



# alzheimer's association®

## OUR PROGRAMS

Our Vision: A world without Alzheimer's disease.

**The Alzheimer's Association San Diego/Imperial Chapter provides free services and support for you and your family.**

- **24/7 Helpline** for information, referrals & emotional support. Talk with a caring professional about your questions and concerns anytime, day or night, with help available in over 200 languages at **800.272.3900**.
- **Education** programs for people with memory concerns, family caregivers, friends, the public, and professionals. Topics include: brain health, communication strategies, responding to behaviors, legal & financial planning, and more.
- **Support Groups** for families dealing with Alzheimer's and related disorders. Connect with others, share information and learn skills to solve problems.
- **Care Consultation** with our clinical staff for assessment & planning around issues such as safety, future care, and management of challenging situations.
- **Online Tools** accessible through our award-winning website **alz.org**, which offers reliable information and resources on a wide range of dementia and care topics.
- **Information** and fact sheets translated in several languages, including: Spanish, Chinese, Japanese, Korean, and Vietnamese.
- **MedicAlert + Safe Return®**: a national registry and identification bracelet for persons with memory loss and their families.
- **TrialMatch®**: a free matching service that connects individuals with Alzheimer's, caregivers, and healthy volunteers to current clinical studies.

The Alzheimer's Association is America's leading non-governmental provider of support and education for Alzheimer's patients, families and healthcare professionals. We also advocate for the needs and rights of those facing Alzheimer's and accelerate research across the globe. For more information please call 800.272.3900.

[www.alz.org/sandiego](http://www.alz.org/sandiego) | 800.272.3900