



Reflections Memory Support 2018 Rate Sheet

Reflections studio apartment with a private bathroom start at: \$3,244/mo.

Plus care services:

MCP level one = \$2,650

MCP level two = \$3,176

MCP level three = \$3,856

Total MCP 1 cost (apartment and services) start at \$5,894/mo.

Total MCP 2 cost (apartment and services) start at \$6,420/mo.

Total MCP 3 cost (apartment and services) start at \$7,100/mo.

Note: The total cost will depend on the apartment rate/size and the care level. Please refer to the care package material for a detailed list of services provided.

Second Resident Fees:

A second resident can be a spouse or a shared room arrangement.

No care services: \$950/mo. and includes 3 meals

MCP 1 = \$2,974/mo. and includes 3 meals

MCP 2 = \$3,500/mo. and includes 3 meals

MCP 3 = \$4,180/mo. and includes 3 meals

One time fee:

Community fee: \$2,500

Optional monthly fee:

Incontinence care and supplies \$515

2018 rate sheet dated 07/01/2017 replaces all previously listed pricing for St. Paul's Plaza.



St. Paul's
Plaza

Reflections

Reflections

Reflections is a concept created by St Paul's Senior Services for those with memory impairment.

Reflections is a combination of family-style living, personalized interaction, consistent staffing, and routines.

St. Paul's **family-style living** provides private apartments grouped with shared living, dining and wellness areas to promote socialization, and encourage exploration. With careful evaluation at move-in, consultation with family, and ongoing monitoring, we learn each resident's interests and habits to **personalize interaction**. The result is an enriching, joyous day - every day. Daily routines and **consistent personal care staff** provide comfort and guidance resulting in calm and successful living.

Level One:

- Three meals per day plus snacks
- Housekeeping services weekly
- Daily trash removal
- Bed-making
- Personal laundry service
- Weekly linen service (sheets and towels)
- Dressing, bathing, grooming
- Medication management

Level Two:

- All above plus:
- Extensive care with dressing, bathing (twice weekly), grooming
- Physical assistance and support with eating
- Frequent redirection/interventions to reduce risk of elopement and/or inappropriate behaviors
- Escorting assistance

Level Three:

- All above plus:
- Licensed nursing assistance as needed
- Diabetic care
- Hospice support