


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
St. Paul's Senior Day Program 328 Maple St. San Diego, CA 92103 619-239-6900 License # 374600538 *Activities subject to change				9:00 Coffee Social 1 9:30 Live 2 B Healthy 10:30 Flag Salute w/ Child Care 11:00 Intergenerational Activity 1:00 Parasol Stutters 3:00 Lucky Yogurt Pies 4:00 Uno
9:00 Coffee Social 4 9:30 Live 2 B Healthy 10:45 Flag Salute w/ Day Care 11:00 Intergenerational Activity 1:00 Music Therapy 3:00 Under the Sea Crackers 4:00 Headbanz	9:00 Coffee Social 5 9:30 Zumba 10:30 Flag Salute w/ Day Care 1:00 Stretch & Sing w/ Tyrone 3:00 Palm Tree 4:00 Conversation Square	9:00 Coffee Social 6 9:30 Live 2 B Healthy 10:30 Flag Salute w/ Child Care 12:30 Shelter Island Scenic Drive 2:00 Ageless Grace 3:00 Sound Pudding Parfait 4:00 Poker Keeno	9:00 Coffee Social 7 9:30 Minding Motion 10:30 Flag Salute w/ Child Care 11:00 Intergenerational Activity 11:30 Piano w/ Trevor 1:00 Drumming with Gary 1:50 Participant Council w/ Jae 3:00 Sweet Bagel Chips 4:00 Conversation Square	9:00 Coffee Social 8 9:30 Live 2 B Healthy 10:00 Ballet Outing 11:00 Intergenerational Activity 1:00 Knitting Workshop 3:00 Easy Apple Dip 4:00 Uno
9:00 Coffee Social 11 9:30 Live 2 B Healthy 10:45 Flag Salute w/ Day Care 11:00 Intergenerational Activity 12:00 Marie Callendar's-Chula Vi 3:00 Magical Rainbows 4:00 Headbanz	9:00 Coffee Social 12 9:30 Minding Motion 10:30 Flag Salute w/ Child Care 10:45 Love on a Leash 11:00 Intergenerational Activity 1:00 Stretch & Sing w/ Tyrone 3:00 St Patty's Fruit 4:00 Lottery Balls	9:00 Coffee Social 13 9:30 Live 2 B Healthy 10:30 Flag Salute w/ Child Care 11:00 Intergenerational Activity 1:00 Yoga w/ Bobbie 3:00 Pineapple Chick 4:00 Yahtzee	9:00 Coffee Social 14 9:30 Minding Motion 10:30 Flag Salute w/ Child Care 11:00 Intergenerational Activity 11:30 Piano w/ Trevor 1:00 Drumming with Gary 2:30 Youtube Karaoke 3:00 Lucky Mix 4:00 Dominos	9:00 Coffee Social 15 9:30 Live 2 B Healthy 10:30 Flag Salute w/ Child Care 11:00 Intergenerational Activity 1:00 Rickacha 3:00 Green Cheese Sandwich 4:00 Conversation Squares
9:00 Coffee Social 18 9:30 Live 2 B Healthy 10:45 Flag Salute w/ Day Care 11:00 Intergenerational Activity 1:00 Music Therapy 3:00 Nana Worms 4:00 Headbanz	9:00 Coffee Social 19 9:30 Zumba 10:30 Flag Salute w/ Child Care 10:45 Love on a Leash 11:00 Intergenerational Activity 1:00 Stretch & Sing w/ Tyrone 3:00 Salty Sweet Snack Mix 4:00 Lottery Balls	9:00 Coffee Social 20 9:30 Live 2 B Healthy 10:30 Flag Salute w/ Day Care 11:00 Intergenerational Activity 1:00 Ageless Grace 3:00 Mandarin Orange Dessert 4:00 Name 5	9:00 Coffee Social 21 9:30 Minding Motion 10:30 Flag Salute w/ Child Care 11:00 Intergenerational Activity 11:30 Piano w/ Trevor 1:00 Drumming with Gary 3:00 Berry Lemon Cheesecake Dip 4:00 Dominos	9:00 Coffee Social 22 9:30 Live 2 B Healthy 10:30 Flag Salute w/ Child Care 11:00 Antica Trattoria Outing 3:00 Planting Seeds 4:00 Conversation Squares
9:00 Coffee Social 25 9:30 Live 2 B Healthy 10:45 Flag Salute w/ Day Care 11:00 Intergenerational Activity 12:30 Seaport Village Scenic Drive 3:00 Ice Cream 4:00 Headbanz	9:00 Coffee Social 26 9:30 Minding Motion 10:30 Flag Salute w/ Child Care 11:00 Intergenerational Activity 1:00 Stretch & Sing w/ Tyrone 3:00 Banana Vanilla Smoothie 4:00 Lottery Balls	9:00 Coffee Social 27 9:30 Live 2 B Healthy 10:30 Flag Salute w/ Day Care 11:00 Intergenerational Activity 1:00 Yoga w/Bobbie 3:00 Strawberry Smoothie 4:00 Name 5	9:00 Coffee Social 28 9:30 Minding Motion 10:30 Flag Salute w/ Child Care 11:00 Intergenerational Activity 11:30 Birthday Club Party 11:30 Piano w/ Trevor 1:00 Drumming with Gary 3:00 Banana Choco Smoothie 4:00 Dominos	9:00 Coffee Social 29 9:30 Live 2 B Healthy 10:30 Flag Salute w/ Day Care 1:00 Drumming w/Gary 3:00 Yogurt Popsicles 4:00 Conversation Square