

# 2022 COMMUNITY CONNECTION



*Special Edition*  
*Honoring Cheryl Wilson*  
*President & CEO*



**LEADERS IN SENIOR CARE**

# President & CEO Perspective



*This special issue of Community Connection is dedicated to St. Paul's President & CEO Cheryl Wilson. After 32 years of service to this organization, Cheryl is embarking on her next adventure: a well-deserved retirement. On these pages, we celebrate and commemorate Cheryl's legacy while showcasing her immeasurable impact on the senior care industry, not only in San Diego, but around the world.*

## President & CEO Perspective Letter

As we enter 2022 and my retirement approaches, I am reminded of the initial vision for St. Paul's so many years ago. The founders of our great organization identified the needs of local seniors, conducted studies, made recommendations, and followed through with action. This is the same format we continue to use today to fulfill our mission and to serve the needs of San Diego seniors.

The past two years have exemplified this process as we have dealt with COVID-19 while keeping our seniors, staff and families safe. I think of the courageous team members who never faltered while giving direct care; the support staff who delivered meals, set up transition units, trained staff in how to wear Personal Protective Equipment (PPE), and administered tests continuously; and the leadership team who met daily to plan, review studies and guidelines, support staff, make recommendations, and ensure the necessary actions were taken. All are heroes and deserving of our praise and thanks.

After 32 years of serving this organization, I reflect on the wonderful staff here who care with kindness and compassion; I reflect on how we have grown to serve our diverse community in so many exciting ways; and I acknowledge the amazing support from our greater community and the superb Boards of Directors with their visionary leadership over those years.

But now it is time for new leadership to take St. Paul's to greater heights, to serve in exciting and innovative ways and to prepare for the "New Way" (post COVID-19). The Board has been diligent in their selection process for a new leader with a view to the future. I know that you all will be instrumental in making that future bright through your welcoming and support of this new leader. With your engagement, they cannot help but be successful.

My heart is so very grateful to you for making my time here productive, meaningful, challenging and fun every day. Together, we have touched many lives and I believe made this part of the world much brighter. You have enriched my life immensely and I thank you for the amazing opportunity.

May God truly bless you in all you do, every day.

*Cheryl Wilson*

## Giving Thanks To Our Board Of Directors

### St. Paul's Episcopal Home, Inc. Board

Patrick Edd, Board Chair  
Randy Truax, Vice Chair  
Louise Phipps, Treasurer  
Gloria James, Secretary  
Cheryl Wilson, Assistant Secretary  
Joe Craver, Past Chair  
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Cheryl Wilson, Secretary  
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# Honoring Cheryl Wilson: Notes from St. Paul's Executive Team

**Carol Hubbard, Chief Executive Officer  
Community Eldercare of San Diego/St. Paul's PACE**



*Cheryl Wilson's leadership and strong advocacy opened the doors for bringing the PACE program to San Diego County. She firmly believed that we could improve the health and wellbeing of seniors living at home, despite their challenging medical conditions and poverty level. Now we have four PACE center locations, almost 1,200 enrolled seniors, eight homeless housing partnerships, and a highly competent team of staff providing all-encompassing care. I am not alone when I say I am grateful for her efforts, guidance, wisdom, and ongoing advocacy to continue our mission.*

**Todd Kaprielian, Foundation Chief Executive Officer**

*Cheryl Wilson doesn't skimp on quality and standards. In all my 17 years here at St. Paul's, Cheryl has been a champion for paying attention to the small details, because from quality, great things may emerge. I really admire that about her.*



**Ellen Schmeding, Vice President & Chief Operating Officer**

*Cheryl always challenges herself and her team to reach for the stars! She keeps our residents, children, participants' and employees' welfare at the forefront when making decisions.*



**Tim Frazier, Vice President & Chief Administrative Officer**

*Since I started working with Cheryl, she's been a patient mentor, sometimes a stern taskmaster, and always fully committed to my health and well-being. Thank you, Cheryl, for all you've done to support my growth and development – for trusting me with complex projects that exposed me to new subjects and skills, and for allowing me to be a trusted advisor for you. Most of all, thank you for your amazing service to St. Paul's and the seniors we serve. And for laughing at my jokes. It has been a real pleasure knowing you and working with you.*



**Randall Sanner, Vice President & Chief Financial Officer**

*Working with Cheryl has been a master class in advocating for a cause. Cheryl leaves us a tremendous legacy, built for serving seniors, and resplendent in her spirit.*



# Letters from Former Colleagues



**Ed Thompson, Former St. Paul's Chief Financial Officer (CFO)**

It was August 1996. Looking back at the facts, one might conclude Cheryl had just made the biggest blunder of her professional career when she chose me as St. Paul's first CFO. I had no experience in healthcare, senior services or the nonprofit world. In hindsight, she saw something in me even I didn't. So began a 20-year professional relationship between us that saw a seven-fold growth in revenues, the implementation of a PACE program that has changed thousands of seniors' lives, and the addition of multiple, related facilities and programs.

Cheryl's almost prescient ability to identify and surround herself with others having unique spiritual gifts, heart, abilities, personality and experiences is only one facet of the leadership abilities that have allowed her to touch so many lives through St. Paul's during her illustrious tenure. Perhaps Cheryl's crowning achievement was the implementation of the PACE program at St. Paul's. This accomplishment never would have happened without her tenacious commitment to the belief that frail seniors could not only survive, but thrive in the community at large if simply given the right kind of support. I can say, with absolute assurance, few, if any, other leaders or organizations would have made the 10-year commitment of human and financial resources that it took to bring PACE to San Diego.

I could go on ad infinitum about Cheryl's phenomenal leadership abilities, but they all pale by comparison to her two most valuable assets, faith and heart. She is 'all in' when it comes to the Greatest Commandment, "love the Lord with all your heart, and with all your soul, and with all your might" AND "love your neighbor." I learned early on, even when I disagreed with a decision Cheryl made, I could NEVER question the motivation behind that decision, loyalty to God's calling and unfaltering love for the seniors she served.

One might be tempted to conclude Cheryl will be sorely missed by St. Paul's and the senior living community in general, and I would as well, had I not come to know her as the person that leaves nothing undone...including preparing the way for future leaders to carry on her legacy.

Thank you, Cheryl, for giving me the opportunity to come along for the ride. And what a ride it has been. Godspeed.

## *Cheryl with her employees*







## Myrna Kinter, Former Special Projects Manager to Cheryl Wilson

I call her "Ms. Cool Shades"..... and occasionally "Sparkles!"

Mrs. Wilson is the most loving, kind, giving and compassionate person I have ever met. She is sincerely protective of the seniors at St. Paul's; however, when she visits local, state and federal legislators, her message encompasses all seniors throughout the United States. Her reputation for advocacy of seniors is well known and she is highly respected as being a fierce fighter on behalf of her seniors.

She has an uncanny ability to recognize strengths in people and capitalize on that strength to the benefit of St. Paul's mission. I know this through both observation of other employees, and because during my 10 years at St. Paul's, she dug into the depths of my brain power more than anyone else in my lifetime.

Opportunities come to St. Paul's due first to Cheryl's faith in prayer; and second her reputation in the field of senior care and healthcare. This reputation has people and organizations worldwide reaching out to partner with St. Paul's or requesting Cheryl to speak at conferences.

I have no doubt that she will continue to do wonderful things in her retirement. She can't resist a challenge.

Mrs. Wilson..... have I told you lately "how very proud I am of you!"

With much respect and love,  
*Myrna Kinter*



*Cheryl enjoys  
SPSS staff*



Myrna Kinter, 2<sup>nd</sup> on the right

# SPECIAL MESSAGES

**With a career spanning 32 years, Cheryl Wilson's impact goes beyond the walls of St. Paul's. She has many friends near and far who wish to bid her farewell and provide a word of thanks.**

**Randy Truax, Vice Chair, Home, Inc. Board of Directors**

"Cheryl, it has been my honor and privilege to have worked with you the past 30+ years. May you continue to enjoy the wonders of life's journey."

**Louise Phipps, Treasurer, Home, Inc. Board of Directors**

"What St. Paul's has built these past 32 years is a direct result of your vision, leadership, commitment, and competence....The mountains you've moved....the legacy you leave.... will continue to have a significant impact well into the future. I'm grateful for the opportunity to have been a small part of your journey."

**Peter Hansel, CEO, CalPACE**

"It has been a pleasure and an honor to work with you since way back in 2011 when you helped usher me into CalPACE. You are an inspiration!"

**Jeannee Parker Martin, President & CEO, LeadingAge California**

"Author and Rabbi, Harold Kushner said, 'Do things for people not because of who they are or what they do in return, but because of who you are.' Cheryl, you have worked tirelessly to create and support housing, care and services for older adults, to create a team at St. Paul's that cares as deeply as you do, and to ignite local, state, national and international leaders to think differently about what can be done. Thank you for your leadership for more than 30 years on the board and committees of LeadingAge California and for leading - always. You are a treasured friend, mentor and colleague."

**Toni G. Atkins, Senate President pro Tempore**

"Cheryl Wilson's leadership has benefitted seniors in San Diego and throughout California. From her time as a nurse, to CEO of St. Paul's Senior Services, she has helped transform a small, independent living community into San Diego's largest non-profit dedicated to seniors. Cheryl, we are deeply grateful for your tenacious and passionate advocacy and wish you all the best in retirement."



# HONORING CHERYL WILSON

## **Jill Mendlen, President & CEO, Lightbridge Hospice**

"Cheryl, my friend and colleague, you are truly one-of-a-kind. Bright, dedicated, generous of heart and spirit, visionary and tireless in caring for those in need."

## **Richard Ledford, Owner, Ledford Enterprises**

"Your leadership has improved the lives of so many in our community, just as your friendship has enriched mine. May God continue to bless you, your family and the work of St. Paul's Senior Services."

## **The Very Rev. Penny Bridges, St. Paul's Cathedral**

"Cheryl, you have been an inspirational leader and role model as a faithful Christian woman. Congratulations on a stellar career and every blessing on your next chapter. I will miss you!"

## **Roberta Jacobsen, Home, Inc. Board Member**

"I first met Cheryl in 1978 when we were working for Pacific Homes Retirement Communities. Even back then, Cheryl stood out as a caring and compassionate nurse leader. Cheryl has come a long way in her successful career, always bringing new ideas and outstanding leadership for serving and meeting the needs of seniors. Congratulations and best wishes on your retirement. You've earned it!"

## **Mary K. Munoz, Senior Managing Director, Ziegler Investment Banking**

"No one in our industry has a heart for the homeless and underserved as big as Cheryl Wilson's. Cheryl, we will miss your passion for service, the vigor with which you've moved California's PACE program forward, and all you have done to bring care and safety to so many. Blessings on your next adventure!"

## **Todd Gloria, San Diego City Mayor**

"As Mayor for the City of San Diego, it is my pleasure to congratulate St. Paul's Senior Services CEO Cheryl Wilson on her retirement after 32 years of service. I am proud to recognize Cheryl for her accomplished career dedicated to developing permanent supportive housing for homeless seniors and wish her an enjoyable retirement."

## **Randy Voepel, Assemblyman, California State Assembly, District 71**

"Cheryl Wilson has been a tireless advocate for St. Paul's PACE and she will leave behind very large shoes to fill. Myself and my staff wish her the very best!"



# St. Paul's PACE: Leaders in Supportive Housing



When St. Paul's President and CEO Cheryl Wilson learned about senior homeless women being attacked and sexually assaulted on the streets of San Diego, she immediately became a passionate advocate for housing the homeless. But Cheryl took things a step further; she worked with the City of San Diego to develop a plan that combined supportive services like St. Paul's PACE with affordable housing communities. That way, formerly homeless seniors could receive the essential physical and mental health services they needed in order to thrive in their new homes.

In 2013, St. Paul's became the first PACE organization in California to start a supportive housing program when they opened Parker Kier thanks to the San Diego Housing Commission. This project provided homes for 11 seniors while enrolling them in St. Paul's PACE, giving them access to the care they needed to remain safe.

"While housing is the first step in getting homeless seniors off the streets, formerly unhoused seniors need more than just a roof over their head", said Cheryl Wilson. "Many of them have gone years without receiving the proper medical attention older adults naturally require to age successfully. Without addressing their physical, mental, and social needs, we are setting them up for failure. That is why supportive services, in addition to housing, are so important."



Since opening Parker Kier in 2013, St. Paul's PACE has established a total of eight supportive housing partnership communities throughout San Diego. The most recent projects, which opened in the fall of 2021, include Trinity Place in Allied Gardens and Ivy Senior Apartments in Clairemont. Both of these projects were developed by Wakeland Housing & Development Corp.



Michelle Doherty, a resident at Trinity Place, said, "My apartment is just wonderful. I've been through a hard time and God has just carried me through. I joined the PACE program this summer and they are taking care of all of my health needs. It's wonderful having everything in one place. They call to make an appointment and they pick me up and it's all right there. I'm getting all of my health services taken care of. It's a no-brainer."



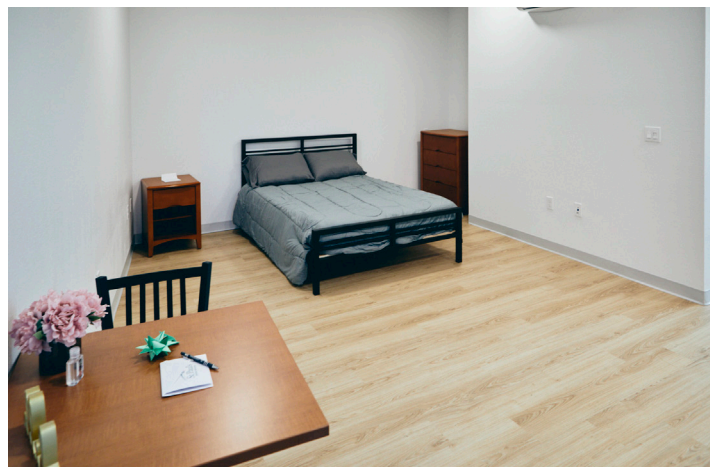
Thanks to Cheryl Wilson's advocacy and leadership, St. Paul's PACE has housed over 350 formerly homeless seniors and counting. Not only do the seniors move into a brand new home, but they are greeted with fully furnished and stocked apartments, courtesy of volunteer staging events organized by the St. Paul's Foundation.

Mark Lim, the Supportive Housing Manager for St. Paul's PACE said, "This supportive housing program is a direct reflection of Cheryl's visionary leadership. Her fingerprints are all over it. She instilled the vision and culture for this program, everything from providing each tenant with a fully furnished unit to providing food and a hand-written note welcoming tenants into their new home."



## St. Paul's PACE Supportive Housing Partnerships

- 2013 – Parker Kier: 11 units
- 2015 – Celadon: 63 units
- 2017 – Talmadge Gateway: 59 units
- 2018 – Father Joe's Bonus Program: 25 units
- 2018 – Park West & Quality Inn: 47 units
- 2021 – Trinity Place: 55 units
- 2021 – Ivy Senior Apartments: 45 units





# Cheryl Wilson Throughout the Years









# Retirement Advice from Residents

Cheryl Wilson has said before that what she will miss most about St. Paul's is the people; especially the residents whom she has formed bonds with over the years. Many of these residents wanted to offer Cheryl some advice on how to best enjoy retirement.

## **Richard House, St. Paul's Manor Resident:**

"Cheryl, you have reached a milestone in your life - retirement. Have fun, stay active and enjoy the time with family and friends. Good luck!"



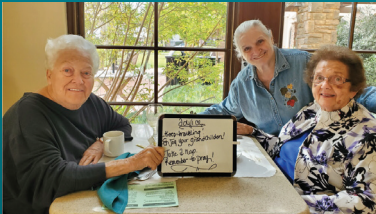
## **Sheila Soules, St. Paul's Manor Resident since 2007:**

"Cheryl will have the delight of children and grandchildren in her retirement – and we St. Paul's residents know she will always take an interest in us and the expanding empire she has created from the beginnings of the Manor. Cheryl has been such a force for the good of San Diego seniors; it's hard to believe that she is now of retirement age! My own advice would be to stay interested in the outside world, but most of all, to move to St. Paul's where one has the comfort of their own apartment, yet the opportunity to mingle with others and sample the myriad of activities. Happy landings to Cheryl!"



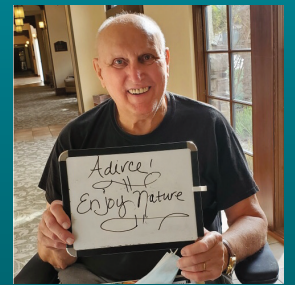
## **Margot, Mary Jo and Beverly, St. Paul's Plaza Residents:**

"Keep traveling!  
Enjoy your grandchildren!  
Take a nap.  
Remember to pray!"



## **Ed Ashbaugh, St. Paul's Plaza Resident:**

"Enjoy Nature!"



## **Marjorie and David Boice, St. Paul's Manor Residents:**

"Simplify assets and life as much as possible. Don't be afraid to dream about your future. Think about the adventures you have never had time to enjoy. Live life to the fullest. Be kind and understanding towards your spouse and listen to each other.  
*Life is a magical carousel, we hear the Muses sing,  
You take your change to climb aboard to seize the golden ring.*"



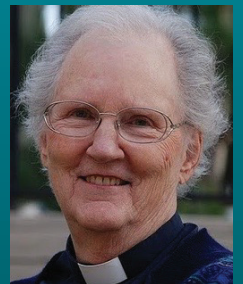
## **Lillian, St. Paul's Plaza Resident:**

"Travel back to your Home Land!  
Do not take on any extra work!"



## **Anne Chisham, St. Paul's Manor Resident:**

"Based on my personal experience, my best advice for a successful retirement is to STAY retired. To 'flunk' retirement brings merciless teasing!"



## **Linda Seifert, St. Paul's Manor Resident:**

"My retirement philosophy: Do what you want, when you want, and there's always tomorrow."





# A Lot of LUV throughout the Years

Every year, Cheryl Wilson enjoyed attending St. Paul's Annual LUV Gala with her dear family members, and we're sure she will attend many more!





# Cheryl Wilson: Career Highlights

1990



Cheryl Wilson becomes Chief Executive Officer of St. Paul's Senior Services.

1992



Cheryl Wilson helps acquire St. Paul's Villa to offer independent living and assisted living services.

1997



The first Intergenerational Senior Day Program in California opens at St. Paul's with babies & preschoolers.

1998



Cheryl introduces the feasibility of starting a PACE program.

1999



The first of many Legislative Breakfasts was held, focusing on the introduction of PACE.

2013



Parker Kier, a supportive housing partnership with the San Diego Housing Commission, opens.

2015



- Celadon, a supportive housing partnership with Bridge Housing, opens in downtown San Diego.
- St. Paul's Plaza is developed and opens in Chula Vista. "Wilson Street" is named after Cheryl.

2017



- Cheryl testifies before the Congressional Ways and Means Committee on Health on behalf of the National PACE Association. Testimony was for the benefit of all PACE programs nationwide.
- Talmadge Gateway, a supportive housing partnership community with Wakeland Housing, opens in the Talmadge area of San Diego.

2021

- Cheryl presents "Getting Older in America and Selling Your Senior Services" at the European Ageing International virtual conference, originally scheduled to take place in Bern, Switzerland.
- Cheryl is a panelist at Ziegler Senior Living Finance Conference – Insights from Chief Executives Proactive Multi-Site Providers.
- Cheryl is guest speaker to group of 40 new CEOs and Executive Directors at the LeadingAge National Conference.



# Take a trip down memory lane as we showcase Cheryl's impressive history and career highlights during her 32 years at St. Paul's Senior Services.

2008



Cheryl's 10-years of advocacy comes to fruition as the first St. Paul's PACE Center opens in downtown San Diego, the first PACE program in San Diego.

2009



Cheryl, in collaboration with Paul Downey and Leane Marchese, creates the San Diego Senior Alliance.

2010



St. Paul's Villa introduces a Memory Care Program.

2012

A second St. Paul's PACE Center is opened in Chula Vista.

2018



- Cheryl speaks at the Global Ageing Network Conference on Models of Memory Care held in Switzerland.
- Park West and Quality Inn supportive housing open in downtown San Diego, another successful partnership with the San Diego Housing Commission.

2019



Cheryl is a panelist at LeadingAge's National Conference held in San Diego and speaks on Integrating Adult Day with PACE and other types of aging services.

2020

- Cheryl advocates with state legislators for PPE distribution to senior care facilities at the start of the COVID-19 pandemic.
- St. Paul's PACE opens a fourth location in Encinitas.
- Under Cheryl's leadership, St. Paul's is the first senior living community in San Diego to offer COVID-19 vaccinations, appearing on eight local news networks.

2022

Cheryl retires and celebrates her legacy of growing St. Paul's from an organization with one community and 43 employees to an organization with nearly 700 employees, three retirement communities, one skilled nursing center, four PACE centers, an intergenerational senior day program, and eight supportive housing partnership communities.

# Congratulations, Cheryl!

# Cheryl Wilson: Awards, Offices, and Committees

## *Awards*

- Mentor of the Year - California Association of Homes and Services for the Aging - 2000
- Rotary International Foundation Recognition
- Women Together Award
- Salvation Army Woman of Dedication Award
- San Diego Ecumenical Council Honoree
- Tribute to Women in Industry (TWIN) Award
- Global Ageing Network Award for Excellence - 2017
- Finalist of the CEO of the Year awards by San Diego Business Journal: 2019, 2020, and 2021
- The California Association of Homes and Services for the Aging – Mentor of the Year
- Make It Happen Award, St. Paul's Senior Services - 2019
- East County Chamber of Commerce Women in Leadership Michele Tarbet Award - 2021
- Awards and recognitions from Boy Scouts, Little League, Boys & Girls Clubs, and San Diego Rotary

## *Offices Held in Service to the Aging*

- Imperial Beach Health Center, Imperial Beach, CA: Co-Founder, 1970 Board of Directors Chair, 1996-1999
- San Diego Senior Alliance Founder
- San Diego Rotary Club: 1991-2021 Chair, Senior Services Committee, and Chair of several other committees
- Rotary District 5340: Chair, Don't Wait Vaccinate Committee, 1998-Present
- SDSU and USIU, Master's Program Preceptor; USD Nurse Practitioner Advisory Committee
- Leading Age-California (LA-C); 10 committees over the past 20 years. Served as Chair of four primary committees, including Region Chair and LA-C Board – Vice Chair 1993-1995, 1998-2000; Secretary 1992-1993, 2000-2001; and Board Chair of LA-C 2004-2006
- Doris Howell Foundation, San Diego, served as Chair, Board Member and Officer, 1999 to 2018
- CalPACE Board Member – Vice Chair
- Global Ageing Network Board Member

## *Offices/Committee Appointments within the American Association of Homes and Services for the Aging (AAHSA)*

- House of Delegates, 1991 – 1996 and 2000-2006
- Education Advisory Committee, 2001
- Nominating & Awards Committee
- AAHSA Work Force Initiative, 2000-2002
- Nominating Committee, 2002-2006

## *LeadingAge*

- Member Policy Congress
- Policy Congress Steering Committee



# *Opal from the Outback*

*A Farewell Celebration honoring  
Cheryl Wilson  
for her 32 years of Leadership & Service*

**SCAN FOR DETAILS**



**Saturday, February 5, 2022**  
**Sheraton San Diego Hotel & Marina**  
**1380 Harbor Island Drive**  
**San Diego, CA 92101**

For more information, contact Craig Smith at  
619-239-6900 • [csmith@stpaulseniors.org](mailto:csmith@stpaulseniors.org).



# St. Paul's Manor: A Vision for the Future

"You feel alive here!" said David and Marjorie, St. Paul's Manor residents since 2017. The Manor is the flagship of St. Paul's Senior Services, a community that has given quality of life to hundreds of independent seniors since it first opened in 1963.

St. Paul's Manor started with a vision. Father Harold Robinson, the Rector of St. Paul's Parish in the Bankers Hill neighborhood, assembled a group of lay members of the church to discuss ways to support the growing need of the aging parishioners. The concept of a retirement community for seniors of modest means soon took hold and it became the focus of their fundraising efforts.



Two breakthroughs occurred in the late 1950s that would ultimately pave the way for the Manor's construction: First, a local parishioner passed away and left her property to the parish to construct their community, then, the lay members of St. Paul's Parish secured California's first Housing and Urban Development (HUD) construction loan. With these two developments, St. Paul's Senior Services, a nonprofit organization, was formed with the vision to construct a residential community for "seniors of modest means."

Now, 60 plus years later, St. Paul's Manor needs extensive renovations in the range of \$17,000,000. As a result, St. Paul's reached a crossroads in determining the Manor's fate. Demolish it and construct a new building at much higher room rates, or fundraise to underwrite the cost of the renovations and keep the room rates affordable. Looking to honor the legacy of its founders, St. Paul's Board of Directors chose the latter option.

This was welcomed news to Ray Hanks, a Manor resident. He moved to the Manor one month after Valerie, his wife of 55 years, was admitted to St. Paul's Nursing and Rehab Center to receive skilled nursing care. "If I was going to be anywhere, this is the place I'd want to be. I've been grateful to live so close to Valerie, particularly during the pandemic."

"We expect the renovation construction to begin in early 2022," said Damien Rapp, the Manor Administrator. "The enhancements are extensive: Updates to the front of the building exterior, common areas which will feature a "pub" area for lots of socializing, upgrades to the mechanical, electrical and plumbing infrastructure, not to mention upgrades to the 134 apartments themselves. We have a lot of residents who can't wait to enjoy all the improvements, especially the addition of central AC and new kitchenettes."







## Scan the QR code to help St. Paul's make a bigger impact in the lives of seniors!

With St. Paul's fundraising goal of \$17,000,000, the capital campaign is in full swing. To date, St. Paul's has received \$7,800,000 in gifts and pledges. Will you make your gift today? Through the generous support of donors like you, the next generation of seniors living on a limited, fixed income will find a home at St. Paul's Manor.

SCAN ME



## Naming and Donation Opportunities:

Building name	2,000,000	Lounge – Staff	25,000
Dining room – Main	150,000	Library	50,000
Solarium	75,000	Computer station	25,000
Dining room – Private	75,000	Pub Patio	50,000
Sliding doors	20,000	Meeting room – Ground floor	75,000
Kitchen	100,000	Admission/GM offices	75,000
Chapel	100,000	Resident Services Staff Office	25,000
Beauty salon	50,000	<b>Donations:</b>	
Patio	50,000	Pub chairs (20)	500
Lobby	100,000	Pub tables (10)	1,000
Lounge – Top floor	150,000	Dining room chairs (70)	500
Lounge – Ground floor	150,000	Dining room tables (20)	1,000
Solarium	75,000	Wheelchair ramp pavers/bricks	250
Mailroom	75,000	Individual entrance steps	1,000
Pub	250,000	Plant-a-tree	250

To inquire about donation and naming opportunities, please contact the Foundation Chief Executive Officer Todd Kaprielian at (619)239-6900.



# "Manor Times" Features A New Executive Director 32 Years Ago

It was 32 years ago in February 1990 when Cheryl Wilson became the Executive Director of St. Paul's Manor and Health Care Center. This article about Cheryl's new role appeared on the front page of the resident-run publication "Manor Times."

## The Manor Times

A quarterly newsletter published by St. Paul's Manor and Health Care Center



VOL. X, NO. 1

Serving The Community of San Diego Since 1963

SPRING, 1990

### CHERYL WILSON JOINS ST. PAUL'S AS EXECUTIVE DIRECTOR

As of Feb. 1st, Mrs. Cheryl Wilson became Executive Director of St. Paul's Manor and Health Care Center. A native of Australia, Mrs. Wilson now lives in Imperial Beach with her husband and two teenaged sons. She is a Registered Nurse, holds two degrees from Redlands University (including Master of Arts in Management) and has over 18 years of experience in health care for seniors in San Diego County. Most of this time she has been engaged in supervising, managing and consulting in facilities similar to St. Paul's.

Friday, January 19, the residents were introduced to Mrs. Wilson at receptions held in both the Manor and Health Care Center. She was



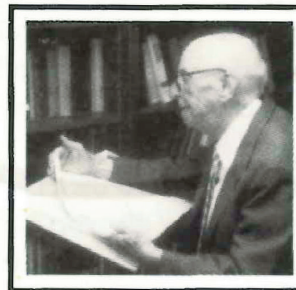
enthusiastically welcomed and both the residents and staff look forward to working with her.

Mr. James Ware, Chairman of the Board, expressed thanks to the staff for their help and cooperation during the two-month period since Mr. Almus Larsen left to pursue a new career. "Mrs. Ellen Harrison," he said, "took on additional responsibilities and became Acting Administrator. The Directors thank Mrs. Harrison and express their appreciation for a job well done." In addition, Mr. Ware said that the Board appreciates the assistance of David Henbest, our new Director of Nursing and the rest of our fine staff. "We thank them all for their fine team spirit."

**Editor's Note: APRIL IS VOLUNTEER'S MONTH!** St. Paul's thanks all of our volunteers—on behalf of our residents—for countless hours, and, for caring. The following was submitted by Judy Ramsdell, Activity Coordinator, and the residents of the Health Care Center.

### What Are Volunteers Like?

Volunteers are like FORDS  
They have better ideas.  
Volunteers are like COCA COLA  
They're the REAL THING.  
Volunteers are like PAN AM  
They make the going great.  
Volunteers are like PEPSI  
They've got a lot to give.  
Volunteers are like  
STANDARD OIL  
You expect more and you get it.  
Volunteers are like  
VO-5 HAIRSPRAY  
Their goodness holds in all kinds  
of weather.  
Volunteers are like HALLMARK  
CARDS  
They care enough to give the best.  
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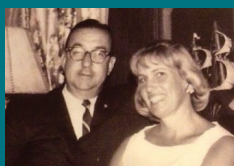
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In the "In Memoriam" section of the previous Community Connection, we mistakenly referred to the late Marcia Thaxton's husband, Roger Mackey by the wrong first name. We offer our sincerest apologies to the Mackey family for this oversight. Our statement still stands: Roger Mackey was a wonderful supporter of St. Paul's and served as the first administrator of St. Paul's Manor.



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