

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please check the front desk for any changes to the calendar.</p> <p style="text-align: center;"><b>License #</b> <b>370804823</b></p>	<p>L- Living Room C- Chapel W- Waterman Ballroom SFC- 2<sup>nd</sup> floor conference \$- At your own expense P- Patio</p>		<p>2340 Fourth Ave San Diego, CA 92101 (619) 232-2996 *Fax (619) 232-0451</p>	<p style="text-align: right;">1</p> <p>10:00 Chair Sports – Football on the Patio 1:30 Episcopal Service – C 2:30 Live 2 Be Healthy – W 3:20 <u>Western Religious History: Early Orthodox Christianity Pt. 2 – L</u></p>	<p style="text-align: right;">2</p> <p>9:30 Health &amp; Nutrition –L <u>9:30 San Diego Ballet Trip: "Tchaikovsky"</u> 1:00 Zumba Exercise – L 2:00 Happy Hour – W Country w/ JL Rhythmics 3:15 <u>Hypnotism Magic w/ Dr. Jim</u></p>	<p style="text-align: right;">3</p> <p>9:30 Exercise w/ Tanya – W 10:15 Spanish Class – L <u>1:15 Jeopardy Style – L</u> 2:30 Sharp Players Music – W 6:00 Movie &amp; Popcorn–L</p>
<p style="text-align: right;">4</p> <p>10:30 Inter-Faith Service – C 11:30 Villa General Store – W 1:00 Bingo – L 2:30 Movie Matinee – L</p>	<p style="text-align: right;">5</p> <p>9:30 Shopping Trips: Walmart – \$! 10:00 Social with Uldis – L 2:00 Exercise &amp; Music with Tyrone – W <u>3:15 Wheel of Phrase – L</u></p>	<p style="text-align: right;">6</p> <p>9:30 Ralphs/Trader Joes–\$ 10:30 Card Game – L 12:45 Rite Aide – \$ 12:45 Music Class w/ Ron–L 2:30 Live 2 Be Healthy – W 3:30 Black Jack – L</p>	<p style="text-align: right;">7</p> <p>9:00 Bible Study – L 9:30 Reiki – Library 10:00 Catholic Mass – C 11:00 Con Pane Rustic Cafe in Point Loma – \$ 1:00 Creative Painting – L 2:30 Live 2 Be Healthy – L 3:30 Bunco – L</p>	<p style="text-align: right;">8</p> <p>10:00 Children's Balloon Project – W 1:30 Episcopal Service – C 2:30 Live 2 Be Healthy – W <u>3:30 Ice Cream Social &amp; Art Projects with Shari – W</u></p>	<p style="text-align: right;">9</p> <p>9:30 Health &amp; Nutrition –L <u>1:30 Veterans Pinning Ceremony – W</u> <u>2:30 Happy Hour with The Saints Band – W</u> <u>3:30 Western Religious History: Christian &amp; Pagan Animosity 112 – 312 AD – L</u></p>	<p style="text-align: right;">10</p> <p>9:30 Exercise w/ Tanya – W 10:15 Word Puzzles – L 1:00 Game Time with Jeff &amp; Zoey – L <u>3:00 Arts &amp; Crafts – L</u> 6:00 Movie &amp; Popcorn–L</p>
<p style="text-align: right;">11</p> <p>10:30 Inter-Faith Service – C 11:00 Villa General Store – W 1:00 Bingo – L 2:30 Arts &amp; Crafts – L</p> <p style="text-align: center; color: red;"><b>Veterans Day</b></p>	<p style="text-align: right;">12</p> <p>9:30 Shopping Trips: Target / Ralphs – \$! 10:00 Large Crossword – L <u>1:00 History Matters – W</u> 2:00 Exercise &amp; Music with Tyrone – W <u>3:30 Classic Comedians &amp; Their Lives – L</u></p>	<p style="text-align: right;">13</p> <p>9:30 Super Wal-Mart – \$ 10:00 Catholic Comm. – C 10:30 Write Out Loud "Theatrical Readings" – W 12:45 Music Class w/ Ron–L 12:45 CVS/Sprouts/\$ Tree–\$ 2:00 Resident Town Hall–W 2:30 Live 2 Be Healthy – W 3:30 <u>New Resident Tea – L</u></p>	<p style="text-align: right;">14</p> <p>9:00 Bible Study – L 9:45 Creative Painting – L <u>1:15 Current Events – L</u> 2:30 Live 2 Be Healthy–W 3:30 Train Dominoes – L</p>	<p style="text-align: right;">15</p> <p>10:30 Health Talk: <i>What is Home for the Holidays</i> – L 1:30 Episcopal Service – C 2:30 Live 2 Be Healthy – W <u>3:20 Western Religious History: Arrival of Constantine's Christianity–L</u> <i>Resident Birthday Lunch</i></p>	<p style="text-align: right;">16</p> <p>9:30 Health &amp; Nutrition –L 10:00 Scenic Drive 1:00 Happy Hour with Exercise w/Ruth – L 2:00 Happy Hour – W Blue Grass w/ Blue Creek <u>3:15 Healthy Living – L</u> <u>Beat the Holiday Blues</u></p>	<p style="text-align: right;">17</p> <p>9:30 Exercise w/ Tanya – W 10:15 German Class – L 1:00 Word Puzzles – L 2:00 SD Humane Society Pet Visit – L <u>3:00 Jeopardy Style – L</u> 6:00 Movie &amp; Popcorn–L</p>
<p style="text-align: right;">18</p> <p>10:30 Inter-Faith Service – C 11:00 Villa General Store – W <u>1:00 Trevor on Piano – W</u> 2:30 Jewelry Making – L</p>	<p style="text-align: right;">19</p> <p>9:30 Shopping Trips: Walmart – \$! 10:00 Social with Uldis – L <u>1:00 Wheel of Phrase – L</u> 2:00 Exercise &amp; Music with Tyrone – W <u>3:30 Key of She Ensemble Folk Music – W</u></p>	<p style="text-align: right;">20</p> <p>9:30 Shopping Trip: Ralphs/Trader Joes – \$ 10:00 Catholic Comm. – C <u>10:30 Veteran's Social &amp; Guest Speaker – L</u> 12:45 Music Class w/ Ron–L 12:45 99 Cent Store – \$ 2:30 Live 2 Be Healthy – W 3:30 Train Dominoes – L</p>	<p style="text-align: right;">21</p> <p>9:00 Bible Study – L 9:30 Reiki – Library 9:45 Creative Painting –L 11:00 IL Fornaio Italian in Coronado – \$ 2:30 Live 2 Be Healthy–W 3:30 Bunco – L</p>	<p style="text-align: right;">22</p> <p>9:00 Thanksgiving Program TV Special – L <u>11:30 – 1:30 Thanksgiving Buffet Special</u> 1:00 Large Crossword – L <u>2:30 Music Appreciation: Pilgrim &amp; Colonial Songs – W</u> <i>Happy Thanksgiving!</i></p>	<p style="text-align: right;">23</p> <p>9:30 Wii Bowling – L 1:00 Zumba Chair Exercise w/Ruth – L 2:00 Happy Hour with The Saints Band – W 3:30 Dr. Jim: <i>Christmas Weight Loss Prizes</i>–L</p>	<p style="text-align: right;">24</p> <p>9:30 Exercise w/ Tanya – W 10:15 Apples to Apples – L <u>1:30 Jeopardy Style – L</u> 3:30 Arts &amp; Crafts – L 6:00 Movie &amp; Popcorn–L</p>
<p style="text-align: right;">25</p> <p>10:30 Inter-Faith Service – C 11:00 Villa General Store – W 1:00 Bingo – L 2:30 Arts &amp; Crafts – L</p>	<p style="text-align: right;">26</p> <p>9:30 Shopping Trips: Target / Ralphs – \$! 10:00 Social with Uldis – L 1:00 Music Therapy – W 2:00 Exercise &amp; Music with Tyrone – W <u>3:15 Classic Comedians &amp; Their Lives – L</u></p>	<p style="text-align: right;">27</p> <p>9:30 Shopping Trip: Ralphs/Trader Joes – \$ 10:00 Catholic Comm. – C 10:30 Card Game – L 12:45 JCPenney/Macy's– \$ 12:45 Music Class w/ Ron–L 2:30 Live 2 Be Healthy – L 3:30 Black Jack – L</p>	<p style="text-align: right;">28</p> <p>9:00 Bible Study – L 9:45 Creative Painting –L 11:00 Anthony's Fish Grotto in La Mesa – \$ 2:30 Live 2 Be Healthy–W 3:30 Bunco – L</p>	<p style="text-align: right;">29</p> <p><u>10:00 Picnic at Mormon Battalion Historic Site</u> 1:30 Episcopal Service – C 2:30 Live 2 Be Healthy – W 3:20 <u>Western Religious History: Part 2 – Arrival of Constantine's Christianity–L</u></p>	<p style="text-align: right;">30</p> <p>9:30 Health &amp; Nutrition –L 1:00 Zumba Chair Exercise w/Ruth – L 2:00 Happy Hour with 1 Lucky Guy – W 3:15 Walking Club – Meets at Front Desk</p>	