

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please check the front desk for any changes to the calendar.</p> <p>License # 370804823</p>	<p>L- Living Room C- Chapel W- Waterman Ballroom SFC- 2nd floor conference \$- At your own expense P- Patio</p>				<p>1 9:30 Health & Nutrition –L 1:00 Zumba Chair Exercise w/Ruth – L 2:00 Happy Hour – W Gary Burt's Crooners</p>	<p>2 9:30 Exercise w/ Tanya – W 1:00 Jeopardy Style – L 2:30 MINDing Motion–W 3:30 Arts & Crafts – L 6:00 Saturday Movie – L</p>
<p>3 10:30 Inter-Faith Service – C 11:00 Villa General Store – W 1:00 Bingo – L 3:30 Super Bowl Party "Snacks, Dinner, & Fun" – L 6:00 Sunday Movie – L</p>	<p>4 9:30 Shopping Trip: Target / Ralphps – \$! 10:00 Social with Uldis – L 1:00 Wheel of Phrase – L 2:00 Exercise & Music with Tyrone – W</p>	<p>5 9:30 Super Wal-Mart – \$ 10:00 Fitness Workshop with Sojourn & Gym Guys 12:45 Music Class w/ Ron–L 12:45 Rite Aide – \$ 2:30 Live 2 Be Healthy – W 3:30 Black Jack – L</p>	<p>6 9:00 Bible Study – L 10:00 Catholic Mass – C 11:00 Gordon Biersch in Mission Valley – \$ 2:30 Live 2 Be Healthy – L 3:30 Bunco – L</p>	<p>7 10:30 Veteran's Social & Guest Speaker – L 1:30 American Biography Explorers & Inventors: Eli Whitney & Lewis & Clark – L 2:30 Live 2 Be Healthy – W 3:30 Episcopal Service – C</p>	<p>8 9:30 Health & Nutrition –L 1:00 Zumba Chair Exercise w/Ruth – L 2:00 Happy Hour with The Saints Band & The Parasol Strutters – W 3:30 Hollywood's Easy Weight Loss w/Dr. Jim – L</p>	<p>9 9:30 Exercise w/ Tanya – W 10:15 Valentine's Cards with Junior League – W 1:00 Game Time with Jeff & Zoey – L 3:30 Drama Club – L 6:00 Saturday Movie – L</p>
<p>10 10:30 Inter-Faith Service – C 11:00 Villa General Store – W 1:00 Bingo – L 6:00 Sunday Movie – L</p>	<p>11 9:30 Shopping Trip: Walmart – \$! 10:00 Social with Uldis – L 1:00 History Matters – W 2:00 Exercise & Music with Tyrone – W 3:00 Large Crossword – L</p>	<p>12 9:30 Shopping Trip: Ralphps/Trader Joes – \$ 10:00 Catholic Comm. – C 10:30 Write Out Loud "Theatrical Readings" – W 12:45 Music Class w/ Ron–L 12:45 CVS/Sprouts/\$ Tree–\$ 2:00 Resident Town Hall–W 2:30 Live 2 Be Healthy – W 3:30 Spades Card – L</p>	<p>13 9:00 Bible Study – L 9:45 Creative Painting – L 1:15 Current Events – L 2:30 Fitness Test with Live 2 Be Healthy – W 3:30 Bunco – L</p>	<p>14 10:00 Community Youth Visit Project – W 1:30 Valentine's Couple Celebration Music – W 2:30 Live 2 Be Healthy – W 3:30 Episcopal Service – C</p> <p><i>Valentine's Day</i></p>	<p>15 9:30 Zumba Chair Exercise w/Ruth – L 1:00 Scenic Drive 2:00 Happy Hour – W One Lucky Guy 3:15 Influential Writers of Modern Society – L</p>	<p>16 9:30 Exercise – W 10:15 When We Were Young: Your First Date–L 1:00 Jeopardy Style – L 2:00 SD Humane Society Pet Visit – W 2:30 MINDing Motion–W 3:30 Train Dominoes – L 6:00 Saturday Movie – L</p>
<p>17 10:30 Inter-Faith Service – C 11:00 Villa General Store – W 1:00 Bingo – L 6:00 Sunday Movie – L</p>	<p>18 10:00 Presidential Puzzles & Games – L 1:00 Dr. Richard Lederer: Fascinating Facts About Our Presidents – L 2:30 Exercise & Music with Tyrone – W</p> <p><i>Presidents' Day</i></p>	<p>19 9:30 Shopping Trip: Ralphps/Trader Joes – \$ 10:00 Catholic Comm. – C 10:30 Health Talk – L <i>Your Healthy Heart</i> 12:45 Music Class w/ Ron–L 12:45 99 Cent Store – \$ 2:30 Live 2 Be Healthy – W 3:30 Black Jack – L</p>	<p>20 9:00 Bible Study – L 9:45 Creative Painting – L 11:00 Aladdin's in Hillcrest – \$ 2:30 Live 2 Be Healthy–W 3:30 Bunco – L</p>	<p>21 10:00 Outing to Natural History Museum 1:30 Episcopal Service – C 2:30 Live 2 Be Healthy – W 3:20 American Biography: Abraham Lincoln Pt. 1 Early Life" – L</p> <p><i>Resident Birthday Lunch</i></p>	<p>22 9:30 Health & Nutrition –L 1:00 Zumba Chair Exercise w/Ruth – L 2:00 Happy Hour with The Saints Band – W 3:30 Walking Club – Meets at Front Desk</p>	<p>23 10:30 Spanish Class – L 1:30 Jeopardy Style – L 3:00 Puppet Show "Musical Puppeteer"–W 6:00 Paint & Wine Night – L</p>
<p>24 10:30 Inter-Faith Service – C 11:00 Villa General Store – W 1:00 Trevor on Piano – W 4:00 Oscars on TV – L</p>	<p>25 9:30 Target/Ralph's Trip–\$! 10:00 Social with Uldis – L 1:00 Large Crossword – L 2:00 Exercise & Music with Tyrone – W 3:15 Influential Writers of Modern Society – L</p>	<p>26 9:30 Shopping Trip: Ralphps/Trader Joes – \$ 10:00 Catholic Comm. – C 12:45 Music Class w/ Ron–L 12:45 Kohl's – \$ 2:30 Live 2 Be Healthy – W 3:30 Villa Oscar Party – W</p>	<p>27 9:00 Bible Study – L 9:45 Creative Painting – L 10:00 Food Comm. – SFC 11:00 Coco's Restaurant on College Grove – \$ 2:30 Live 2 Be Healthy–W 3:30 Bunco – L</p>	<p>28 10:40 Music Appreciation: Renaissance & Its Times – W 1:30 Episcopal Service – C 2:30 Live 2 Be Healthy – W 3:20 American Biography: Abraham Lincoln Pt. 2 "The Presidency" – L</p>	<p>February</p>	<p>2340 Fourth Ave San Diego, CA 92101 (619) 232-2996 *Fax (619) 232-0451</p>