



St. Paul's Villa Reflections Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2340 Fourth Ave San Diego, CA 92101 (619) 232-2996 *Fax (619) 232-0451 License # 37080482</p>		<p>1 9:30 Daily Chronicle 10:00 <u>Large Crossword</u> 10:30 Catholic Mass 12:45 Music Appreciation w/Ron 2:00 Bunco 2:45 Cardio Exercise 3:15 Smoothies & Social Time</p>	<p>2 9:30 Daily Chronicle 10:00 <u>Father's Day Cards</u> 10:30 Nature Walk 1:30 Live 2 Be Healthy 2:30 Wheel of Fortune 2:30 Drama Club</p>	<p>3 9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Christian Worship 1:30 <u>Joggin' Your Noggin</u> 12:45 <u>Scenic Drive</u> 2:15 Meditation & Walk 3:00 <u>Health Talk – Leg Muscle</u> 3:00 Find Your Legs & Get Your Smoothies</p>	<p>4 9:30 Daily Chronicle 10:00 Men's Spa 10:15 Jean's Health Class 10:45 Nature Walk 2:00 Happy Hour – W "Classic Country" 3:15 Yoga & Relaxation</p>	<p>5 9:30 Daily Chronicle 10:00 <u>Mad Libs</u> 1:15 Sensory Exercises 2:30 Minding Motion – W 3:30 Psychology 101 6:00 Movie Time</p>
<p>6 9:30 Daily Chronicle 10:00 Nature Walk 10:30 Mind Games 1:30 Ice Cream Social & Afternoon TV Show 1:30 Chaplain Visits 2:15 Board Games 3:15 Aroma Therapy</p>	<p>7 9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 <u>Make Some Noise</u> 10:30 Nature Walk 1:30 <u>Mind Fitness–Category</u> 1:30 <u>Find That Letter</u> 2:15 <u>Bowling for Dads</u> 3:00 Bowling Discussion 3:15 Go Fish 3:15 Yoga & Relaxation</p>	<p>8 9:30 Daily Chronicle 10:00 <u>Writing Puzzles</u> 10:30 Painting 10:30 Catholic Comm. 12:45 Music Appreciation w/Ron 2:00 Pokeno 3:00 <u>Island Trim Party – W "Skit, Music, & Food"</u></p>	<p>9 9:30 Daily Chronicle 10:00 <u>Apple Pie Day</u> 10:00 Drum Exercise 10:30 Stretch & Flex 10:30 Nature Walk 1:30 Live 2 Be Healthy 1:45 <u>Music & Discussion w/Trevor</u> 2:30 Classic Concentration 3:00 Spelling Contest</p>	<p>10 9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Christian Worship 1:30 <u>Brain Count: "I's" & "Y's"</u> 1:30 Puzzle Sensory 2:15 <u>National Bubble Day</u> 2:15 Meditation & Exercise 3:00 Table Manners & Social Etiquette 3:15 Smoothies & Social Time</p>	<p>11 9:30 Daily Chronicle 10:00 Math Multiply Contest 10:15 Jean's Health Class 10:45 Band Resist. Exercise 1:00 Uno 2:00 Happy Hour – W "Double Take" 3:15 Music & Relaxation</p>	<p>12 9:30 Daily Chronicle 10:00 <u>Stay Informed</u> 10:45 Stretch & Flex 1:30 <u>Word Puzzles</u> 2:30 <u>Summer Solstice Stations "Cards, Décor, Ornaments, & Food"</u> – W 6:00 Movie Time</p>
<p>13 9:30 Daily Chronicle 10:00 Nature Walk 10:30 Current Events 1:30 Ice Cream Social & Afternoon TV Show 1:30 Chaplain Visits 2:15 <u>Jerky Day</u> 2:15 Aroma Therapy</p>	<p>14 9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 <u>National Bubble Day</u> 10:45 Nature Walk 1:30 <u>English Grammar Crazy</u> 1:30 Find the Homonyms 2:15 Baseball 3:00 Baseball Discussion 3:15 <u>Travels to Sweden – L Mid-Summer's Christmas</u></p>	<p>15 9:30 Daily Chronicle 10:00 <u>June Talk</u> 10:30 Catholic Comm. 2:00 Bunco 2:00 <u>Nature Photography Day</u> 2:45 Table Setting for Tea 3:15 Afternoon Tea Toast</p>	<p>16 9:30 Daily Chronicle 9:45 <u>Missing Letters & Spelling</u> 10:00 <u>You Be the Judge</u> 10:45 Stretch & Flex 10:45 Nature Walk 1:30 Name that Tool 1:30 Live 2 Be Healthy 2:30 Nail Polish Day 3:15 Jeopardy</p>	<p>17 9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Christian Worship 1:30 <u>Brain Count: "I's" & "Y's"</u> 1:30 Puzzle Sensory 2:00 <u>Solstice Cooking – L & Summer Reminisce</u> 2:15 <u>Random Trivia</u> 3:15 Smoothies & Social Time <i>Resident Birthday Lunch</i></p>	<p>18 9:30 Daily Chronicle 10:00 <u>Tasty Treats</u> 10:45 Nature Walk 2:00 Happy Hour – W "Many Strings" 3:15 Yoga & Relaxation</p>	<p>19 9:30 Daily Chronicle 10:00 <u>Mad Libs</u> 10:45 Stretch & Flex 1:15 Sensory Exercises 2:30 Minding Motion – W 3:30 <u>Father's Special: Belly Dancer Show – W</u> 6:00 Movie Time</p>
<p>20 9:30 Daily Chronicle 10:00 Nature Walk 10:30 Laugh it Off 11:30 <u>Father's BBQ Lunch</u> 1:30 Ice Cream Social & Afternoon TV Show 1:30 Chaplain Visits 2:30 <u>Father's Day Puzzles</u> 3:15 Aroma Therapy <i>Father's Day</i></p>	<p>21 9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 <u>Make Some Noise</u> 10:30 Nature Walk 1:30 <u>Mind Fitness–Numbers</u> 1:30 <u>For Love of Art: Hammer Museum</u> 2:30 Arts & Crafts <i>Summer Solstice Eve</i></p>	<p>22 9:30 Daily Chronicle 10:00 Catholic Comm. 10:30 Music Therapy 10:30 <u>Write Out Loud</u> "Theatrical Readings" – W 2:00 Pokeno 2:00 Short Fables & Legends 6:00 <u>Santa's Summer Solstice Event – W Music, Food & Dance</u> <i>Merry Summer Solstice</i></p>	<p>23 9:30 Daily Chronicle 10:00 Arts & Crafts 10:30 Stretch & Flex 10:30 Nature Walk 1:30 Live 2 Be Healthy 2:30 <u>Eat Your Veggies Day</u> 3:15 American Musical 3:15 Family Feud</p>	<p>24 9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Christian Worship 11:30 Picnic Outing Lake Murray & Marie Callender's 3:00 Jim on Piano 3:15 Smoothies & Social Time</p>	<p>25 9:30 Daily Chronicle 10:15 Math Division Contest 10:45 Band Resist. Exercise 10:45 Nature Walk 1:00 Uno 2:00 Happy Hour – W "Blue Creek" 3:15 Music & Relaxation</p>	<p>26 9:30 Daily Chronicle 10:00 <u>Stay Informed</u> 10:45 Stretch & Flex 1:30 <u>Live Pet Visit from Humane Society – W</u> 3:00 <u>Afternoon Tea Toast– W</u> 6:00 Movie Time</p>
<p>27 9:30 Daily Chronicle 10:00 Current Events 10:45 Nature Walk 1:30 Ice Cream Social & Afternoon TV Show 1:30 Chaplain Visits 2:15 Flex & Stretch 3:15 Documentary Showing & Discussion</p>	<p>28 9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Baseball 10:45 Nature Walk 1:30 <u>English Grammar Crazy</u> 1:30 Find the Homophones 2:15 Egg Roll Day 3:30 Historical Pictures 3:30 History Matters with Gary the History Guy – W</p>	<p>29 9:30 Daily Chronicle 10:00 <u>Large Crossword</u> 10:30 Catholic Comm. 2:00 Bunco 2:00 Yahtzee 2:45 Table Setting for Tea 3:15 Afternoon Tea Toast</p>	<p>30 9:30 Daily Chronicle 9:45 <u>Missing Letters & Spelling</u> 10:00 <u>You Be the Judge</u> 10:45 Stretch & Flex 10:45 Nature Walk 1:30 Name that Tool 1:30 Live 2 Be Healthy 2:30 Classic Concentration 3:30 <u>Music Appreciation History of Surf Music – W</u></p>	 <p>L- Living Room C- Chapel W- Waterman Ballroom SFC- 2nd floor conference \$- At your own expense P- Patio</p>	