail Hour SL 7:10 Movie Night CR	13 9:00 Qi Gong LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour(BYO) LL
14 Sunday Dining Hours From 7:30am-5:30pm 2:30 Music Worship Service LL 	15 Martin Luther King Day 8:30 Live to be Healthy LL 9:45 Walmart 10:00 Towers Bowling LL 10:30 Mystery Scenic Drive With Marketa 11:00 Chair Yoga w/Tyler LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night CR	16 9:00 Laurels Bowling LL 9:45 Ralphs / Trader Joe's 10:00 Maples Bowling LL 10:45 Catholic Communion Service 11:00 Beginners Poker Rm426 11:00 Nutmeg Bowling LL 1:00 99 Cent Store 2:00 Bridge for IntermediatesRm426 7:10 Bingo LL 	17 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Exploring Spirituality C 11:00 Chair Yoga w/Tyler LL 11:15 Brigantine Restaurant 1:00 Moment from Classical Music LL 2:00 Beginners Bridge Rm426 7:10 Trivia Night LL	18 9:00 Qi Gong LL 9:30 Water Colors Rm426 10-1 Medical Appointments 11:00 Zumba Gold LL 1:30 Writers Group LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR	19 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 2:00 Open Forum & Activity Meeting LL 7:10 Movie Night CR 	20 9:00 Qi Gong LL 10:00 Catholic Service Communion C 10:00 Rumpole of the Bailey CR 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour(BYO) LL
21 Sunday Dining Hours From 7:30am-5:30pm 2:30 Music Worship Service LL 	22 8:30 Live to be Healthy LL 9:45 Target / Trader Joe's 10:00 Towers Bowling LL 11:00 Chair Yoga w/Tyler LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night CR	23 9:00 Laurels Bowling LL 9:45 Ralphs / Trader Joe's 10:00 Maples Bowling LL 10:45 Catholic Communion Service 11:00 Beginners Poker Rm426 11:00 Nutmeg Bowling LL 1:00 CVS/Sprouts/ Dollar Tree 2:00 Bridge for IntermediatesRm426 3:00 Health Topic LL 7:10 Bingo LL	24 8:30 Live to be Healthy LL 8:45 YMCA 9-11 What-Not-Shop Rm313 10:00 Exploring Spirituality C 11:00 Chair Yoga w/Tyler LL 11:15 Filippi's Pizza 1:00 Moment from Classical Music LL 2:00 Beginners Bridge Rm426 7:10 Karaoke Sing Along LL	25 9:00 Qi Gong LL 9:30 Water Colors Rm426 10-1 Medical Appointments 11:00 Zumba Gold LL 1:30 Writers Group LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR Birthday Dinner 	26 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 10:00 Viejas Casino & Outlets Center 10:30 Ukrainian Mass Service C 2:00 Manor Chat LL 7:10 Movie Night CR	27 9:00 Qi Gong LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour(BYO) LL
28 Sunday Dining Hours From 7:30am-5:30pm 2:30 Music Worship Service LL 	29 8:30 Live to be Healthy LL 9:45 Walmart 10:00 Towers Bowling LL 11:00 Chair Yoga w/Tyler LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night CR	30 9:00 Laurels Bowling LL 9:45 Ralphs / Trader Joe's 10:00 Maples Bowling LL 10:45 Catholic Communion Service 11:00 Beginners Poker Rm426 11:00 Nutmeg Bowling LL 1:00 CVS/Sprouts/ Dollar Tree 1:00 Stamps Sale 2:00 Bridge for IntermediatesRm426 7:10 Bingo LL	31 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Exploring Spirituality C 11:00 Chair Yoga w/Tyler LL 11:15 Phil's BBQ 1:00 Moment from Classical Music LL 2:00 Beginners Bridge Rm426 	 		Water Colors Painting Class Thursday's at 9:30am 