

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>KEY:</b>  <b>MC - Mathes Center Community Room</b>  <b>CH – Chapel</b>  <b>PR – Pre Function Room</b>  <b>PB – Pub</b>  <b>4<sup>th</sup> Fl- 4<sup>th</sup> Floor Terrace</b></p> <p><b>All other activities are in Reflections Solarium</b></p>	<p><b>Schedule subject to change. Please refer to the daily updates.</b></p> <p><b>St Paul's Plaza</b>  <b>1420 E Palomar CV 91913</b>  <b>License # 374603643</b></p>		<p>9:30 Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Loteria            11:30 Ball ROM  <b>1:30 Music w/ Rikacha</b> (4thFl)            2:30 Neighborhood Walk  <b>3:00 Chair Yoga w/ Mirna</b>            3:30 Nature Walk</p>	<p>9:30 The Daily Chronicle            10:00 Laughing Yoga  <b>10:30 Kids Depot</b>            11:30 Art therapy            1:30 PM Stretch            2:00 Neighborhood Walk  <b>2:30 History Lady (MC)</b>            3:30 Chair Exercise            4:00 Park Outing</p>	<p>9:30 The Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Laugh Lines            11:30 Bean Bag Toss  <b>1:30 Minding Motion w/ Todd</b>            2:30 Board Games            3:30 Indoor Soccer            4:00 Walk to the Park</p>	<p>9:30 The Daily Chronicle  <b>10:00 Movement &amp; Music w/ Janet</b>            10:45 Seasonal Crafts            11:30 Ball Game            1:30 PM Stretch  <b>2:30 Humane Society</b>            3:30 Puzzle Challenge            4:00 Hands Spa &amp; Movie Social</p>
<p>10:30 Catholic Communion (CH)            2:00 Plaza Service            Non-Denominational (CH)            2:45 Afternoon Tea (PB)  <b>3:00 Sunday Entertainment – Gary San Pietro -Acoustic Guitar (Reflections)</b></p> <p><b>CINCO DE MAYO</b></p>	<p>9:00 Walk to the Park            11:00 Jeopardy            1:00 Bowling w/ Ana  <b>2:00 Move It or Lose It w/ Theresa</b>            3:00 Neighborhood Walk            3:30 SPA Day            4:00 Laugh Lines</p>	<p>9:30 Chaplain Chat  <b>10:15 Zumba w/Miguel</b>            10:45 Soccer Game            11:00 Parachute Fun            12:00 Neighborhood Walk  <b>2:30 Scenic Drive: "Waterfront Park"</b>            2:30Afternoon Stretch            3:00 Puzzle Mania            3:30 Walk to the Park</p>	<p>9:30 Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Brain Boosters            11:30 Ball ROM  <b>1:30 Danny Lopez</b>            2:30 Neighborhood Walk  <b>3:00 Chair Yoga w/ Mirna</b>            3:30 Nature Walk  <b>4:00 Jewelry Class</b></p>	<p>9:30 The Daily Chronicle  <b>10:00 Kids Depot</b>  <b>10:30 Music Therapy w/ Mariel</b>            11:30 Jeopardy            1:30 Neighborhood Walk  <b>2:00 Harmony Galore</b>            3:00 PM Stretch            3:30 Cooking class            4:00 Park Outing</p>	<p>9:30 The Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Laugh Lines            11:30 Bean Bag Toss  <b>1:30 Minding Motion w/ Todd</b>            2:30 Loteria            3:30 Unwinding with Art            4:00 Walk to the Park</p>	<p><b>1:00 "Mother's Day Tea Social"</b>  <b>1:30 Sweethearts of Swing</b></p> <p>Please sign up at front desk.</p>
<p>10:30 Catholic Communion (CH)            2:00 Plaza Service            Non-Denominational (CH)            2:45 Afternoon Tea (PB)</p> <p><b>MOTHER'S DAY</b></p>	<p>9:00 Walk to the Park            11:00 The Andy Griffith Show            1:00 Bowling w/ Ana  <b>2:00 Move It or Lose It w/ Theresa</b>            3:00 Neighborhood Walk            3:30 Healing Hands            4:00 Laugh Lines</p>	<p>9:30 Chaplain Chat  <b>10:15 Zumba w/Miguel</b>            10:45 Soccer Game            11:00 Choir Practice            1:30 Neighborhood Walk  <b>2:30 Scenic Drive : "Silverstrand State Beach"</b>            3:30 Fitness club            4:00 Walk to the Park</p>	<p>9:30 Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Loteria            11:30 Ball ROM  <b>1:30 La Rondalla (MC)</b>            2:30 Neighborhood Walk  <b>3:00 Chair Yoga w/ Mirna</b>            3:30 Nature Walk            4:00 Aromatherapy</p>	<p>9:30 The Daily Chronicle            10:00 Laughing Yoga  <b>10:30 Kids Depot</b>            11:00 Bingo            11:30Jeopardy            1:30 PM Stretch            2:00 Art Therapy            3:30 Brain Games            4:00 Park Outing</p>	<p>9:30 The Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Laugh Lines            11:30 Bean Bag Toss  <b>1:30 Minding Motion w/ Todd</b>            2:30 Board Games            3:30 Indoor Soccer            4:00 Walk to the Park</p>	<p>9:30 The Daily Chronicle  <b>10:00 Movement &amp; Music w/ Janet</b>            11:00 Baking w/ Andrea            11:30 Ball Game  <b>1:30 Sing Along w/ Trevor</b>            2:30 VolleyBall ROM            3:00 Exercise Club            3:30 Hands Spa &amp; Movie Social</p>
<p>10:30 Catholic Communion (CH)            2:00 Plaza Service            Non-Denominational (CH)            2:45 Afternoon Tea (PB)  <b>3:00 Sunday Entertainment – Earl Vaults – Saxophone (Reflections)</b></p>	<p>9:00 Walk to the Park            11:00 I Love Lucy            1:00 Bowling w/ Ana  <b>2:00 Move It or Lose It w/ Theresa</b>            3:00 Neighborhood Walk            3:30 SPA Day            4:00 Laugh Lines</p>	<p>9:30 Chaplain Chat  <b>10:15 Zumba w/Miguel</b>            10:45 Soccer Game            11:00 Parachute Fun            12:00 Neighborhood Walk  <b>2:30 Scenic Drive: "Embarcadero Marina Park"</b>            2:30Afternoon Stretch            3:00 Puzzle Challenge            3:30 Walk to the Park</p>	<p>9:30 Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Brain Boosters            11:30 Ball ROM  <b>1:30 Paul Nichols</b>            2:30 Neighborhood Walk  <b>3:00 Chair Yoga w/ Mirna</b>            3:30 Nature Walk  <b>4:00 Jewelry Class</b></p>	<p>9:30 The Daily Chronicle  <b>10:00 Kids Depot</b>  <b>10:30 Music Therapy w/ Mariel</b>            11:30 Jeopardy            1:30 PM Stretch            2:00 Art class            3:30 Cooking class            4:00 Park Outing</p>	<p>9:30 The Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Laugh Lines            11:30 Bean Bag Toss  <b>1:30 Minding Motion w/ Todd</b>            2:30 Loteria            3:30 Unwinding with Art            4:00 Walk to the Park</p>	<p>9:30 The Daily Chronicle  <b>10:00 Movement &amp; Music w/ Janet</b>            11:00 Calming Colors            11:30 Soccer Game            1:00 Neighborhood Walk  <b>1:30 Danny Lopez</b>            2:30 VolleyBall ROM            3:00 Fitness Club            3:30 Manis &amp; Movies</p>
<p>10:30 Catholic Communion (CH)            2:00 Plaza Service            Non-Denominational (CH)            2:45 Afternoon Tea (PB)  <b>3:00 Sunday Entertainment – Steve &amp; Diane – Gospel Music (Mathes Center)</b></p>	<p>9:00 Walk to the Park            11:00 Wheel Of Fortune            1:00 Bowling w/ Ana  <b>2:00 Move It or Lose It w/ Theresa</b>            3:30 Healing Hands            4:00 Laugh Lines</p> <p><b>MEMORIAL DAY</b></p>	<p>9:30 Chaplain Chat  <b>10:15 Zumba w/Miguel</b>            10:45 Soccer Game            11:00 Choir Practice            1:30 Chair Exercise            2:30 Puzzle Mania            3:30 Walk to the Park            4:00 Hand Spa</p>	<p>9:30 Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Loteria            11:30 Ball ROM  <b>1:30 Music w/ Ray Francisco</b>  <b>3:00 Chair Yoga w/ Mirna</b>            3:30 Nature Walk            4:00 Aromatherapy</p>	<p>9:30 The Daily Chronicle            10:00 Laughing Yoga  <b>10:30 Kids Depot</b>            11:30 Jeopardy            1:30 PM Stretch            2:00 Art Therapy            3:30 Chair Exercise            4:00 Park Outing</p>	<p>9:30 The Daily Chronicle  <b>10:00 Move It or Lose It w/ Theresa</b>            11:00 Laugh Lines            11:30 Bean Bag Toss  <b>1:30 Minding Motion w/ Todd</b>            2:30 Board Games            3:30 Indoor Soccer            4:00 Walk to the Park</p>	