



MEDIA ALERT

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St. Paul's Senior Services Hosts 20th Annual Legislative Breakfast, Friday, Dec. 6

**** *What Do Seniors Want in The State of California's Master Plan for Aging?* ****

WHO/WHAT: St. Paul's Senior Services, with San Diego Senior Alliance, will be hosting its annual Legislative Breakfast program this Friday.

This year's program – the event is now in its 20th year – will discuss what seniors want in The State of California's Master Plan for Aging. The goal of the event is to educate the San Diego community about the State's Master Plan for Aging and ask for feedback on what they would like to see as part of this plan ([Governor Newsom's executive order](#) and the [State's plan](#)). Issues to be discussed include:

- Housing – One of the top five issues that seniors want to see in the Master Plan for Aging
- Food Insecurity & Nutritional Needs of Seniors – Also one of the top five issues that seniors would like to see in the Plan; nutrition and how proper food keeps seniors healthier
- Technology – Senior accessibility of digital health data

WHEN: **Friday, Dec. 6 from 8-10:30 a.m.**

8:30am – Welcome & Invocation: Cheryl Wilson (CEO), St. Paul's Senior Services & Father Jason Samuel
8:40am – San Diego Senior Alliance: Deb Martin (CEO/Executive Director), ElderHelp
8:45am – Housing: Simonne Ruff (Director), CSH (Corporation for Supportive Housing)
8:52am – Technology for Seniors: Simona Valanciute (President/CEO), San Diego OASIS
8:59am – Food Insecurity: Debbie Case (President/CEO), Meals On Wheels San Diego County
9:06am – Update on Legislation: Cheryl Wilson (CEO), St. Paul's Senior Services
9:15am – Q&A for all speakers
9:35am – **California State Master Plan for Aging**
Keynote Speaker: Kim McCoy Wade (Acting Director), California Department of Aging
9:55am – Input from the audience on what they would like to see in the Master Plan for Aging
10:00am – Recognition: "Champions for Seniors"
10:20am – Thank you & Adjourn

WHERE: **Marina Village, 1936 Quivira Way, San Diego, CA, 92109 / Captains Room**

Elected officials anticipated to attend:

- Assemblymember Randy Voepel
- Deputy Mayor Steve Goble, City of El Cajon
- Deputy Mayor Jody Hubbard, City of Encinitas
- Councilmember Sherryl Parks, City of Del Mar
- Mara W. Elliott, San Diego City Attorney

This event is supported by a grant from [The SCAN Foundation](http://www.TheSCANFoundation.org) – advancing a coordinated and easily navigated system of high-quality services for older adults that preserve dignity and independence. For more information, visit www.TheSCANFoundation.org.

Editor's Note: Nearly 200 people are anticipated to attend and participate.

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