Why you should choose

St. Paul's Plaza

ACTIVE RETIREMENT LIVING & ASSISTED LIVING & MEMORY CARE

- St. Paul's Plaza is a proud member of the St. Paul's Senior Services family. St. Paul's Senior Services has been serving San Diego seniors since 1960.
- St. Paul's Plaza is managed on-site and is a local non-profit organization, with local autonomy and decision making.
- We offer 24-hour nursing staff (if needed), which gives families peace-of-mind knowing their loved one is well taken care of.
- Our staff members are Registered Dietitians, and Medically licensed Caregivers (i.e. LVN's & CNA's).
- St. Paul's Plaza is an aging-in-place community, which means residents do not need to move out of their apartments as their personal needs increase – we bring care and services directly to each resident.

- St. Paul's Plaza offers a robust activities calendar for our seniors promoting social connectedness and engagement. We provide activities for all abilities, including independent seniors, those requiring assisted living, and additional help with memory and cognitive activities.
- Our community features amenities that help residents with socialization and wellness such as a heated therapy pool, gym, beauty salon, dog park, intergenerational playground, and much more!
- St. Paul's Plaza was designed with familyfriendly features, including community kitchens and dining areas on each floor, activity centers, and a family barbeque area.
- St. Paul's Plaza is located across from Sharp Rees-Stealy Medical Group in beautiful Otay Ranch and a short walk to Heritage Park and Community Center.
- The Rapid Bus Transit is located in front of St. Paul's Plaza which is a good option for semi-independent seniors who may not be driving anymore.



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