

St. Paul's Villa First Floor Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please check the front desk for any changes to the calendar.</p> <p>License # 370804823</p>		<p>L- Living Room C- Chapel W- Waterman Ballroom SFC- 2nd floor conference \$- At your own expense P- Patio</p>		<p>9:00 Daily Chronicle 10:00 Picnic at Mormon Battalion Historic Site 1:30 Live to be Healthy 2:30 Episcopal Service 3:15 Evening Walk 3:15 Snack & Social Time</p>	<p>9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Aerobic Exercise 10:15 Nature Walk 1:00 Happy Hour w/Jocelyn 2:30 Bingo 3:30 Snacks & Social</p>	<p>9:00 Daily Chronicle 9:30 Word Puzzles 10:30 Band Exercise 1:30 Shake Loose a Memory 2:30 Sharp Players Music – W 3:30 Evening Walk 6:00 Movie & Popcorn</p>
<p>9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social & Afternoon TV Show 2:30 Spa, Nails & Style 3:30 Evening Walk</p>	<p>9:00 Daily Chronicle 9:15 Dr. Tom Social Studies 10:00 Stretch & Flex 10:15 Nature Walk 1:00 History Matters – W 1:30 Mind Fitness 2:15 Turkey Bowling 3:00 Bowling Discussion 3:15 Coloring Book Social 3:15 Household Choirs</p>	<p>9:00 Daily Chronicle 9:30 Large Crossword 10:15 Bunco 10:15 Morning Walk 12:45 Music Class w/ Ron – L 1:30 Live to Be Healthy 2:30 Music Therapy 3:30 Afternoon Tea Toast</p>	<p>9:00 Daily Chronicle 9:30 News Headlines 9:30 Random Trivia 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Live to be Healthy 2:30 Drama Club 2:30 Dictionary Dive 3:30 Evening Walk 3:30 Snack & Social Time</p>	<p>9:00 Daily Chronicle 9:30 It's Puzzling 10:15 Name Ten 10:15 Name Five 1:30 Live to be Healthy 2:30 Episcopal Service 3:15 Evening Walk 3:30 Ice Cream Social & Art Projects with Shari – W</p>	<p>9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Aerobic Exercise 10:15 Nature Walk 1:30 Veterans Pinning Ceremony – W 2:45 Happy Hour w/Zina 3:45 Evening Walk</p>	<p>9:00 Daily Chronicle 9:30 Word Puzzles 10:30 Band Exercise 1:30 Laughter Yoga 2:30 Evening Walk 3:30 Sunshine & Songs 6:00 Movie & Popcorn</p>
<p>9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social & Afternoon TV Show 2:30 Bingo 3:30 Evening Walk</p> <p>Veterans Day</p>	<p>9:00 Daily Chronicle 9:15 Dr. Tom Social Studies 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Mind Fitness Category 2:15 Spin to with Lacrosse 3:00 Lacrosse Discussion 3:15 Ballet Exercise & Music w/ Tyrone 3:15 Laundry Folding</p>	<p>9:00 Daily Chronicle 9:30 Large Crossword 10:15 Morning Walk 10:15 Dominoes 12:45 Music Class w/ Ron – L 1:30 Live to Be Healthy 2:30 Travels & Vacation with Lili to Nevada 3:30 Evening Walk 3:30 Snack & Social Time</p>	<p>9:00 Daily Chronicle 9:30 You Be the Judge 9:30 Missing Letters & Spelling 10:15 Stretch & Flex 10:15 Nature Walk 1:30 Live to Be Healthy 2:30 German Class 2:30 Reading Short Fables 3:30 Evening Walk 3:30 Snack & Social Time</p>	<p>10:00 Daily Chronicle 10:15 It's Puzzling 10:45 Basketball Toss 1:30 Live to be Healthy 2:30 Episcopal Service 3:15 November Talk/Snacks 3:15 Evening Walk</p> <p>Resident Birthday Lunch</p>	<p>9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Aerobic Exercise 10:15 Nature Walk 1:00 Happy Hour w/Jim 2:30 Tasty Cooking Class 3:30 Black Jack 3:30 Balloon Tennis & Snacks</p>	<p>9:00 Daily Chronicle 9:30 Word Puzzles 10:30 Band Exercise 1:30 Shake Loose a Memory 2:30 SD Humane Society Pet Visit 3:30 Sunshine & Songs 6:00 Movie & Popcorn</p>
<p>9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social & Afternoon TV Show 2:30 Spa, Nails & Style 3:30 Evening Walk</p>	<p>9:00 Daily Chronicle 9:15 Dr. Tom Social Studies 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Mind Fitness 2:15 Parachute Rumbling 3:00 Parachute Discussion 3:30 Key of She Ensemble Folk Music – W</p>	<p>9:00 Daily Chronicle 9:15 Large Crossword 10:00 Scenic Drive Outing 10:15 Morning Walk 10:15 Bunco 12:45 Music Class w/ Ron – L 1:30 Live to Be Healthy 2:30 Music Therapy 3:30 Evening Walk 3:30 Snack & Social Time</p>	<p>9:00 Daily Chronicle 9:30 News Headlines 9:30 Random Trivia 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Live to be Healthy 2:30 Science Experiment 3:30 Evening Walk 3:30 Snack & Social Time</p>	<p>9:00 Daily Chronicle 9:30 Band Exercise 10:00 Thanksgiving Parade 11:30 – 1:30 Thanksgiving Buffet Special 2:30 Music Appreciation: Pilgrim & Colonial Songs – W</p> <p>Happy Thanksgiving!</p>	<p>9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Aerobic Exercise 10:15 Nature Walk 1:00 Happy Hour w/Trevor 2:30 Black Jack 3:30 Bean Bag Toss & Snacks 3:30 Evening Walk</p>	<p>9:00 Daily Chronicle 9:30 Word Puzzles 10:30 Band Exercise 1:30 Laughter Yoga 2:00 Evening Walk 3:30 Sunshine & Songs 6:00 Movie & Popcorn</p>
<p>9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social & Afternoon TV Show 2:30 Bingo 3:30 Evening Walk</p>	<p>9:00 Daily Chronicle 9:15 Dr. Tom Social Studies 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Mind Fitness 2:15 Golf Competition 3:00 Golf Discussion 3:15 Ballet Exercise & Music w/ Tyrone 3:15 Laundry Folding</p>	<p>9:00 Daily Chronicle 9:30 Large Crossword 10:00 Music w/Laura Flores 10:15 Morning Walk 12:45 Music Class w/ Ron – L 1:30 Live to Be Healthy 2:30 Animal Exploration: Unique Human-Animal Bonds 3:30 Evening Walk 3:30 Snack & Social Time</p>	<p>9:00 Daily Chronicle 9:30 You Be the Judge 9:30 Missing Letters & Spelling 10:15 Stretch & Flex 10:15 Nature Walk 1:30 Live to Be Healthy 2:30 German Class 2:30 Reading Short Fables 3:30 Evening Walk 3:30 Snack & Social Time</p>	<p>10:00 Daily Chronicle 10:15 It's Puzzling 10:45 Football Toss 1:30 Live to be Healthy 2:30 Episcopal Service 3:15 Classic Comedians & Their Stories – L 4:00 Evening Walk</p>	<p>9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Aerobic Exercise 10:15 Nature Walk 1:00 Happy Hour w/Trevor 2:30 Tasty Cooking Class 3:30 Bingo 3:30 Balloon Tennis & Snacks</p>	<p>2340 Fourth Ave San Diego, CA 92101 (619) 232-2996 *Fax (619) 232-0451</p>