

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Schedule subject to change. Please refer to the daily updates.</p> <p>St Paul's Plaza 1420 E Palomar CV 91913 License # 374603643</p>	<p>KEY: MC - Mathes Center Community Room CH – Chapel PR – Pre Function Room All other activities are in Reflections Solarium</p>				<p>9:00 Walk To the Park 9:30 The Daily Chronicle 10:00 Move It or Lose It w/ Theresa 11:00 Laugh Lines 11:30 Bean Bag Toss 1:30 Minding Motion w/ Todd 2:30 Neighborhood Walk 3:00 Magic Show w/ Patrick Bell (MC)</p>	<p>9:30 The Daily Chronicle 10:00 Ball Toss 10:30 A.M. Stretch 11:00 Art Therapy 11:30 Soccer Game 1:00 Neighborhood Walk 1:30 At the Movies w/ Trevor (MC) 2:30 Humane Society 3:30 Reminiscence TV Show</p>
<p>10:30 Catholic Communion (CH) 2:00 Plaza Service Non-Denominational (CH) 2:45 Afternoon Tea (PB) 3:00 Sunday Entertainment – Earl Vaults Saxophone</p>	<p>9:00 Walk to the Park 9:30 Jeopardy 10:45 Arts & Crafts 1:00 Bowling w/ Ana 2:00 Move It or Lose It w/ Theresa 3:00 Ladies & Men's Club 3:30 Word Game</p>	<p>9:30 Chaplain Chat 10:15 Zumba w/Miguel 10:45 Soccer Game 11:00 Choir Practice 1:00 Neighborhood Walk 1:30 Scenic Drive 3:00 Balloon Volleyball/ROM 3:00 PM Stretch 3:30 Walk to the Park</p>	<p>9:30 Daily Chronicle 10:00 Move It or Lose It w/ Theresa 11:00 Brain Boosters 11:30 Ball ROM 1:30 Missy Andersen (MC) 2:30 Neighborhood Walk 3:00 Chair Yoga w/ Mirna 3:30 Nature Walk</p>	<p>9:30 The Daily Chronicle 10:00 Kids Depot 10:30 Bingo 11:30 Jeopardy 1:30 Art Class 2:00 Neighborhood Walk 2:30 History Lady (MC) 3:30 Park Outing</p>	<p>9:00 Walk To the Park 9:30 The Daily Chronicle 10:00 Move It or Lose It w/ Theresa 11:00 Laugh Lines 11:30 Bean Bag Toss 1:30 Minding Motion w/ Todd 2:30 Loteria 3:30 Unwinding with Art</p>	<p>9:30 The Daily Chronicle 10:00 Ball Toss 10:30 A.M. Stretch 11:00 Calming Colors 11:30 Soccer Game 1:30 Fitness Club 2:30 Cooking w/ Andrea 3:00 Tea Party 3:30 Jeopardy</p>
<p>10:30 Catholic Communion (CH) 2:00 Plaza Service Non-Denominational (CH) 2:45 Afternoon Tea (PB) 3:00 Sunday Entertainment – Danny Lopez – Singer & Guitarist</p>	<p>9:00 Walk to the Park 9:30 Jeopardy 10:00 Balloon Volleyball 10:45 Healing Hands 1:00 Bowling w/ Ana 2:00 Move It or Lose It w/ Theresa 3:00 Neighborhood Walk 3:30 Gardening Projects</p>	<p>9:30 Chaplain Chat 10:15 Zumba w/Miguel 11:00 Seasonal Crafts 11:30 Parachute Fun 1:30 Chair Tap Dance 2:15 Trevor's Sing-a-long 3:00 Walk to the Park 3:30 Balloon Volleyball/ROM</p>	<p>9:30 Daily Chronicle 10:00 Move It or Lose It w/ Theresa 11:00 Loteria 11:30 Ball ROM 1:30 Danny Lopez (MC) 2:30 Neighborhood Walk 3:00 Chair Yoga w/ Mirna 3:30 Nature Walk</p>	<p>9:30 The Daily Chronicle 10:00 Laughing Yoga 10:30 Music Therapy w/Emma 11:30 Jeopardy 1:30 Chair Exercise 2:00 Art Class 3:30 Friendship Tea Social 4:00 Park Outing</p> <p style="text-align: center;">VALENTINE'S DAY</p>	<p>9:00 Walk To the Park 9:30 The Daily Chronicle 10:00 Move It or Lose It w/ Theresa 11:00 Laugh Lines 11:30 Bean Bag Toss 1:30 Minding Motion w/ Todd 2:30 Board Games 3:30 Indoor Soccer</p>	<p>9:30 The Daily Chronicle 10:00 Baking w/ Andrea 10:30 Coffee Social 11:00 Art Class 11:30 Ball Game 1:30 Park Outing 2:30 Chair Exercise 3:00 Puzzle Challenge 3:30 Wheel of Fortune</p>
<p>10:30 Catholic Communion (CH) 2:00 Plaza Service Non-Denominational (CH) 2:45 Afternoon Tea (PB) 3:00 Sunday Entertainment – Trevor Gibson</p>	<p>9:00 Walk to the Park 9:30 Jeopardy 10:45 Arts & Crafts 1:00 Bowling w/ Ana 2:00 Move It or Lose It w/ Theresa 3:00 Ladies & Men's Club 3:30 Word Game</p> <p style="text-align: center;">PRESIDENTS DAY</p>	<p>9:30 Chaplain Chat 10:15 Zumba w/Miguel 10:45 Soccer Game 11:00 Choir Practice 1:00 Neighborhood Walk 1:30 Scenic Drive 3:00 Balloon Volleyball/ROM 3:00 PM Stretch 3:30 Walk to the Park</p>	<p>9:30 Daily Chronicle 10:00 Move It or Lose It w/ Theresa 11:00 Brain Boosters 11:30 Ball ROM 1:30 La Rondalla (MC) 2:30 Neighborhood Walk 3:00 Chair Yoga w/ Mirna 3:30 Nature Walk</p>	<p>9:30 The Daily Chronicle 10:00 Kids Depot 10:30 Parachute Fun 11:30 Jeopardy 1:00 Neighborhood Walk 1:30 Bayou Brothers (MC) 3:00 Park Outing</p>	<p>9:00 Walk To the Park 9:30 The Daily Chronicle 10:00 Move It or Lose It w/ Theresa 11:00 Laugh Lines 11:30 Bean Bag Toss 1:30 Minding Motion w/ Todd 2:30 Bingo 3:30 Unwinding with Art</p>	<p>9:30 The Daily Chronicle 10:00 Baking w/ Andrea 10:30 Coffee Social 11:00 Art Therapy 11:30 Soccer Game 1:00 Neighborhood Walk 1:30 At the Movies w/ Trevor (MC) 3:00 Fitness Club 3:30 Reminiscence TV Show</p>
<p>10:30 Catholic Communion (CH) 2:00 Plaza Service Non-Denominational (CH) 2:45 Afternoon Tea (PB) 3:00 Sunday Entertainments – Steve & Diane Gospel</p>	<p>9:00 Walk to the Park 9:30 Jeopardy 10:45 Healing Hands 1:00 Bowling w/ Ana 2:00 Move It or Lose It w/ Theresa 3:00 Neighborhood Walk 3:30 Gardening Projects</p>	<p>9:30 Chaplain Chat 10:15 Zumba w/Miguel 11:00 Seasonal Crafts 11:30 Parachute Fun 1:30 Chair Tap Dance 2:15 Trevor's Sing-a-long 3:00 Walk to the Park 3:30 Balloon Volleyball/ROM</p>	<p>9:30 Daily Chronicle 10:00 Move It or Lose It w/ Theresa 11:00 Loteria 11:30 Ball ROM 1:30 Parasol Strutters 2:30 Neighborhood Walk 3:00 Chair Yoga w/ Mirna 3:30 Nature Walk</p>	<p>9:30 The Daily Chronicle 10:00 Laughing Yoga 10:30 Music Therapy w/Emma 11:30 Jeopardy 1:30 Art Class 2:00 Hand Spa 2:30 Brain Games 3:00 Park Outing</p>		