





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Taste Around the World Morocco Dinner 		June 23, 2017 Admission Tickets \$25.00 	1 9:00 Qi Gong LL 9-11 Room Bazaar Rm221 10-1 Medical Appointments 11:00 Zumba Gold LL 1:00 <i>Dave Franco</i> LL <i>Professional Legacy Storyteller</i> 7:10 Poker Night LL	2 8:45 YMCA 9:30 Live to be Healthy LL 10-1 Medical Appointments 2:00 <i>Meet & Greet</i> LL 7:10 Movie Night CR	3 10:00 Catholic Service Communion C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL
4 Sunday Dining Hours From 7:30am-5:30pm 2:30 Music Worship Service LL	5 9:30 Live to be Healthy LL 9:45 <i>Walmart</i> 11:00 Towers Bowling LL 1-3 Current Events LL Taste Around the World Morocco Dinner 7:10 Movie Night CR	6 9:00 Laurels Bowling LL 9:45 <i>Ralphs / Trader Joe's</i> 10:00 Maples Bowling LL 11:00 Nutmegs Bowling LL 1:00 <i>Rite Aid</i> 7:10 Bingo LL	7 8:40 Qi Gong LL 8:45 YMCA 9-11 What-Not-Shop Rm313 9:30 Live to be Healthy LL 9:30 Episcopal Service C 10:30 Bible Study Rm418 11:00 Chair Yoga LL 11:15 <i>Lazy Dog Restaurant</i> 1:00 Classical Music LL 6:00 Toastmasters Showcase LL	8 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 <i>San Diego County Fair</i> 11:00 Zumba Gold LL 1:00 Writers Group LL 7:10 Poker Night LL	9 8:45 YMCA 10-1 Medical Appointments 10:00 Resident Association Meeting LL 1:30 Live to be Healthy LL 3:00 History to Life LL "George Washington" <i>Peter M. Small,</i> <i>Historical Impressionist</i> 7:10 Movie Night CR	10 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour (BYO) LL
11 Sunday Dining Hours From 7:30am-5:30pm 2:30 Music Worship Service LL	12 9:30 Live to be Healthy LL 9:45 <i>Target / Ralphs</i> 11:00 Towers Bowling LL 1-3 Current Events LL 3:15 The Healing Power of Hypnoses Dr. Jim Soules 7:10 Movie Night CR	13 9:00 Laurels Bowling LL 9:45 <i>Ralphs / Trader Joe's</i> 10:00 Maples Bowling LL 10:45 Catholic Communion Service 11:00 Nutmegs Bowling LL 1:00 99 Cent Store 1:00 Podiatrist 3:00 Spanish Class LL 7:10 Bingo LL	14 Flag Day  8:40 Qi Gong LL 8:45 YMCA 9:30 Live to be Healthy LL 9:30 Episcopal Service C 10:30 Bible Study Rm418 11:00 Chair Yoga LL 1:00 Moment from Classical Music 7:10 Karaoke Sing Along LL	15 9:00 Qi Gong LL 9-11 Room Bazaar Rm221 10-1 Medical Appointments 11:00 Zumba Gold LL 1:00 Writers Group LL 2:00 Book Club LL 3:00 SPLOC Rehearsal LL 7:10 Sing Along LL	16 8:45 YMCA 9:30 Live to be Healthy LL 10-1 Medical Appointments 2:00 Open Forum & Activity Meeting LL 3:30 Cocktail Hour LL Music Entertainment <i>Cara Freedman</i> 7:10 Movie Night CR	17 10:00 Catholic Service Communion C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL
18 Father's Day Sunday Dining Hours From 7:30am-5:30pm Father's Day Lunch 2:30 Music Worship Service LL	19 9:30 Live to be Healthy LL 9:45 <i>Walmart</i> 11:00 Towers Bowling LL 1-3 Current Events LL 7:10 Movie Night CR	20 9:00 Laurels Bowling LL 9:45 <i>Ralphs / Trader Joe's</i> 10:00 Maples Bowling LL 10:45 Catholic Communion Service 11:00 Nutmegs Bowling LL 1:00 <i>Rite Aid</i> 1:00 <i>Podiatrist</i> 3:00 Spanish Class LL 7:10 Bingo LL	21 8:40 Qi Gong LL 8:45 YMCA 9-11 What-Not-Shop Rm313 9:30 Live to be Healthy LL 9:30 Episcopal Service C 10:30 Bible Study Rm418 11:00 Chair Yoga LL 11:15 <i>Hunter's Steakhouse</i> 1:00 Classical Music LL 7:00 Trivia Night LL	22 9:00 Qi Gong LL No Medical Appointments 11:00 Zumba Gold LL 1:00 Writers Group LL 3:00 SPLOC Rehearsal LL 4:30 and 6:00 Birthday Dinner 7:10 Poker Night LL	23 8:45 YMCA 9:30 Live to be Healthy LL 10-1 Medical Appointments 1:00 <i>San Diego Follies Show</i> 7:10 Movie Night CR	24 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour (BYO) LL
25 Sunday Dining Hours From 7:30am-5:30pm 2:30 Music Worship Service LL	26 9:30 Live to be Healthy LL 9:45 <i>Target / Ralphs</i> 11:00 Towers Bowling LL 1-3 Current Events LL 3:15 Healthy Body Language Dr. Jim Soules 7:10 Movie Night CR	27 9:00 Laurels Bowling LL 9:45 <i>Ralphs / Trader Joe's</i> 10:00 Maples Bowling LL 10:45 Catholic Communion Service 11:00 Nutmegs Bowling LL 1:00 <i>CVS/Sprouts/Dollar Tree</i> 1:00 <i>Stamp Sales</i> L 7:10 Bingo LL	28 8:40 Qi Gong LL 8:45 YMCA 9:30 Live to be Healthy LL 9:30 Episcopal Service C 10:30 Bible Study Rm418 11:00 Chair Yoga LL 11:15 <i>Red Lobster</i> 1:00 Moment from Classical Music 7:00 Karaoke Sing Along LL	29 9:00 Qi Gong LL 10-1 Medical Appointments 11:00 Zumba Gold LL 1:00 Writers Group LL 3:00 SPLOC Rehearsal LL 7:10 Sing Along LL	30 8:45 YMCA 9:30 Live to be Healthy LL 10-1 Medical Appointments 2:00 4th of July Ice Cream Social LP 3:00 <i>Manor Chat</i> LL 7:10 Movie Night LL	 4th of July Ice Cream Social