

St. Paul's Villa First Floor Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please check the front desk for any changes to the calendar.</p> <p><b>License # 370804823</b></p>				<p><b>February</b></p>	<p>9:00 Daily Chronicle            9:15 Social Studies w/Dr. Tom            10:00 Aerobic Exercise            10:15 Nature Walk            1:00 Happy Hour w/Jocelyn            2:30 Bingo            3:30 Snacks &amp; Social            3:30 Evening Walk</p>	<p>9:00 Daily Chronicle            9:30 Word Puzzles            10:30 Band Exercise            1:30 Valentine's Crafts            2:30 Evening Walk            3:30 Sunshine &amp; Songs            6:00 Movie &amp; Popcorn</p>
<p>9:00 Daily Chronicle            9:30 Nature Walk            10:30 Inter-Faith Service - C            1:30 Ice Cream Social &amp; Afternoon TV Show            2:30 Spa, Nails &amp; Style            3:30 Evening Walk</p>	<p>9:00 Daily Chronicle            9:15 Dr. Tom Social Studies            10:00 Stretch &amp; Flex            10:15 Nature Walk            1:30 Mind Fitness--Category            1:30 Find That Letter            2:15 Valentine's Bowling            3:00 Bowling Discussion            3:15 Household Art</p>	<p>9:00 Daily Chronicle            9:30 Large Crossword            10:00 Catholic Comm. - C            10:30 Bunco            12:45 Music Class w/ Ron - L            1:30 Live to Be Healthy            2:30 When We Were Young            "Your First Date"            3:30 Evening Walk            3:30 Smoothies &amp; Social Time</p>	<p>9:00 Daily Chronicle            9:30 Write A Valentine's Card            10:00 Catholic Mass - C            10:15 Stretch &amp; Flex            1:30 Live to Be Healthy            2:30 Spanish Class            3:30 Laughter Yoga            3:30 Snack &amp; Social Time</p>	<p>9:00 Daily Chronicle            10:00 Outing to Balboa Park SD Natural History Museum            1:30 Live to be Healthy            2:30 Episcopal Service            3:30 Health Talk - How the Nerves Work            3:30 Point out the Nerves &amp; Smoothies</p>	<p>9:00 Daily Chronicle            9:15 Social Studies w/Dr. Tom            10:00 Band Resist. Exercise            1:00 Happy Hour w/Zina            2:30 Black Jack            3:30 Brain Fit Calendars            3:30 Evening Walk</p>	<p>9:30 Exercise w/ Tanya - W            10:15 Valentine's Cards with Junior League - W            1:00 Arts &amp; Crafts            2:30 Evening Walk            6:00 Movie &amp; Popcorn</p>
<p>9:00 Daily Chronicle            9:30 Nature Walk            10:30 Inter-Faith Service - C            1:30 Ice Cream Social &amp; Afternoon TV Show            2:30 Bingo            3:30 Evening Walk</p>	<p>9:00 Daily Chronicle            9:15 Dr. Tom Social Studies            10:00 Stretch &amp; Flex            10:15 Nature Walk            1:00 History Matters - W            3:15 Ballet Exercise &amp; Music w/ Tyrone            3:15 Laundry Folding</p>	<p>9:00 Daily Chronicle            9:30 Large Crossword            10:00 Catholic Comm. - C            10:30 Brain Long Dominoes            12:45 Music Class w/ Ron - L            1:30 Live to Be Healthy            2:30 Music Therapy            2:30 Brain Truth or False            3:30 Evening Walk            3:30 Afternoon Tea Toast</p>	<p>9:00 Daily Chronicle            9:30 Chinese New Year            9:30 Random Trivia            10:00 Stretch &amp; Flex            10:15 Nature Walk            1:30 Live to be Healthy            2:30 Science Experiment            3:30 Evening Walk            3:30 Snack &amp; Social Time</p>	<p>9:00 Daily Chronicle            9:15 Brain Count: "I's" &amp; "Y's"            10:00 Community Youth Visit Project - W            10:30 Live to be Healthy            1:30 Valentine's Couple            Celebration Music - W            2:30 Episcopal Service            3:15 February Talk/Smoothie            3:15 Evening Walk</p>	<p>9:00 Daily Chronicle            9:15 Social Studies w/Dr. Tom            10:00 Aerobic Exercise            10:15 Nature Walk            1:00 Happy Hour w/Jim            2:30 Brain Long Dominoes            3:30 Snacks &amp; Social            3:30 Balloon Tennis &amp; Snacks</p>	<p>9:00 Daily Chronicle            9:30 Word Puzzles            10:30 Band Exercise            1:30 Valentine's Show with the Browns            2:30 SD Humane Society            3:30 Sunshine &amp; Songs            6:00 Movie &amp; Popcorn</p>
<p>9:00 Daily Chronicle            9:30 Nature Walk            10:30 Inter-Faith Service - C            1:30 Ice Cream Social &amp; Afternoon TV Show            2:30 Spa, Nails &amp; Style            3:30 Evening Walk</p>	<p>9:00 Daily Chronicle            9:30 Presidential Puzzles &amp; Games            10:15 Stretch &amp; Flex            10:15 Nature Walk            1:00 Dr. Richard Lederer - L            Fascinating Presidents' Facts            2:30 Mind Fitness--Category            2:30 Find That Number            3:15 Parachute Rumbling            Presidents' Day</p>	<p>9:00 Daily Chronicle            9:15 Large Crossword            10:00 Catholic Comm. - C            10:00 Scenic Drive            12:45 Music Class w/ Ron - L            1:30 Live to Be Healthy            2:30 Science Revelations: Running with Prosthetics            3:30 Evening Walk            3:30 Smoothies &amp; Social Time</p>	<p>9:00 Daily Chronicle            9:30 You Be the Judge            9:30 Missing Letters &amp; Spelling            10:00 Stretch &amp; Flex            10:15 Nature Walk            1:30 Live to Be Healthy            2:30 Drama Club            2:30 Short Stories            3:30 Laughter Yoga            3:30 Snack &amp; Social Time</p>	<p>10:00 Daily Chronicle            10:15 Brain Purchasing Problems            10:15 Puzzle Sensory            10:45 Nature Walk            1:30 Live to be Healthy            2:30 Episcopal Service            3:15 Yoga Talk &amp; Smoothies            3:45 Yoga Meditation            Resident Birthday Lunch</p>	<p>9:00 Daily Chronicle            9:15 Social Studies w/Dr. Tom            10:00 Band Resist. Exercise            10:15 Nature Walk            1:00 Joggin' Your Noggin with Common            2:00 Tasty Cooking Class            3:00 Happy Hour w/Trevor            4:00 Evening Walk</p>	<p>9:00 Daily Chronicle            9:30 Word Puzzles            10:30 Band Exercise            1:30 Mardi Gras Art            2:15 Evening Walk            3:00 Puppet Show "Musical Puppeteer"-W            6:00 Movie &amp; Popcorn</p>
<p>9:00 Daily Chronicle            9:30 Nature Walk            10:30 Inter-Faith Service - C            1:30 Ice Cream Social &amp; Afternoon TV Show            2:30 Evening Walk            3:00 Documentary Showing Discussion            4:00 Oscars on TV - L</p>	<p>9:00 Daily Chronicle            9:15 Dr. Tom Social Studies            10:00 Stretch &amp; Flex            10:15 Nature Walk            1:30 English Grammar Crazy            1:30 Nouns &amp; Verbs            2:15 Coloring Competition            2:45 Coloring Discussion            3:15 Ballet Exercise &amp; Music w/ Tyrone</p>	<p>9:00 Daily Chronicle            9:30 Large Crossword            10:00 Catholic Comm. - C            10:15 Laura on Guitar            12:45 Music Class w/ Ron - L            1:30 Live to Be Healthy            2:30 Music Therapy            2:30 Brain Truth or False            3:30 Villa Oscar Party - W</p>	<p>9:00 Daily Chronicle            9:30 Spelling Contest            9:30 Random Smiles            10:00 Stretch &amp; Flex            10:15 Nature Walk            1:30 Live to be Healthy            2:30 Drama Club            2:30 Short Stories            3:30 Evening Walk            3:30 Snack &amp; Social Time</p>	<p>9:00 Daily Chronicle            9:30 It's Puzzling            10:40 Music Appreciation: Renaissance &amp; Its Times - W            10:15 Basketball Toss            1:30 Live to be Healthy            2:30 Episcopal Service            3:30 Health Talk - Iron Mineral Importance            3:30 Iron Flex &amp; Smoothies</p>	<p>2340 Fourth Ave            San Diego, CA 92101            (619) 232-2996            *Fax (619) 232-0451</p>	<p>L- Living Room            C- Chapel            W- Waterman Ballroom            SFC- 2<sup>nd</sup> floor conference            \$- At your own expense            P- Patio</p>