



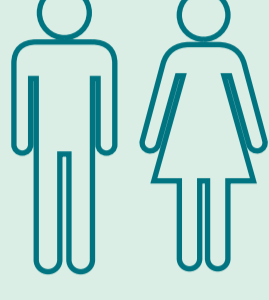
LEADERS IN SENIOR CARE

# Infectious Disease Update

3/19/2020

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Like all retirement and assisted living communities, St. Paul's Senior Services provides homes and care for San Diego's most vulnerable populations. With this in mind, we have implemented the follow procedures to ensure our residents are safe during this current viral outbreak:



### GUEST VISITS:

All of our buildings are in lockdown, which means that no one other than St. Paul's staff or residents and PACE participants may come and go. At this time, residents are being asked not to leave the facilities as they are considered at high-risk given their age. Families/responsible persons will be allowed to enter in emergency and/or end-of-life situations; however, we highly encourage families to not visit until further notice. We are setting up systems for families to visit remotely.



### BUILDING MANAGEMENT:

Our experienced infection control team is in constant communication with public health officials in our region to stay abreast of the latest developments about coronavirus. In addition, we are closely monitoring information from official agencies, such as the Centers for Disease Control and Prevention, CMS, and San Diego city and county.

All new developments are communicated swiftly to all staff who have also been well-trained on infection control. Some of the current processes we are performing include:



- **Cleaning:** multiple cleanings each day of all major touch points.



- **Hand Washing:** All communities have fully stocked handwashing stations and hand sanitizer booths.



- **Supplies:** Each community is well-stocked. We should all be good stewards due to heightened demand for supplies.



- **Education:** All staff have been trained on infection control, they know the signs and symptoms of COVID-19 and how it is spread. They are vigilant in all areas of prevention.



- **Guest Visits:** As indicated above, we have locked down our communities to visitors. Residents, participants, and staff are the only people who may enter.



- **Home Wellness Checks:** Wellness checks are being provided for our PACE participants who have chosen to stay at home vs. coming to the day center.



- **Home Care:** Increased home care for PACE participants who need it.



- **Remote Staff:** Remote work for St. Paul's staff members whose jobs support working from home in order to minimize risk factors

### RESIDENTS AND PARTICIPANTS:

Because older adults can be vulnerable to the spread of viral illnesses, including Coronavirus, we have educated them to follow recommended guidelines of prevention. Specifically:

Washing hands frequently and sufficiently.



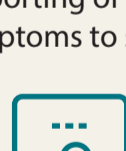
Limiting contact with others (social distancing).



Staying at home (or in their apartment) if they are feeling ill.



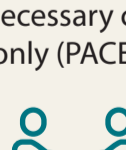
Reporting of **any** symptoms to staff.



Asking friends and family not to visit at this time.



Limiting day center and clinic access to necessary cases only (PACE).



We have also initiated a child drop off center for our staff's children in order to support their ability to continue working on behalf of our seniors.

Thank you to our staff and friends for supporting us as we serve our population during this eventful time.

If you have questions, please call our BeHealthy phone line at

**(619) 271-6200**

which is updated daily. You can also e-mail

**[Behealthy@stpaulseniors.org](mailto:Behealthy@stpaulseniors.org)**

for the latest from our community leaders.

Our website: **[StPaulsSeniors.org](http://StPaulsSeniors.org)** has the latest information

St. Paul's Senior Services  
328 Maple Street, San Diego, CA 92103  
Tel (619) 239-6900

For the latest information on Coronavirus:  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>