



COMMUNITY CONNECTION

Reflecting on September - December 2022



In honor of PACE month we celebrate both participants and employees in this fun photoshoot.

To read more go to page 5

Leaders In Senior Care Since 1960

PRESIDENT & CEO PERSPECTIVE



2023 is upon us and I wish you all a safe and joyous new year. I recently read all of the 2020 to 2022 editions of the Community Connections. My how life has changed. In these past years, we were burdened by COVID-19 oversight. We saw families separated from loved ones, employees struggling to keep their families safe while tending to our seniors, and, for many, the loss of loved ones. I also felt great pride as I read about the many “firsts” at St. Paul’s. We were the first senior community to establish a COVID-19 infection control team, create transitional

units for our very few seniors who contracted the virus, and provide testing and vaccinations for both our seniors and employees.

We also provided extra support to our employees via our “Kindness Campaign”, a Child Care program and additional COVID-19 pay.

In the past six months, St. Paul’s has responded to the tail end of COVID-19 with multiple celebrations and it’s been such fun to be a part of them. Every building held a holiday celebration. We also welcomed hundreds of industry friends to our annual Motor Mingle event at St. Paul’s Plaza where over four hundred blankets were donated for our PACE seniors. We hosted our annual Prayer Breakfast where many faiths joined together in unity and prayer. What a great way to launch us into an exciting 2023.

I hope these pages showing our seniors and employees celebrating new beginnings will inspire you as you move into 2023.

Blessings,

Michael McHale

President & CEO

GIVING THANKS TO OUR BOARD OF DIRECTORS

ST. PAUL’S EPISCOPAL HOME, INC. BOARD

Michael McHale, President and
Chief Executive Officer
Patrick Edd, Board Chair
Randy Truax, Vice Chair
Mark Allan
Janet Cooper
James DeVito
Dan Gross
Laury Graves
Jonathan Hunter
Kirk Jackson
Bill Littlejohn
Maureen McNulty
Ben Meza
Brandon Silvia
Jake Sutton
Richard Thorn, Esq.

ST. PAUL’S PACE BOARD

Michael McHale, President
Bill McColl, Chair
Carol Hubbard,
Chief Executive Officer/Secretary
Patrick Hurley
Lesslie Keller
Shirley Horton
Mark McMahon
Jerry Rindone
David Steele
Alexandra Vinson
Richard Woltman

MEDICAL DIRECTORS

Victor Lee, M.D.
John Gaidry, M.D.
Sandra McColl, M.D.

ST. PAUL’S FOUNDATION BOARD

Michael McHale, President
Philip A. Greiner, Chair
John McColl, Vice Chair
Peter Gallagher, Treasurer
Todd A. Kaprielian,
Chief Executive Officer/Secretary
Neville Willshire, Assistant Secretary
Daryl Ferguson
Peggy Killian
Pat Kreder
Bruce Leidenberger
Carrie O’Brien
The Rev. Canon Wayne Sanders
Peggy Strand

LEADINGAGE LEADERSHIP ACADEMY

St. Paul's Senior Services' Kim Stratman, General Manager at St. Paul's Plaza, and Alberto Aldrete, Director of Operations at St. Paul's PACE, were recently selected to participate in the national 2023 Larry Minnix Leadership Academy, sponsored by LeadingAge.

For more than 60 years, LeadingAge has committed itself to being the trusted voice for aging services. The association is a 5,000-member organization devoted to advocating for universal access to high-quality programs and services for older adults.

The Larry Minnix Leadership Academy is a year-long program designed to develop the leadership capacities and core competencies of aging services professionals by tapping into their natural talents and authentic leadership styles. The curriculum provides a leadership foundation rooted in reflective practice—developing a deep understanding of oneself, uncovering one's unique leadership attributes, and learning how to stretch and leverage those capacities to have the most impact as leaders.



I am deeply honored to be selected. Under the direction of the leadership program, I look forward to enhancing my knowledge in leadership and applying innovative visionary strategy to achieve desired goals from a team of empowered experts. This is a year-long investment in my growth and leadership journey, and it is a privilege to have the support of St. Paul's Senior Services.

Kim Stratman



I'm humbled and excited to have been nominated and selected. I look forward to joining a diverse network of peers, all committed to aging services, and dedicated to lifelong learning. I am grateful for this opportunity to represent St. Paul's PACE.

Alberto Aldrete



Alberto Aldrete, Director of Operations at St. Paul's PACE, was recently honored by the San Diego Business Journal as one of San Diego's Top Latino Business Leader's of Influence. Since 2020, Alberto has led all St. Paul's PACE centers throughout San Diego County in providing needed care for 1,300 frail and low-income San Diego seniors.

CONGRATULATIONS



St. Paul's
PACE

ALBERTO ALDRETE
Director of Operations

**ONE OF SAN DIEGO'S
2022 TOP LATINO
BUSINESS LEADERS OF INFLUENCE!**

THANK YOU ALBERTO
FOR YOUR DEDICATION TO THE SENIORS OF SAN DIEGO

Read the SDBJ Top
Latino Leader of
Influence Edition Here

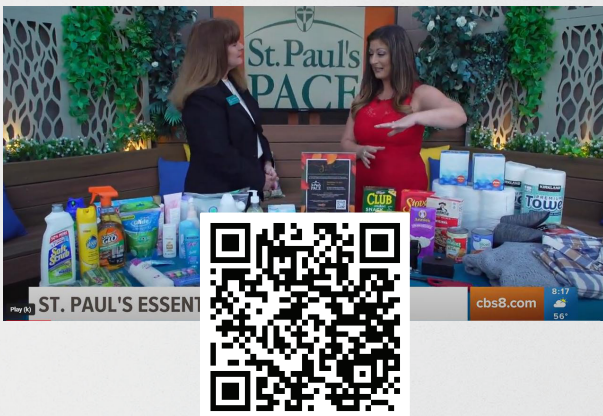
**SAN DIEGO
BUSINESS
JOURNAL**



IN THE NEWS!

SCAN QR CODES TO FIND OUT MORE

Amanda Gois promotes
SPEND on CBS 8



Michael Wilson promotes our annual
Jingle Mingle on CBS 8



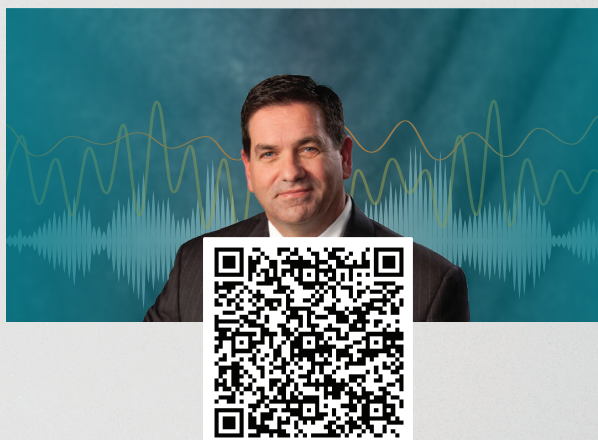
Todd Kaprielian discusses the Manor Renovation on CBS 8



St. Paul's Annual Holiday
Interfaith Prayer Breakfast



Spotlight on the Community
podcast - Michael McHale



WALKING FOR ALZHEIMER'S

ALZHEIMER'S SAN DIEGO AND ALZHEIMER'S ASSOCIATION



ST. PAUL'S SENIOR SERVICES WAS A PROUD SPONSOR

of the 2022 Walk to End Alzheimer's and Walk4ALZ. Thousands of people attended both events to raise awareness and funds for Alzheimer's care, support and research.

OVER
150

employees, residents,
family members and
friends of St. Paul's
attended to support
this amazing cause.



ST. PAUL'S

hosted a booth where we
provided educational
literature, swag items and
snacks for all attendees.

ST. PAUL'S CELEBRATES NATIONAL PACE MONTH

September was National PACE Month. It was a chance for PACE organizations across the nation to celebrate the innovation and unique care that PACE programs offer low-income seniors.

Honoring our participants and employees is especially important and we did so by hosting fun activities across all of our day centers. We also added posters to lobby areas to encourage participants and staff to follow St. Paul's PACE on social media.



This year, St. Paul's PACE did a spotlight on several outstanding PACE employees who go above and beyond to serve the most vulnerable population in San Diego.



Raquel Goulart, *Registered Nurse* - St. Paul's PACE San Diego

"I've never worked for an organization that cares so deeply for their participants the way St. Paul's PACE does. We go above and beyond to help our participants and their families achieve their goals and health wishes."



Itzel Arrieta, *Registered Dietician* - St. Paul's PACE El Cajon

"I chose to work with seniors because it's rewarding to positively impact a population that is frequently forgotten or can't find the proper care for themselves."



Demarcus Reed, *Social Worker* - St. Paul's PACE San Diego

"My favorite moments come from working in the Social Work department. Everybody on the team is always there to offer support. On my first day at work, I saw 'welcome signs' everywhere which became one of my favorite moments at PACE."



Yarian Lewis, *Certified Nursing Assistant* - St. Paul's PACE San Diego

"The moment that confirmed my decision to become a CNA came after providing care for a participant when their eyes filled with tears. They reiterated their appreciation for my work and the care we provide at PACE."

SPEND 2022

(ST. PAUL'S ESSENTIAL NEEDS DRIVE)



THANK YOU

to everyone who showed up and donated towards our St. Paul's Essential Needs Drive!

Hundreds of essential items were donated, which all go to our St. Paul's PACE San Diego participants during the holiday season and throughout the year.



WE OUR COMMUNITY

We are still
accepting donations.
Scan the QR code
below and learn how.





Villa resident with
St. Paul's Senior Services staff



Craig Smith and Manor resident

Around St. Paul's Senior Services during the holidays!



St. Paul's Senior Services staff



Manor couple pose in front of construction



Plan for Tomorrow, Today workshop at Norman Park Senior Center



St. Paul's Plaza residents donating
Child Care supplies



Plaza nurses with Santa



Villa Christmas card photo shoot



NBC filming at St. Paul's PACE El Cajon



Spirit Week - National Rehab Awareness Week

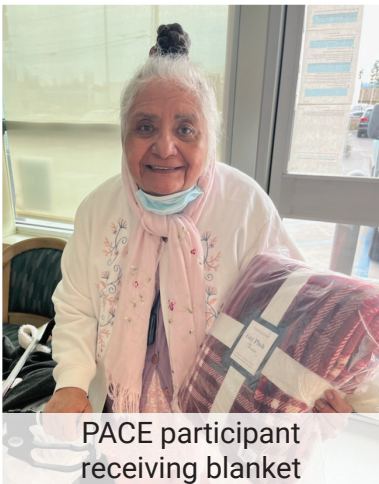


Halloween at PACE El Cajon



Monique Fountain celebrates 13 years with St. Paul's PACE

Around St. Paul's PACE



PACE participant receiving blanket



Christmas at PACE El Cajon



PACE employees enjoy eating pumpkin pie



Pie Bake Off at PACE Chula Vista

DIA DE LOS MUERTOS



Our St. Paul's communities participated in the celebration of the Day of the Dead (Dia de Los Muertos).



St. Paul's residents enjoyed beautiful Mariachi music and Baile Folklorico dancers that filled the room with delight.

BEAUTIFUL alters were created for those who have died that included pictures, favorite foods and pieces that were reminiscent of their hobbies.



DID YOU KNOW?

- The holiday is celebrated every year from October 31st – November 2nd.
- The Day of the Dead originated thousands of years ago.
- The altar honors the dead.
- The day is a celebration of life.

TONY ABRIL'S RETIREMENT

Tony Abril has dedicated over 31 years of service to St. Paul's Senior Services. His tenure started at St. Paul's Villa and in 2008 Tony transitioned into the role of Dietary Coordinator for St. Paul's PACE. Tony's dedication to the participants and his colleagues is unmatched.



WE THANK YOU TONY
for your 31 years of service and wish
you the best on your new journey!



GINGERBREAD HOUSE CONTEST



There's nothing like sweets and a little friendly competition to bring the holiday spirit to our St. Paul's PACE center in Chula Vista. This year the employees enjoyed working together to deliver these exceptional Ginger Bread Houses. We saw everything from a high end shopping mall to a house inspired by the Disney animated film "Up". These amazing creations really brought the holiday joy to our employees and participants.



ST. PAUL'S MOTOR MINGLE

ST. PAUL'S 2022 MELE KALIKIMAKA MOTOR MINGLE

came with much Aloha as family, friends, and industry partners attended our 8th annual community event. Over four hundred beautiful new blankets were donated and distributed as holiday gifts to our PACE Participants.



Much Mahalo to all who participated and made this event such a success.
Hosted at St. Paul's Plaza



And for all of you wondering who won the Tree Decorating Contest...
CONGRATS
TO TEAM PACE
for their winning ALOHA tree!



ST. PAUL'S SENIOR SERVICES EMPLOYEE HOLIDAY PARTIES



As the holiday season approached, our HR team was determined to bring the holiday spirit to St. Paul's, by dressing up as elves, bringing joy, gifts, and recognition to our wonderful St. Paul's team. We were most appreciative of being able to spend time and celebrate with staff at each location.



NEW EMPLOYEES WELCOME

St. Paul's loves our employees and people love working here!

JOIN US.
We offer many
career opportunities.

**SCAN TO
LEARN MORE**



SCRIPTING THEIR FUTURE TOGETHER



On September 1, 2022, love was undoubtedly in the air at St. Paul's Plaza. Plaza residents Bob Boze and Robyn Bennett embarked on a new journey of their own and officially tied the knot.

However, Robyn and Bob's journey didn't start at the Plaza. It began in February of 2017 when they met through a Facebook Writers Group. During this time, Bob was residing at his residence in Bonita, and Robyn was living in Blenheim, a town in the region of Marlborough, the northeastern part of the South Island of New Zealand. Robyn and Bob are both authors and currently have over 16 books written between them.

Robyn reached out to the Facebook Writers Group page asking for help writing her book's description. "I was stuck and couldn't create a concise description," Robyn stated. Bob had taken notice of this request and took the time to help out. "I read her manuscript and drafted up a description that she was delighted with," said Bob.

As time passed, their communication took a step further, and Robyn came to visit Bob at his residence in Bonita during the summer of 2017. Since then, she's visited multiple times, and Bob's visited her in New Zealand until COVID-19 interrupted their trips in early 2020. In April of 2022, she finally returned to see Bob for an additional time before deciding to cement their future together. Robyn officially moved in with Bob at St. Paul's Plaza in August of 2022.

"St. Paul's Plaza is in a beautiful location. I walk about an hour every day and never get tired of exploring the surrounding community. I even got brave and rode the bus to the Otay Ranch Town Center. It was a delight," said Robyn.

Robyn and Bob are both very active within the community at St. Paul's Plaza, partaking in the resident book club and doing a monthly travelogue presentation with the Memory Care residents.



JOIN US

AT ST. PAUL'S PLAZA OR ST. PAUL'S VILLA

ONE MONTH RENT FREE*

PLUS A \$600 MOVE-IN PACKAGE

*Move-in by March 30, 2023. Third month of residence rent free, excludes care services.

ST. PAUL'S SPOTLIGHT: SANTA FROM PACE

We all know how busy the holidays can get, especially for Santa Claus. That's why Santa calls upon the best of the best to aid him during the holiday season. One Santa's helper is a part of our own St. Paul's PACE family.

St. Paul's PACE participant, Jose Carlos Polin Sanchez, also referred to as "Carlos", plays the character of Santa Claus during the Holiday Market at Petco Park. "I've worked as Santa through Cherry Hill Programs in the past so when the opportunity came about to work the Holiday Market at Petco Park, it was a no brainer for me", said Sanchez.



Carlos has been a participant of the St. Paul's PACE program since 2018.



The Holiday Market at Petco Park is quickly becoming an exciting December event in San Diego. After the success of the inaugural Holiday Market & Trail in 2020, organizers put together an even bigger event for 2021 and recently wrapped up a third year in 2022. When asked about what Carlos enjoys the most about being Santa, Carlos states, "The kids makes it all worth it! Seeing the excitement and smiles on their faces as they run up to me is priceless. I've been working this event since 2021 and enjoy every bit of it."

TRADITIONS AT THE MANOR MATTER

On Friday, December 16, 2022, St. Paul's Senior Services' Board Member Dick Thorn and fellow members from the Point Loma Rotary Club spent a joyful afternoon filled with lunch and holiday singing with our Manor residents. This event marked 40 years of this annual sharing of the holiday spirit.

"The best part is meeting the residents and hearing their stories. So much wisdom is shared through one conversation, and I learn something new each time," said Dick.



Dick is third from the right.



INTRODUCING FUNDRAISING & EVENTS MANAGER

BETSY PAIGE

In October, the St. Paul's Senior Services Foundation welcomed a new team member: Betsy Paige. Betsy serves as the Fundraising & Events Manager, who oversees all Foundation events, she also manages space and logistics for the St. Paul's Conference Center (SPCC).

Betsy has over eight years of experience in event planning, marketing, and public relations. She has previously worked with the Seattle Metropolitan Chamber of Commerce, the City of Seattle, and clients including Alaska Airlines and Google.

New to San Diego, she is excited to be a part of the St. Paul's family and explore America's Finest City. She is also thrilled to be planning the next SUMMERFEST 2023 event!



If you'd like to discuss sponsorship opportunities or ways to give (or just want to say hello!), please contact Betsy at: bpaige@stpaulseniors.org or 619-621-3363.

A JOYFUL CELEBRATION – SPSS HOLIDAY INTERFAITH PRAYER BREAKFAST

On November 17, 2022, St. Paul's Senior Services Foundation kicked off the holiday season with the 10th annual Holiday Interfaith Prayer Breakfast - a celebration of faith and a chance to come together in fellowship. The theme of this year's event was "joy".

The St. Paul's Conference Center welcomed over 100 guests, including clergy, community leaders, supporters, staff and volunteers. Guests enjoyed a breakfast buffet prepared by Chef David Bunch and his dining team, before hearing reflections from local clergy, The Rt. Rev. Dr. Susan Brown Snook, Imam Taha Hassane, Rabbi Ian Adler, and Dr. Bob Botsford. Musical entertainment was provided by the Martin Luther King, Jr. Community Choir San Diego and Horizon Church Worship Ensemble.

Keynote speaker Bill Littlejohn, SVP and CEO of Sharp HealthCare Foundation, shared his journey of faith, and encouraged everyone with a quote from Nelson Henderson: "The true meaning of life is to plant trees, under whose shade you do not expect to sit."

This event was made possible by generous sponsors, SPSS staff, and community volunteers. Proceeds support the Chaplain's Fund and the great work they provide to our St. Paul's residents and PACE participants.

Special thanks to our Premier event sponsors: Flagship Properties, John & Anastasia McColl, and Time to Move Care Placement.



MANOR RENOVATIONS CAMPAIGN PUSHING TOWARD THE FINISH LINE

As many of you know, renovations at St. Paul's Manor, our flagship affordable housing community for independent seniors, have been underway since May. As the new year begins, progress continues and an end goal is in sight!

Our hard hats are off to the Manor residents as they remain in good spirits throughout construction. We are proud to report the latest update:

- A new roof has been laid for the 4-story building.
- New plumbing and hot water service has been installed.
- Foundation for the new entrance and patio has been set.
- Upgrades to electrical service are complete.
- One of the two elevators has been enhanced.
- A new electrical switchgear is being installed.



We are now into stage two of this renovation: residents will soon move from the Tower into the completed Manor, and work on the Tower will commence.

The Manor Renovations Campaign launched in 2020 with a goal of \$12.5 million. Through a blend of financing and philanthropy, we have raised nearly \$12,021,000. Our need is for \$479,000 to reach the finish line and continue to provide affordable housing for older adults.

With inflation at record highs, it's crucial that we keep room rates reasonable and help residents stay in their homes. Every donation counts.

Support the Manor Renovations Campaign today by visiting: www.stpaulseniors.org/donate/

BREAKING NEWS! 2023 Rate increase!



CHARITABLE GIFT ANNUITY (CGA)

Discover the gift that keeps on giving!

- Secure Fixed Income for Life
- Immediate Tax Benefit

EXAMPLE GIFT ANNUITY BENEFITS FOR \$20,000 CASH GIFT - JANUARY 2023*

	RATE*	ANNUITY	TAX DEDUCTION
AGE 70	5.9%	\$1,180	\$8,475
AGE 80	7.6%	\$1,520	\$10,091
AGE 90	9.7%	\$1,940	\$12,575

*Figures are sample rates for a single life annuity and are for illustrative purposes only. Tax deduction may vary. Always consult your own tax advisors before making any gift.

For a personalized gift illustration or to receive more information about establishing a Charitable Gift Annuity, please contact Craig Smith at csmith@stpaulseniors.org or 619-621-3356.

MORE BREAKING NEWS!

Use your IRA distribution to fund a CGA.

It's easy, with potentially great tax advantages.



Simply make a Qualified Charitable Distribution (QCD) from a Traditional IRA to fund a CGA for up to \$50,000.

If you would like more information on this new option or review an illustration for you and/or your spouse, please contact Craig Smith at csmith@stpaulseniors.org or call 619-621-3356.

Happy at



I had a great experience at St. Paul's nursing community. The rehab team worked hard to get me where I needed to be so I could go home. The meals were delicious, the staff were kind and always wore a smile. I can definitely say I was happy during my stay.

Thank you St. Paul's.

Sharon, recent guest.



4 STAR RATED FOR QUALITY CARE & STAFFING EXCELLENCE

If you or a loved one require skilled nursing after a hospitalization,
ask for St. Paul's skilled nursing community on Bankers Hill.

Erika Ortiz
Admissions Coordinator
eortiz@stpaulseniors.org

(619) 512-7290
StPaulsSeniors.org

235 Nutmeg Street,
San Diego, CA 92103

Image of professional models.

LIC# 080000181 Medicare rating 2023

Happy Living my Best life



**Assisted Living,
and Reflections Memory Care**
2340 Fourth Avenue,
San Diego, CA 92101
(619) 232-2996
LIC# 370804823



**Active Living, Assisted Living,
and Reflections Memory Care**
1420 East Palomar Street,
Chula Vista, CA 91913
(619) 591-0600
LIC# 374603643

If you or a loved one are seeking
assistance with daily living or
memory care support call today to
enjoy our current move-in special.

ONE MONTH RENT FREE*

PLUS A **\$600** MOVE-IN PACKAGE

Image of professional models.

*Offer excludes care services. Move-in by 05/01/2023

ST. PAUL'S SENIOR SERVICES WISH LIST

ST. PAUL'S MANOR/MCCOLL HEALTH CENTER

1. Commercial Grade 8 Qt. Bowl Lift Countertop Mixer: \$799
2. Waring Commercial Grade Double Belgium Waffle Irons
2 @ \$450 = \$900
3. Commercial Grade Countertop Ice Machine and Water Dispenser for New Pub \$4,000
4. 3ft. White plastic tables for activities
4 @ \$56 = \$224
5. Easels for arts & crafts painting activities
8 @ \$27 = \$216
6. Large glycerin soap base for crafting & soap making (5 lbs.)
2 @ \$22 = \$44

ST. PAUL'S PLAZA

1. Padded recliner chairs for Memory Care
4 @ \$400 = \$1600
2. Outdoor Patio Cushions set 24" x 24"
10 @ \$70 = \$700
3. Upholstered Steel Folding Chairs, 4 pack, Beige
4 packs @ \$175 = \$700
4. Canopy replacement – Beige 10' x 20'
3 @ \$112 = \$336
5. Weighted Training Balls for Exercise (2 lbs.)
6 @ \$18 = \$108
6. Art supplies \$600
7. Aromatherapy program \$800
8. Comfort Therapy dolls for Memory Care \$150
9. Musical instruments for exercise/therapy \$200
10. Manicure kits \$300
11. Flower arrangement classes (sensory activity) \$500

ST. PAUL'S PACE SUPPORTIVE HOUSING

1. Water jugs 10 @ \$10 = \$100
2. Hiking hats 10 @ \$10 = \$100
3. Backpacks 20 @ \$10 = \$200
4. Event Tickets (Padres games, fairs, etc.)
30 @ \$8 = \$240
5. Portable Radios: 5 @ \$30 = \$150
6. Small TV: 5 @ \$75 = \$375

HUMAN RESOURCES

1. Welcome Baby Package for new parents(SPSS staff)
Each package contains an SPSS onesie, knitted hat/blanket and hot/cold pad. 20 packages @ \$17 = \$340

Your support
is greatly
Appreciated!



Please contact Stewart Gaddy at sgaddy@stpaulseniors.org or (619) 239-6900
if you wish to buy the item or make a charitable contribution toward the cost of an item.

THANK YOU TO OUR DONORS

SEPTEMBER 1, 2022 - DECEMBER 30, 2022

GREATEST NEED

Anonymous Donor
Kathleen Beetz
BlackRock Midstream LLC
Ben Calas
Gloria Campbell
Liam & Christine Dunfey

Donna Feete
Tim Frazier
Stewart Gaddy
Kathy & Daniel Govea
Cindy Henderson
Mary Hunter

Mary Johnson
Phil Klauber
Mark Lebowitz
Chris & Tracy Manecke
Bill Martinez
Dennis & Nancy Maynard

Tapoya Mogilner
Geri Musser
Ellen Schmeding
Society of St. Paul
Thai Sukrachan

MANOR RENOVATIONS

Alcott Insurance Agency
Mark & Maria Allan
Anonymous Donors
Rebecca Aubery
Wayne Avjian
Amnon & Selma Ben-Yehuda
BlackRock Midstream LLC
Blum & Clark
Diana Brotherton-Ware
Terry Cahill
CareVention HealthCare
Robert & Dottie Carne
Christ Church Thrift Shop
Kenneth & Beth Coleman
Janet Cooper
Davis & Sherry Cracroft
Stephen Crawford
Ted & Judy Crippen
Konnie Dadmun
David C. Copley Foundation
Charles & Anne Dick
John Dratz
Patrick & Pamela Edd
Katharina Farrand
Daryl Ferguson

Jane & Patrick Flaherty
Jeffrey Flynn & Sandra Pettit
John French III
Peter Gallagher &
Eloise Foster
Sheana Fry
George G. Glenner
Alzheimer's Family
Centers, Inc.
Virginia Gloor
Laury Graves
Phil & Lydia Greiner
Dan & Cathy Gross
Ellen Hargus
Sean & Kris Hilly
Shirley Horton
Chuck Howe
Bruce & Carol Hubbard
Charles Hudgins
Jonathan & Pamela Hunter
Mary Hunter
Mary Hustwick
Kirk & Jolene Jackson
Gloria James
Steve & Gail Jones

Todd Kaprielian &
Carol Morris
Lesslie Keller
Vicki Kelley
Gene & Peggy Killian
Pat Kreder
Robert Linderman
Annie Love
Bill Martinez
John & Anastasia McColl
Michael McHale
Maureen McNulty
Barbara Menard
Ben Meza
Judy Moore
Geri Musser
Debbie Neuman
Northwestern Medical
Solutions
Martin & Cynthia Offenhauer
Michael Pape & Bo Anacta
Jaye & Marilyn Park
Louise Phipps
RezCare Pharmacy
Jerry Rindone

Randall & Margo Sanner
Patty Sargent
Joseph & Teresa Shea
Debra Shultz
Silver Medical Staffing
Brandon Silva
Craig Smith &
Mark Zangrando
Sodexo Senior Living
Sol Transportation
Weston Sprigg
Peggy Strand &
Michael Parrish
Jake & Michelle Sutton
Mark and Kristen Talbot
Dick & Debbie Thorn
Randy Truax
Anne Walter
Neville Willsmore &
Paige Adamson
Rick & Cheryl Wilson
Lenora Witt
Woodford Memorial Trust
Lonell & Dessie Wright

HOLIDAY INTERFAITH PRAYER BREAKFAST

Judith Allison
All Souls' Episcopal Church
Pat Brown
Kathryn Bunch
Carol Castillon
Gitfon Cheung
Christ Episcopal Church
Comfort Keepers
Covenant Living
at Mt. Miguel
Konnie Dadmun
Walter DuMelle
The Episcopal
Community Services
Katharina Farrand
Daryl Ferguson
Flagship Properties
Peter Gallagher &

Eloise Foster
Tom & Karen Gammieri
Ellen Hargus
Ideal Plumbing Heating
Air Electrical
Islamic Center of San Diego
Susan Jester
Todd Kaprielian &
Carol Morris
Vicki Kelley
Pat Kelly
Gene & Peggy Killian
Charles & Maureen King
Pat Kreder
Louise Landeta
LightBridge Hospice &
Palliative Care
Bill & Lisa Littlejohn

Rebekkah Lohrmann
Annie Love
David Madsen
John & Anastasia McColl
Michael McHale
Andrea Muir
Gary Norausky
Ohr Shalom Synagogue
Pacific Synagogue
RefugeeNet
St. Dunstan's
Episcopal Church
St. James by-the-Sea
Episcopal Church
St. Paul's Cathedral
Leon Scales
Ellen Schmeding
Silverado San Diego

Hospice and
Supportive Care
Silver Medical Staffing
Silvia McColl
Wealth Management LLC
Craig Smith &
Mark Zangrando
Society of St. Paul
Andy & Kristin Stevenson
Peggy Strand &
Michael Parrish
Dick & Debbie Thorn
Time To Move Care
Placement, Inc.
Rick & Cheryl Wilson
Larry & Bea Zimbalist

EMPLOYEE APPRECIATION FUND

Hazelruth Adams	Gilbert Espinosa	Jerry Lieber	Kurt Rothenhaus
Treasure Addis-Mills	Christine Ferguson	Linda Lundbom	Mary Rybarczyk
Judith Allison	Dean & Dona FitzGerald	Leanne Lynn	Nicole Sakelios
Anonymous Donors	Thomas Fitzmaurice	Barbara Lytle	Shirley Samuels
Leslie Autry	John French III	John Machun	Paul Saunders
Darlene Bader	Miguel Garcia, Jr.	Franklin Mah	Judith Schneider
Wanda Baldwin	Percy Goodwin	Jeffrey McCoy	Linda Seifert
Daniel & Dorothy Barrett	Patricia Grann	Juanita McGhee	Marilyn Slater
Gordon Bass	James & Betty Grant	Nicholas & Alexis Meeker	Margaret Smith
Miriam Bergman	Steven & Debbie Gregory	Justin & Yevgeniya Meiswinkle	Joy Sorrell
Carmelita Bladow	Karel Guardado	Kimberly Miller	Loretta Spano
David & Marjorie Boice	David & Marion Harrington	Ruby Miller	Robert Stav
Janet Bongiorno	Dale & Tami Head	Eugene Moore	Marjorie Stewart
James & Jewel Bonner	Brian Head & Aarti Ruparelia	Daniel & Ellen Murphy	Frederick & Janet Stocker
Marc Brandl	Eloise Hepburn	Danielle Myers	Dennis Sweeny
Bonnie Bremner	Jesse Hernandez	Rowena Naidl	Michael Troy
Janet Bright	Larry Herr	Lillian Nielsen	Irene Urquhart
Lone Broussard	H. Gaylord Hitchcock	Olga O'Brien	Maria Villa
Barbara Burgess	Robert Holt	Sandra Oyas	Barbara Wallace
Vanda Cardoso	Richard House	Serena Patel	Jacqueline Walters
Ann Carey	Jean Hughes	Shirley Pierce	Jenna Wardrop
Amy Carroll	Alfred & Suzanne Irwin	Richard & Lorraine Quinley	Joan Wesley
Suzanne Cech	Teresa Jackson	David Rappley	Ann Whited
Anne Chisham	Emily Keeler	Sara Ray	Virginia Whitelock
Nancy Cobb	Sylvia Kerou	Gloria Reeves	Matthew Willows
Mary Jo Costello	Vesta Kowalski	William Reeves & Linda Lundbom	Bernadette Wood
Cristina Cottrell	Lynne Krepak	Eric Reno	Mary Zedaker
McLane Downing	Julie Kropp-Lariviere	Karon Richards	Rebecca Zegarra
Shirley Doyle	Tod Kuykendall	Charles & Amanda Rines	Alison Zinna
Dennis & Debra Dulay	Craig Langley	Janifer Rizzuto	
Walter Egger	William & Joanne Lanouette	Brooks & Christina Rogers	
Bertha Epperson	Dan & Yvonne Larsen	Carolyn Rollin	
Veryan Erwertz	Elliott Lehy		

TRIBUTE GIFTS

IN HONOR OF	DONOR
Gordy Browne	Rebecca Aubery
Daryl Ferguson	Craig Smith & Mark Zangrando
Mary Frazier	Tim Frazier
Ellen Schmeding	Thai Sukrachan
Robert Schmeding	Ellen Schmeding
Villa Staff	Robert Linderman
Cheryl Wilson	Mark & Maria Allan
Cheryl Wilson	Kathleen Beetz
Cheryl Wilson	Chuck Howe

MEMORIAL GIFTS

IN MEMORY OF	DONOR
Melchora Anacta	Michael Pape & Bo Anacta
Robert Bullard	Anonymous Donors
Florence McKinney Cahill	Terry Cahill
Bertha Felix	Bertha Epperson
Bertha Felix	Olga O'Brien
Bertha Felix	Maria Villa
Margaret Govea	Kathy Govea
Hue Roy Maynard	Dennis & Nancy Maynard
Charlie Offenbauer	Martin & Cynthia Offenbauer
Daniel Pedroza	Gabriela Velazquez-Molina
Lee Rathbone	Debbie Neuman
Virginia Richardson	Liam & Christine Dunfey
Marcia Thaxton	Sheana Fry
Dick Webster	Rick & Cheryl Wilson
Walter Weiss	John Dratz

OTHER PROGRAMS AND SERVICES

Richardo Beltran
Jim Burns
Suzanne Cech
Jeffrey Flynn & Sandra Pettit
Ellen Hargus
Barbara Lafoon

Sharon Lao
Carla McLaughlin
Janifer Rizzuto
Juana Robles
Mary Rybarczyk
St. James by-the-Sea Episcopal Church

St. Peter's Episcopal Church
Scott & Kim Stratman
Seven Mile Casino
Silver Medical Staffing
Gabriela Velazquez-Molina
Rick & Cheryl Wilson

IN-KIND DONORS

Altrusa International San Diego
Annex Brands, Inc.
BrightStar Care
Manuel Castro, Jr.
Bob Daniel
Alison Hernandez
Hooks & Needles Ministry at
St. James by-the-Sea

Mary Hunter
Barbara Indseth
LMA Marketing & Advertising
Stephen Miller
O & J Plumbing Services, Inc.
Thomas & Ginny Ollis
Optimum Comp Advantage, Inc.
Rapid Courier Services

Sarsis
Scripps Ranch Families
Cathedral Students
Silent Electric Flyers
Sixta Chichande
Elizabeth Tinoco
Al & Mary Treadwell

VOLUNTEERS

Altrusa International
San Diego
Mandy Anderson
Roberto Arcos
Dana Benaavides
Chuck Berning
Anastasia Birmingham
Talia Bitran
Cristina Borges-Alvarez
Carol Braun
Anselmo Brillon, Jr.
Diego Castillo
Carol Castillon
Maximo Castro
Amanda Chambers
Lauren Cifelli
Coral Clune
John Cole
Breanna Cumberbatch
Anne DeBerry
Anaya Dorrah
Veronica Fernlund

Shannon Flannery
Cameron Foden
Jeanette Forrest
Molly Fragale
Ashton Franco
Mike Garcia
Kylene George
Josephine Gomez
Alyssa Gustin
Robert Hodges
Amy Husebye
Tiffani Huyhn
Rita Johnson
Rose Kanemy
Linda Kennedy
Bill Kilgore
Lauren Kirkland
Amy Knudsen
Louise Landetta
Minh Le
The Leadership Edge
Jessica Leckich

Brooke Lee
Madison Leighty
Donna Rose Llanda
Grace Lopez
Jennifer Lopez
Samantha Loughlin
Gemma Lugash
Joey Ma
Guillermo MacFarland
Gabe Mathis
Clare Maudsley
Tyrone McClave
Michael McHale
Kathryn McLaughlin
Siena McLaughlin
Maureen McNulty
Karla Medina Sanchez
Sarah Mercado
Angelica Minimo
Amanda Moy
Jean Nagle
Shakila Nadir Ali

Keira Nakata
Raul Ontiversas
Lisa Peterson
Guadalupe Pino
Axel Presa-Hernandez
Nicole Ramirez
Leanne Ripperger
Juana Robles
Julieta Rodriguez
Lorraine Rose
Itzia Sanchez
Yoana Sanchez
Randall Sanner
Ellen Schmeding
Jeffrey Shackleton
Helena Spydell
Michael Wilson
Diego Vargas-Ornelas
Piedad Vidal
Russ & Pat Zoller

CREATE A LASTING LEGACY WITH YOUR GIFT.



Scan the QR code to get resources on ways to give,
and how to meet your personal financial goals while
making a difference.



St. Paul's Senior Services
328 Maple Street
San Diego, CA 92103

Non-Profit Org.
U.S. Postage
PAID
Permit 435
San Diego, CA



ST. PAUL'S COMMUNITY CONNECTION
REFLECTING ON SEPTEMBER - DECEMBER 2022

Save the Date

20 ANNUAL
23

SENIOR AND FAMILY RESOURCE FAIR

THURSDAY, JUNE 1
9AM - NOON

St. Paul's Conference Center
2557 3rd Ave, San Diego, CA 92103

1(833) STPAULS



STPAULSSENIORS.ORG