

# November 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 9:00 Qi Gong LL 9-11 Room Bazaar Rm221 10:00 Water Color Art Rm426 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR	<b>2</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 <i>Spreckels Theatre</i> <i>"Tchaikovsky Spectacular"</i> 10-1 Medical Appointments 3:00 <b>Meet &amp; Greet</b> LL 7:10 Movie Night LL	<b>3</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
<b>4</b> <b>Sunday Dining Hours</b> <b>From 7:30am-5:30pm</b> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	<b>5</b> 8:30 Live to be Healthy LL 9:45 <b>Walmart</b> 10:00 Qi Gong LL 12:45 Basic Pencil Art Rm426 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night <b>Taste Around the World</b> <b>Israel Dinner</b>	<b>6</b> 9:45 <b>Ralphs/Trader Joe's</b> 10:45 Catholic Mass C 1:00 <b>Rite Aide</b> 2:00 Bridge for Intermediates Rm426 7:00 Bingo LL	<b>7</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <b>Con Pane Rustic Cafe</b> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 3:00 Book Club L 3:00 Nutrition Class LL 7:10 Karaoke Sing Along LL	<b>8</b> 9:00 Qi Gong LL 10:00 Water Color Art Rm426 10-1 Medical Appointments 10:00 <b>Viejcas Casino &amp; Outlets!</b> 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR	<b>9</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 10:00 <b>Residents Association Meeting</b> LL 7:10 Movie Night LL	<b>10</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour (BYO) LL 7:00 <b>Outside the Lines!</b> LL
<b>11 Veterans Day</b> <b>Sunday Dining Hours</b> <b>From 7:30am-5:30pm</b> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	<b>12</b> 8:30 Live to be Healthy LL 9:45 <b>Target/Ralphs</b> 10:00 Qi Gong LL 12:45 Basic Pencil Art Rm426 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>13</b> 9-11 <b>Manor Thrift Store</b> Rm313 9:45 <b>Super Walmart</b> 10:45 Communion Service C 1:00 <b>CVS/Sprouts/Dollar Tree</b> 1:00 Podiatrist 2:00 Bridge for Intermediates Rm426 7:00 Bingo LL	<b>14</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 3:00 Nutrition Class LL	<b>15</b> 9:00 Qi Gong LL 9-11 Room Bazaar Rm221 10:00 Water Color Art Rm426 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR <b>Birthday Dinner</b>	<b>16</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 2:00 <b>Open Forum &amp; Activity Meeting</b> LL 7:10 Movie Night LL	<b>17</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
<b>18</b> <b>Sunday Dining Hours</b> <b>From 7:30am-5:30pm</b> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	<b>19</b> 8:30 Live to be Healthy LL 9:45 <b>Walmart</b> 10:00 Qi Gong LL 12:45 Basic Pencil Art Rm426 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>20</b> 9:45 <b>Ralphs/Trader Joe's</b> 10:45 Communion Service C 1:00 <b>99 Cent Store</b> 2:00 Bridge for Intermediates Rm426 7:00 Bingo LL	<b>21</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <b>IL Fornaio Italian</b> 2:00 Beginners Bridge Rm426 7:10 Trivia Night LL	<b>22 Thanksgiving Day</b> 9:00 Qi Gong LL 10:00 Water Color Art Rm426 <b>Thanksgiving Lunch</b> <b>Starting at 11:30</b> 7:10 Poker Night CR	<b>23</b> 8:30 Live to be Healthy LL 7:10 Movie Night LL 	<b>24</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
<b>25</b> <b>Sunday Dining Hours</b> <b>From 7:30am-5:30pm</b> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	<b>26</b> 8:30 Live to be Healthy LL 9:45 <b>Target/Ralphs</b> 10:00 Qi Gong LL 12:45 Basic Pencil Art Rm426 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>27</b> 9:45 <b>Ralphs/Trader Joe's</b> 10:45 Communion Service C 1:00 Stamp Sales L 1:00 <b>Macy's Fashioned Valley</b> 2:00 Bridge for Intermediates Rm426 3:00 <b>Health Topic</b> LL 7:00 Bingo LL	<b>28</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <b>Anthony's Fish Groto</b> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 3:00 Nutrition Class LL 7:10 Karaoke Sing Along LL	<b>29</b> 9:00 Qi Gong LL 10:00 Water Color Art Rm426 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR	<b>30</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 2:00 Manor Chat LL 3:30 <b>Cocktail Hour &amp; Music</b> LL 7:10 Movie Night LL	