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**St. Paul's Senior Services' Ellen Schmeding
Appointed to California Commission on Aging**

SAN DIEGO, CALIF. (Dec. 20, 2018) – St. Paul's Senior Services' Chief Operating Officer, Ellen Schmeding, was recently appointed by Gov. Jerry Brown to the California Commission on Aging. Schmeding was one of two San Diego County residents appointed to the state's oversight boards, part of a suite of 16 nominations of California residents.

"I am greatly honored to serve on the California Commission on Aging and will join other commissioners in providing advice and recommendations to the Governor and California legislature, as well as state and local agencies, on how best to provide services for our State's seniors," said Schmeding. "With the rapidly expanding senior population, it is more important than ever to enhance our planning efforts so that we can provide our seniors with a broad array of options to enhance their health, safety, and well-being."

Schmeding has held positions throughout the San Diego County Health and Human Services Agency from 1987 to 2016, including most recently serving as Director of Aging & Independence services and Public Administrator/Guardian/Conservator for the County of San Diego. She is also a member of the San Diego Senior Alliance and the National Association of Area Agencies on Aging.

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BACKGROUND ON ST. PAUL'S SENIOR SERVICES

St. Paul's Senior Services is a mission-driven San Diego non-profit and full-service senior care provider, offering Independent Living, Assisted Living, Skilled Nursing, a Child Care and Senior Day Care Program, and a Program of All-inclusive Care for the Elderly (PACE). Since opening its doors in 1960, St. Paul's serves as an innovator in the San Diego community with a reputation for exceptional care. For more information on St. Paul's Senior Services, please visit www.StPaulsSeniors.org or call Amanda Gois, Marketing Director, at 1(619) 239-6900.