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St. Paul's PACE Celebrates PACE Interdisciplinary Team During National PACE Month

St. Paul's PACE honors home healthcare team members in pampering event Friday, Oct. 4

San Diego, Calif. (Sept. 12, 2019) – The National PACE Association has proclaimed September as National PACE Month, an opportunity to celebrate the work of Programs of All-Inclusive Care for the Elderly (PACE®). St. Paul's PACE will celebrate the central role of the PACE interdisciplinary team in improving the lives of participants and their family caregivers.

St. Paul's PACE has served San Diego seniors for close to the last 12 years, celebrating its 12_{th} anniversary this March 2020. Their newest center – St. Paul's PACE East, located at 1306 Broadway in El Cajon – is also celebrating its one-year anniversary this month.

**In honor of St. Paul's PACE's dedicated home healthcare team members, St. Paul's PACE will be pampering its team on Friday, Oct. 4 from 12pm to 2pm. Nurses will receive massages, pet therapy, a gourmet coffee station, lunch, and more.

A total of 129 PACE programs serve more than 50,000 enrollees in 31 states. PACE enrollees are age 55 and over and need a nursing home level of care. However, more than 95 percent are able to live in the community with the services and support they receive through PACE.

"The PACE interdisciplinary team is one thing that really sets PACE apart from other care delivery models," said Amanda Weibke, BSN, RN, Homecare Supervisor. "So often individuals and families who have health care needs experience a fractured, hard-to-navigate health care system; PACE is just the opposite. In PACE, the interdisciplinary team member's work together to develop effective care plans and solve problems that PACE participants are experiencing. The biggest benefit is that the team meets daily to discuss changes in condition and approve necessary care, so the participant does not wait weeks for decision making on their health care. We have had so many enrollees and their families tell us how PACE has impacted their life."

The interdisciplinary team includes a registered nurse, recreation therapist, dietitian, occupational therapist, PACE center manager, home care coordinator, personal care attendant, transportation specialist, primary care provider, social worker and physical therapist, as well as other specialists, such as a behavioral health therapist or pharmacist.

A recent study of PACE family caregivers found that 96.6 percent of family members are satisfied with the support they receive through PACE, and 97.5 percent of family caregivers would recommend PACE to someone in a similar situation.

"In May the Centers for Medicare & Medicaid Services (CMS) released an updated PACE regulation to help PACE grow faster and serve even more people at risk of nursing home placement," said Shawn Bloom, president and CEO of the National PACE Association.

For more information on St. Paul's PACE, visit www.StPaulsPACE.org or call (619) 677-3800.

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BACKGROUND ON ST. PAUL'S PACE

St. Paul's Senior Services is a mission driven San Diego non-profit and full service retirement provider, offering Independent, Assisted Living, and Skilled Nursing communities, child and senior day care programs, and a Program of All-inclusive Care for the Elderly (PACE). St. Paul's PACE supports seniors so they can continue to live independently at home by providing in-home care, transportation, and personalized medical and social services. Seniors who are over 55 years of age, with chronic medical conditions that make it difficult to live at home, qualify. For more information on St. Paul's PACE, please visit https://www.StPaulsPACE.org or call 1(619) 677-3800.