



FOR IMMEDIATE RELEASE

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St. Paul's PACE Hosts Annual Essential Needs Drive for Local Seniors in Need

***Items to be collected Oct. 26 through Dec. 15;
collection bins located in Bankers Hill, Chula Vista, and El Cajon***

SAN DIEGO, CALIF. (Oct. 23, 2019) – St. Paul's PACE, a programs that cares for San Diego's most frail and low-income seniors, is hosting their annual **St. Paul's Essential Needs Drive (SPEND)**, kicking off on Saturday, Oct. 26 – Make a Difference Day – through Dec. 15. Each year, the drive is meant to encourage San Diegans to donate essential need items or small gifts.

St. Paul's PACE cares for seniors; through this drive, San Diegans are called to help too! The program has close to 1,000 seniors and the goal is to provide essential need items and fall/winter items this holiday season to all participants.

There are three donation drop-off locations – open Monday through Friday from 8:00a.m. to 4:30p.m. – at St. Paul's PACE Day Centers:

Downtown
St. Paul's PACE San Diego
111 Elm Street
San Diego, CA 92101
(619) 677-3800

Chula Vista
St. Paul's PACE Chula Vista
630 L Street
Chula Vista, CA 91911
(619) 271-7100

El Cajon
St. Paul's PACE El Cajon
1306 Broadway
El Cajon, CA 92021
(619) 551-7400

All items must be new and are asked to be unwrapped. Items of need include:

- Food gift cards (Vons, Albertsons, anywhere that sells food)
- Dried/non-perishable canned goods
- Cleaning supplies
- Laundry detergent
- Fabric softener
- Dish sponges
- Blankets
- Socks
- Sweatshirts
- Denture cleaner
- Eye glass cleaners
- Handbag/purse/wallet
- Heater or fan
- Toilet paper/paper towels
- Facial tissue
- Hygiene care items:
 - Shampoo
 - Body wash
 - Deodorant
 - Toothbrushes
 - Toothpaste
 - Hair brush/comb
 - Razors
 - Shaving cream

To make a cash donation, please visit www.StPaulsSeniors.org. For more information on St. Paul's PACE, please call 1 (833) PACE NOW or visit www.StPaulsPACE.org.

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BACKGROUND ON ST.PAUL'S PACE

St. Paul's Senior Services is a mission driven San Diego non-profit and full service retirement provider, offering Independent, Assisted Living, and Skilled Nursing communities, child and senior day care programs, and a Program of All-inclusive Care for the Elderly (PACE). St. Paul's PACE supports seniors so they can continue to live independently at home by providing in-home care, transportation, and personalized medical services. Seniors who are over 55 years of age, with chronic medical conditions that make it difficult to live at home, qualify. For more information on St. Paul's PACE, please visit www.StPaulsPACE.org or call 1(833) PACE NOW.