


St. Paul's Villa First Floor Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please check the front desk for any changes to the calendar.</p> <p><b>License #</b> <b>370804823</b></p>	 <p><b>St. Patrick's Day</b></p>	<p>2340 Fourth Ave San Diego, CA 92101 (619) 232-2996 *Fax (619) 232-0451</p>	<p><b>March</b></p>	<p>L- Living Room C- Chapel W- Waterman Ballroom SFC- 2<sup>nd</sup> floor conference \$- At your own expense P- Patio</p>	<p>9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Aerobic Exercise 10:15 Nature Walk 1:00 Happy Hour w/Jocelyn 2:30 Bingo 3:30 Snacks &amp; Social 3:30 Evening Walk</p>	<p>2 9:00 Daily Chronicle 9:30 Mardi Gras Puzzles &amp; Games 10:15 Band Exercise 1:30 Mad Libs 2:30 MINDing Motion-W 3:30 Sunshine &amp; Songs 6:00 Movie &amp; Popcorn</p>
<p>3 9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social &amp; Afternoon TV Show 2:30 Spa, Nails &amp; Style 3:30 Evening Walk</p>	<p>4 9:00 Daily Chronicle 9:15 Dr. Tom Social Studies 10:00 Stretch &amp; Flex 10:15 Nature Walk 1:30 Mind Fitness-Category 1:30 Find That Letter 2:15 Mardi Gras Bowling 3:00 Bowling Discussion 3:15 Mardi Gras with the Bayou Brothers - W</p>	<p>5 9:00 Daily Chronicle 9:30 Large Crossword 10:15 Bunco 12:45 Music Class w/ Ron - L 1:30 Live to Be Healthy 2:30 Music Therapy 3:30 Evening Walk 3:30 Smoothies &amp; Social Time</p> <p>Fat Tuesday</p>	<p>6 9:00 Daily Chronicle 9:30 Write A St. Patrick's Card 10:00 Catholic Mass - C 10:15 Stretch &amp; Flex 1:30 Live to Be Healthy 2:30 Spanish Class 3:30 Laughter Yoga 3:30 Snack &amp; Social Time</p>	<p>7 9:00 Daily Chronicle 10:00 Flying Leathernecks Aviation Museum &amp; Picnic 1:30 Live to be Healthy 2:30 Christian Worship - C 3:30 Health Talk - Body Mass Index 3:30 Name that Body Part &amp; Get Your Smoothies</p>	<p>8 9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Band Resist. Exercise 10:15 Nature Walk 1:00 Happy Hour w/Zina 2:30 Black Jack 3:30 Snacks &amp; Social 3:30 Balloon Tennis &amp; Snacks</p>	<p>9 9:30 Exercise w/ Karina - W 10:15 Mardi Gras Art Projects 1:30 Word Puzzles 2:30 Evening Walk 3:00 Rhinestone Grannies Mardi Gras-W 6:00 Movie &amp; Popcorn</p>
<p>10 9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social &amp; Afternoon TV Show 3:30 Evening Walk</p>	<p>11 9:00 Daily Chronicle 9:15 Dr. Tom Social Studies 10:00 Stretch &amp; Flex 10:15 Nature Walk 1:00 History Matters - W 2:15 Spin to Lacrosse 3:00 Lacrosse Discussion 3:15 Ballet Exercise &amp; Music w/ Tyrone 3:15 Laundry Folding</p>	<p>12 9:00 Daily Chronicle 9:30 Large Crossword 10:00 Catholic Comm. - C 10:15 Brain Long Dominoes 12:45 Music Class w/ Ron - L 1:30 Live to Be Healthy 2:30 When We Were Young: "Love of Siblings" - L 2:30 Brain Truth or False 3:30 Evening Walk 3:30 Afternoon Tea Toast</p>	<p>13 9:00 Daily Chronicle 9:30 News &amp; Views 9:30 Random Trivia 10:00 Stretch &amp; Flex 10:15 Nature Walk 1:30 Live to be Healthy 2:30 Science Experiment 3:30 Evening Walk 3:30 Snack &amp; Social Time</p>	<p>14 9:00 Daily Chronicle 9:15 Brain Count: "I's" &amp; "Y's" 10:00 Community Youth Visit Project - W 10:45 Nature Walk 1:30 Live to be Healthy 2:30 Christian Worship 3:15 Yoga Talk &amp; Smoothies 3:45 Yoga Meditation</p>	<p>15 9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Aerobic Exercise 10:15 Nature Walk 1:00 Happy Hour w/Jim 2:30 Brain Long Dominoes 3:15 St. Patrick's Trivia, Interesting Snacks, &amp; Facts - L 3:15 Find that Green Color</p>	<p>16 9:00 Daily Chronicle 9:30 Mad Libs 10:00 St. Patrick's Parade Walk - Lobby 1:30 Gospel with the Browns 2:30 SD Humane Society 2:30 MINDing Motion-W 3:15 St. Patrick's Arts &amp; Crafts - L 6:00 Movie &amp; Popcorn</p>
<p>17 9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social &amp; Afternoon TV Show 2:30 St. Patrick's Dance "Irish Style" - W 3:30 Evening Walk</p> <p><b>St. Patrick's Day</b></p>	<p>18 9:00 Daily Chronicle 9:15 Dr. Tom Social Studies 10:15 Stretch &amp; Flex 10:15 Nature Walk 1:30 Mind Fitness-Category 1:30 Find That Number 2:15 Parachute Rumbling 3:00 Parachute Discussion 3:15 St Patrick's Coloring Book Social 3:15 Household Chores</p>	<p>19 9:00 Daily Chronicle 9:15 Large Crossword 10:00 Catholic Comm. - C 10:15 Bunco 12:45 Music Class w/ Ron - L 1:30 Live to Be Healthy 2:30 Music Therapy 3:30 Evening Walk 3:30 Smoothies &amp; Social Time</p>	<p>20 9:00 Daily Chronicle 9:30 You Be the Judge 9:30 Missing Letters &amp; Spelling 10:00 Stretch &amp; Flex 10:15 Nature Walk 1:30 Live to Be Healthy 2:30 Drama Club 2:30 Short Fables 3:30 Laughter Yoga 3:30 Snack &amp; Social Time</p>	<p>21 10:00 Daily Chronicle 10:15 Brain Ordered Numbers 10:15 Puzzle Sensory 10:45 Nature Walk 1:30 Live to be Healthy 2:30 Christian Worship 3:15 March Talk/Smoothies 3:15 Table Setting</p> <p>Resident Birthday Lunch</p>	<p>22 9:00 Daily Chronicle 9:15 Social Studies w/Dr. Tom 10:00 Band Resist. Exercise 10:15 Nature Walk 1:00 Happy Hour w/Trevor 2:00 Tasty Cooking Class 3:00 Joggin' Your Noggin with Common 3:30 Evening Walk</p>	<p>23 9:00 Daily Chronicle 9:30 Word Puzzles 10:30 Band Exercise 1:30 Mad Libs 2:15 Evening Walk 3:30 Sing-A-Long 6:00 Movie &amp; Popcorn</p>
<p>24/31 9:00 Daily Chronicle 9:30 Nature Walk 10:30 Inter-Faith Service - C 1:30 Ice Cream Social &amp; Afternoon TV Show 2:30 Evening Walk 3:00 Documentary Showing &amp; Discussion</p>	<p>25 9:00 Daily Chronicle 9:15 Math Games 10:00 Stretch &amp; Flex 10:15 Nature Walk 1:30 English Grammar Crazy 1:30 Punctuation Fun 2:15 Coloring Competition 2:45 Coloring Discussion 3:15 Ballet Exercise &amp; Music w/ Tyrone 3:15 Table Setting</p>	<p>26 9:00 Daily Chronicle 9:30 Large Crossword 10:00 Catholic Comm. - C 10:15 Laura on Guitar 12:45 Music Class w/ Ron - L 1:30 Live to Be Healthy 2:30 Science Revelations: Drilling to Earth's Core 2:30 Brain Truth or False 3:30 Smoothies &amp; Social Time</p>	<p>27 9:00 Daily Chronicle 9:30 Spelling Contest 9:30 Random Smiles 10:00 Stretch &amp; Flex 10:15 Nature Walk 1:30 Live to be Healthy 2:30 Drama Club 2:30 Short Stories 3:30 Evening Walk 3:30 Snack &amp; Social Time</p>	<p>28 9:00 Daily Chronicle 9:30 It's Puzzling 10:40 Music Appreciation: Ireland &amp; Scotland - W 10:15 Basketball Toss 1:30 Live to be Healthy 2:30 Christian Worship 3:15 Yoga Talk &amp; Smoothies 3:45 Yoga Meditation</p>	<p>29 9:00 Daily Chronicle 9:15 Math Games 10:00 Aerobic Exercise 10:15 Nature Walk 1:00 Happy Hour w/Jlm 2:30 Brain Calculators 3:30 Brain Fit Calendars 3:30 Evening Walk</p>	<p>30 9:00 Daily Chronicle 9:30 Word Puzzles 10:30 Band Exercise 1:00 Arts &amp; Crafts 2:30 Evening Walk 3:30 Sing-A-Long 6:00 Movie &amp; Popcorn</p>