

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

31 May
9:30 Christian Worship with Cristina C
10:15 Aroma Therapy with Kathy
2:15 Ice Cream Social
3:15 Live Music W

St. Paul's Villa

2340 Fourth Avenue • San Diego, CA 92101
(619) 232-2996 • www.stpaulseniors.org



1
9:30 Jean's Body & Health Class
10:30 Daily Chronicle
1:30 Math Magic
2:00 Tyrone's Dance Exercise
3:00 Happy Hour Luis & Lili W
5:30 Friday Movie Night

2
9:30 Daily Chronicle
10:00 Catholic Communion C
10:45 Sing Along
1:30 Word Games
2:15 Yoga & Exercise Time
3:00 Sandbag Toss

3
9:30 Christian Worship with Cristina C
10:15 Aroma Therapy with Kathy
1:15 Bingo
2:15 Ice Cream Social
3:15 Live Music W

4
9:30 Fitness with Theresa
10:15 Daily Chronicles
10:45 Nature Walk
1:30 Arts & Crafts
2:45 Wheel of Phrase L
2:45 Sand bag Toss
3:15 Coloring Book Social
5:15 Monday Movie Night

5
9:30 Daily Chronicle
10:15 Music Appreciation w/ Chris W
1:30 Monthly Gazette
1:30 Planes, Trains & Automobiles W
2:30 Zumba with Ava W
2:30 Doll & Robotic Pet Therapy
3:15 Rosary Club
3:15 Hockey Games W

6
9:30 Daily Chronicle
9:45 Music with Jean
10:15 Music Study with Jean L
12:30 Scenic Drive AT
1:15 Fitness with Theresa
2:30 News & Views
3:00 Cinco De Mayo: Mariachi Fuente W

7
9:30 Fitness with Theresa
10:15 Christian Worship w/Cristina C
10:30 Outing to Fleet Theater Imax
1:45 Reader's Theater Performance
2:00 Casino Bingo
3:00 History Class
3:15 Surprise Food Social Time

8
9:30 Jean's Body & Health Class
10:30 Daily Chronicle
1:30 Giant Bunco
2:00 Tyrone's Dance Exercise
3:00 Happy Hour John on Violin W
5:15 Friday Movie Night

9
9:30 Daily Chronicle
10:00 Catholic Communion C
10:45 Morning Walk
3:00 Word Think & Games

10
9:30 Christian Worship with Cristina C
10:15 Aroma Therapy with Kathy
1:30 Coloring Social
2:15 Ice Cream Social
3:15 Live Music W

11
9:30 Fitness with Theresa
10:15 Daily Chronicles
10:45 Nature Walk
1:30 Mind Fitness Hangman
2:15 Hockey and Volleyball Mashup
2:45 Classic Comedians w/Adam L
3:00 Walking Club
5:15 Monday Movie Night

12
9:30 Daily Chronicle
10:15 Music Appreciation w/ Chris W
1:30 Bingo
1:30 Nail Salon
2:30 Zumba with Ava W
3:15 Daily Mass
3:15 Darts & Horse Shoes W

13
9:30 Daily Chronicle
9:45 Music with Jean
10:15 Variety Sensory Fun
10:15 Music Study with Jean L
1:30 Fitness with Theresa
2:30 Greeting Cards
2:30 Tapple Board Game
2:30 Wii Bobsledding
3:15 Sports Mania with Adam L
3:15 Washer Toss

14
9:30 Fitness with Theresa
10:15 Sensory Visits with Hector
10:15 Christian Worship w/Cristina C
1:15 Arts and Crafts
1:30 Reader's Theater Practice W
2:15 Basketball Play & Discussion
2:15 Wheel of Time
3:00 History Class
3:15 Smoothie Social Time

15
9:30 Jean's Body & Health Class
10:30 Daily Chronicle
1:00 Art Class with Sarah
2:00 Tyrone's Dance Exercise
3:00 Happy Hour Blue Creek Band W
5:15 Friday Movie Night

16
9:30 Daily Chronicle
10:00 Catholic Communion C
10:45 Sing Along
1:30 Bean Bag Toss

17
9:30 Christian Worship with Cristina C
10:15 Aroma Therapy with Kathy
1:30 Bunco
2:15 Ice Cream Social
3:15 Live Music W

18
9:30 Fitness with Theresa
10:15 Daily Chronicles
10:45 Nature Walk
1:30 Joggin' Your Noggin'
2:15 Planes, Trains, & Automobiles
3:15 Soccer Mania
5:15 Monday Movie Night

19
9:30 Daily Chronicle
10:00 Kids Visit for Activity W
10:15 Virtual Reality World L
1:30 Cafe Social with Barista
1:30 Fake Flower Arrangements
2:30 Zumba with Ava W
2:30 Doll & Robotic Pet Therapy
3:15 Ring Toss Loopty Loop

20
9:30 Daily Chronicle
9:45 Music with Jean
10:15 Music Study with Jean L
11:45 St. Joseph's Mass Service
1:30 Fitness with Theresa
2:30 Craft Shop
2:30 Garden Club
3:15 Bible Study with Carol
3:15 Memory Magic Therapy

21
9:30 Fitness with Theresa
10:15 Christian Worship w/Cristina C
10:15 Sensory Visits
1:30 Video Virtual with Carlos L
1:30 Reader's Theater Practice W
2:30 Mad Hatter Card Throw
2:30 Walking Club
3:00 History Class
3:15 Smoothie Social Time

22
9:30 Jean's Body & Health Class
10:30 Walter's Theatrical Readings W
1:30 The Price is Right L
2:00 Tyrone's Dance Exercise
3:00 Happy Hour Mark on Guitar W
5:15 Friday Movie Night

23
9:30 Daily Chronicle
10:00 Catholic Communion C
10:45 Morning Walk
3:00 Giant Bunco

24
9:30 Christian Worship with Cristina C
10:15 Aroma Therapy with Kathy
1:30 Frisbee Golf
2:15 Ice Cream Social
3:15 Live Music W

25
9:30 Fitness with Theresa
10:15 Zina on Piano
10:45 Nature Walk
1:30 Daily Chronicles
2:15 Croquet Ball Game
3:00 History Matters with Gary W
5:15 Monday Movie Night

26
9:30 Daily Chronicle
10:15 Music Appreciation w/ Chris L
1:30 Parachute Beach Ball
1:30 Snow Cone Social
2:30 Zumba with Ava W
2:30 Rubber Band Target Practice
3:15 Daily Mass
3:15 National Geographic Views

27
9:30 Daily Chronicle
9:45 Music with Jean
10:15 Music Study with Jean L
10:15 Sensory What's in My Purse
1:30 Fitness with Theresa
2:30 Craft Shop
2:30 Wii Bobsledding
3:15 Snow Cone Social
3:15 Memory Magic Therapy

28
9:30 Fitness with Theresa
10:15 Christian Worship w/Cristina C
12:00 Scenic Drive
1:30 Reader's Theater Practice W
2:30 Giant Bunco
2:30 Walking Club
3:15 John on Piano W

29
9:30 Jean's Body & Health Class
10:30 Daily Chronicle
1:30 Math Magic
2:00 Tyrone's Dance Exercise
3:00 Happy Hour Hot Rod Jerry Duo W
5:15 Friday Movie Night

30
9:30 Daily Chronicle
10:00 Catholic Communion C
10:45 Sing-A-Long
3:00 Bingo

MAY BIRTHDAYS

SHERYL S. 5/1
DONNA R. 5/5
MARION J. 5/6
JANICE T. 5/11
JOYCE F. 5/14
FANNIE I. 5/14
JEANINE P. 5/15
RON V. 5/20

LOCATION KEY

Waterman Ballroom W
Chapel C
Living Room L
At Your Own Expense AT