




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>St. Paul's PACE Nemeth</b> 1306 Broadway El Cajon, CA 92021 619-551-7400 *Activities subject to change</p>			 <p><b>Daylight Savings Time Begins March 10</b></p>	<p style="text-align: right;"><b>1</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>9:30 – Reflections w/Chaplain Bill</b> <b>10:00 – Shopping 99¢ Store</b> 10:30 – Bingo 1:00 – Holy Cow! 2:00 – Jeopardy Style 3:00 – Frisbee Toss</p>
<p style="text-align: right;"><b>4</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>10:30 – Humane Society Visit</b> <b>1:00 – Exercise &amp; Music with Kent</b> 2:30 – Fun Facts Names 3:30 – Wacky Web Tales</p>	<p style="text-align: right;"><b>5</b></p> <p>9:00 – Daily Chronicles &amp; Coffee 9:30 – <b>Communion w/Chaplain Doug</b> <b>10:30 – Piano with Trevor</b> 1:00 – Let the good times roll!!!! 2:00 – Bingo 3:00 – Mardi Gras: What a Mess! <b>MARDI GRAS</b></p>	<p style="text-align: right;"><b>6</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>10:30 – Valley Twirler's</b> <b>1:00 – Zumba with Ruth</b> 2:00 – “Remember the Alamo!” 3:00 – Oreo fun facts  <b>Ash Wednesday</b></p>	<p style="text-align: right;"><b>7</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>10:30 – Scenic Drive</b> <b>10:30 – Piano with Jim Bianchi</b> 1:00 – Sleep Awareness 2:00 – History of Monopoly 3:00 – Ball Exercises</p>	<p style="text-align: right;"><b>8</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>9:30 – Reflections w/Chaplain Bill</b> <b>10:30 – Amazing accomplishments</b> <b>1:00 – Write out loud with Walter</b> 2:00 – Jewelry Making 3:00 – Fun Trivia <b>Birthday Celebration</b></p>
<p><b>11</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>10:30 – Alzheimer's Health Living</b> <b>1:00 – Exercise &amp; Music with Kent</b> 2:30 – Bingo 3:30 – National Napping Day</p>	<p style="text-align: right;"><b>12</b></p> <p>9:00 – Daily Chronicles &amp; Coffee 9:30 – <b>Service with Chaplain Doug</b> <b>10:00 – Shopping Target</b> <b>10:30 – Piano with Trevor</b> <b>11:45 – New Participant Luncheon</b> <b>1:00 – Zumba with Ruth</b> 2:00 – Movie: Grumpy Old Men</p>	<p style="text-align: right;"><b>13</b></p> <p>9:00 – Daily Chronicles &amp; Coffee 10:00 – Healthy Choices w/Amanda <b>10:30 – Entertainment w/Gary Starkey</b> 1:00 – Good Samaritan Day 2:00 – Watercolors 3:00 – Arm chair travels</p>	<p style="text-align: right;"><b>14</b></p> <p>9:00 – Daily Chronicles &amp; Coffee 9:30 – <b>Participant Council Meeting</b> <b>10:30 – Sham rockin' with Jim Moore</b> 1:00 – Fun Trivia 2:00 – Laughter Yoga 3:00 – Truth or Blarney</p>	<p style="text-align: right;"><b>15</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>9:30 – Reflections w/Chaplain Bill</b> <b>10:30 – Latin Duo Entertainment</b> 1:00 – Bingo 2:00 – How many words 3:00 – A Short Story Swiss Steak &amp; Hobo Stew</p>
<p><b>18</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>9:30 – Art Class</b> 11:00 – Women Inventors <b>1:00 – Exercise &amp; Music with Kent</b> 2:30 – Dough boy Day 3:30 – It's Puzzling</p>	<p style="text-align: right;"><b>19</b></p> <p>9:00 – Daily Chronicles &amp; Coffee 9:30 – <b>Service with Chaplain Doug</b> <b>10:30 – Piano with Trevor</b> 1:00 – Sounds of Switzerland 2:00 – Arts &amp; Crafts 3:00 – How many words</p>	<p style="text-align: right;"><b>20</b></p> <p>9:00 – Daily Chronicles &amp; Coffee 10:30 – Bingo <b>1:00 – Zumba with Ruth</b> 2:00 – Purim Joyous Holiday 3:00 – Watercolors</p>	<p style="text-align: right;"><b>21</b></p> <p>9:00 – Daily Chronicles &amp; Coffee 10:30 – Bingo <b>1:00 – Tap with Trevor</b> 2:00 – Trivia Time 3:00 – Jigsaw Puzzles</p>	<p style="text-align: right;"><b>22</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>9:30 – Reflections w/Chaplain Bill</b> 10:30 – Fun Trivia 1:00 – Piano with Zina 2:00 – Arts &amp; Crafts 3:00 – Women Inventors</p>
<p><b>25</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>9:30 – Art Class</b> <b>11:00 – Museum Outing</b> <b>1:00 – Exercise &amp; Music with Kent</b> 2:30 – Speaking of Sports 3:30 – Ladder Golf</p>	<p style="text-align: right;"><b>26</b></p> <p>9:00 – Daily Chronicles &amp; Coffee 9:30 – <b>Service with Chaplain Doug</b> <b>10:30 – Piano with Trevor</b> <b>1:00 – Zumba with Ruth</b> 2:00 – Watercolors</p>	<p style="text-align: right;"><b>27</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>10:30 – Juan Robles Entertainment</b> 1:00 – Bingo 2:00 – Fun Trivia 3:00 – Wacky Web Tales</p>	<p style="text-align: right;"><b>28</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>10:30 – Tribute to Johnny Cash</b> 1:00 – Laughter Yoga 2:00 – Visual Trivia 3:00 – Frisbee Toss</p>	<p style="text-align: right;"><b>29</b></p> <p>9:00 – Daily Chronicles &amp; Coffee <b>9:30 – Reflections w/Chaplain Bill</b> <b>10:30 – Wellness with Rodney</b> <b>1:00 – Tap with Trevor</b> 2:00 – History of Coca Cola 3:00 – How many words</p>