



St. Paul's Villa First Floor Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Please check the front desk for any changes to the calendar.</p> <p>License # 370804823</p>		<p>9:00 Daily Chronicle 9:15 Write April Fools' Cards 10:00 Catholic Mass – C 10:15 Stretch & Flex 10:45 Nature Walk 1:30 Flexibility Exercise 2:30 Writing Puzzles 3:15 American Musical</p>	<p>9:00 Daily Chronicle 9:15 It's Puzzling 10:15 Puzzle Sensory 10:15 Meditation 10:45 Nature Walk 1:30 Christian Worship 2:15 Cardio Exercise 3:15 Health Talk – Liver 3:15 Find the Liver & Get Your Smoothies</p>	<p>9:00 Daily Chronicle 9:15 Math Multiply Contest 10:15 Nature Walk 1:30 Happy Hour – W "Big Band Music" 2:45 Happy Hour – W "Big Band"</p>	<p>9:00 Daily Chronicle 9:30 Word Puzzles 1:15 Easter Greeting Cards – W 2:30 MINDing Motion – W 3:30 Shooting Range 6:00 Movie Time</p>
<p>9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service – C 1:30 Ice Cream Social & Afternoon TV Show 1:30 Palm Sunday History & Tradition – L 2:30 Aroma Therapy <i>Palm Sunday</i></p>	<p>9:00 Daily Chronicle 9:15 Generational Music 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Mind Fitness–Category 1:30 Find That Number 2:15 Spin to Lacrosse 3:00 Lacrosse Discussion 3:15 Dining Room Setting 3:15 Yoga & Relaxation</p>	<p>9:00 Daily Chronicle 9:30 Large Crossword 10:00 Catholic Comm. – C 10:15 April Talk 12:45 Music Appreciation 1:45 Strength Exercise 2:45 Drama Club 3:00 Table Setting for Tea 3:30 Afternoon Tea Toast</p>	<p>9:00 Daily Chronicle 9:30 Home Improvement 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Flexibility Exercise 2:30 Spelling Contest 3:15 Finish This Line</p>	<p>9:00 Daily Chronicle 9:15 Brain Count: "I's" & "Y's" 10:15 Puzzle Sensory 10:15 Meditation 10:45 Nature Walk 1:30 Christian Worship 2:15 Cardio Exercise 3:15 Drum Circle & Smoothies</p>	<p>9:00 Daily Chronicle 9:15 Men's Spa 10:00 Band Resist. Exercise 10:15 Nature Walk 1:30 Happy Hour – W "Crooners" 2:45 Happy Hour – W "Crooners"</p>	<p>9:00 Daily Chronicle 9:30 Mad Libs 10:15 Stretch & Flex 1:15 Sensory Play Doh 2:15 Evening Walk 3:15 Connect 4 6:00 Movie Time</p>
<p>9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service – C 11:30-1:30 Easter Meal 1:30 Ice Cream Social & Afternoon TV Show 2:45 Easter Egg Hunt – W <i>Happy Easter</i></p>	<p>9:00 Daily Chronicle 9:15 Make Some Noise 10:15 Stretch & Flex 10:30 Nature Walk 1:30 Mind Fitness–Category 1:30 Find That Letter 2:30 Arts & Crafts</p>	<p>9:00 Daily Chronicle 9:30 Model Wood Builds 9:30 Model Car Play 10:00 Catholic Comm. – C 10:15 Bingo 12:45 Music Appreciation 1:45 Strength Exercise 2:45 Music Therapy w/Jen 3:30 Smoothies & Social Time</p>	<p>9:00 Daily Chronicle 9:30 About My Generation 9:30 Missing Letter & Spelling 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Happy Hour – W "1950s" 2:45 Happy Hour – W "1950s"</p>	<p>9:00 Daily Chronicle 9:15 Joggin' Your Noggin 10:15 Puzzle Sensory 10:15 Meditation 10:45 Nature Walk 1:30 Christian Worship 2:15 Cardio Exercise 3:15 Drum Circle & Smoothies <i>Resident Birthday Lunch</i></p>	<p>9:00 Daily Chronicle 9:15 Makeover Creations 10:15 History of Easter, the Bunny & Celebrations – L 1:00 Strong & Long Brain 2:15 Writing Puzzles 3:15 Dancercise & Snacks 3:15 Drama Club</p>	<p>9:00 Daily Chronicle 9:30 Word Puzzles 10:15 Stretch & Flex 1:30 Afternoon Walk 2:30 MINDing Motion – L 3:30 Shooting Range 6:00 Movie Time</p>
<p>9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social & Afternoon TV Show 2:15 Mind Games 3:15 Documentary Showing & Discussion</p>	<p>9:00 Daily Chronicle 9:15 Generational Music 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Happy Hour – W "1960s" 2:45 Happy Hour – W "1960s"</p>	<p>9:00 Daily Chronicle 9:30 Large Crossword 10:00 Catholic Comm. – C 10:15 Dramatic Reading 12:45 Music Appreciation 1:45 Strength Exercise 2:45 Music Therapy w/Jen 3:30 Smoothies & Social Time</p>	<p>9:00 Daily Chronicle 9:30 Home Improvement 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Flexibility Exercise 2:30 Writing Puzzles 3:15 Finish This Line 3:15 Earth Day Discussion & Games <i>Earth Day</i></p>	<p>9:00 Daily Chronicle 9:15 It's Puzzling 10:15 Puzzle Sensory 10:15 Meditation 10:45 Nature Walk 1:30 Christian Worship 2:15 Cardio Exercise 3:15 Drum Circle & Smoothies</p>	<p>9:00 Daily Chronicle 9:15 Math Adding Contest 10:00 Band Resist. Exercise 1:30 English Grammar Crazy 1:30 Find the Quotations 2:15 Bolo Push 3:00 Hungry Hippos – W 3:45 Walking Club with AL</p>	<p>9:00 Daily Chronicle 9:30 Mad Libs 10:15 Stretch & Flex 1:15 Sensory Play Doh 2:15 Evening Walk 3:15 Connect 4 6:00 Movie Time</p>
<p>9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social & Afternoon TV Show 2:15 Mind Games</p>	<p>9:00 Daily Chronicle 9:15 Make Some Noise 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Happy Hour – W "Classic Country" 2:45 Happy Hour – W "Classic Country"</p>	<p>9:00 Daily Chronicle 9:30 Large Crossword 10:00 Catholic Comm. – C 10:15 Bingo 12:45 Music Appreciation 1:45 Strength Exercise 2:30 Animal Exploration Lazy Sloths 3:30 Smoothies & Social Time</p>	<p>9:00 Daily Chronicle 9:30 News & Views 9:30 Missing Letter & Spelling 10:00 Stretch & Flex 10:15 Nature Walk 1:30 Flexibility Exercise 2:15 Write On-Vacation Cards 3:15 American Musical</p>	<p>9:00 Daily Chronicle 9:30 Villa Reflections Slide Show & Skit – L 10:15 Puzzle Sensory 10:45 Nature Walk 1:30 Christian Worship 2:15 Cardio Exercise 3:15 Drum Circle & Smoothies</p>	<p>L- Living Room C- Chapel W- Waterman Ballroom SFC- 2nd floor conference \$- At your own expense P- Patio</p>	<p>2340 Fourth Ave San Diego, CA 92101 (619) 232-2996 *Fax (619) 232-0451 License # 370804823</p>