



The following items are needed to meet the basic needs of San Diego's most frail, low-income seniors:

- Food gift cards (Vons, Albertsons, anywhere that sells food) are a HUGE need and canned/ non-perishable foods
- Cleaning supplies
- Laundry detergent
- Fabric softener
- Dish sponges
- Paper towels
- Toilet paper
- Blankets
- Kleenex
- Socks
- Sweatshirts
- Trash bags
- Denture cleaner
- Eye glass cleaners
- Hygiene care items:
 - shampoo
 - body wash
 - deodorant
 - toothbrushes
 - toothpaste
 - hair brush/comb
 - razors
 - shaving cream

SPEND

St. Paul's Essential Needs Drive



St. Paul's PACE cares for seniors. You can help too, through **St. Paul's Essential Needs Drive (SPEND)**. While you may only **SPEND A LITTLE** – your donation will **HELP A LOT!**

You can drop off your donations at any of our three St. Paul's PACE locations:

St. Paul's PACE - San Diego

(619) 677-3800

111 Elm Street, San Diego CA 92101

St. Paul's PACE - Chula Vista

(619) 271-7100

630 L Street, Chula Vista, CA 91911

St. Paul's PACE - El Cajon

(619) 551-7400

1306 Broadway, El Cajon, CA 92021

Donation sites are open from 8am to 4:30pm, Monday through Friday. Please, do not gift wrap and no used items.

StPaulsPACE.org