

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>St. Paul's PACE East 1306 Broadway El Cajon, CA 619-551-7400 *Activities subject to change</p>		<p>9:00 – Daily Chronicles & Coffee 9:30 – Bracelet Craft 10:30 – Bingo 1:00 – Drumming with Gary Peterson 2:30 – Move and Groove 3:30 – Monarch Butterflies</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Who made us laugh? 10:30 – Bingo 1:00 – Latin Duo 2:00 – Move and Groove 3:00 – Queen for a day</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Reflections with Chaplain Bill 10:30 – English Abbreviations 1:00 – Art with Trevor 2:00 – Move and Groove 3:00 – Trivia Time</p>
<p>9:00 – Daily Chronicles & Coffee 10:00 – Bible Trivia 10:30 – Humane Society 1:00 – Exercise & Music with Kent 2:30 – “Say goodnight, Gracie”</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Service with Chaplain Doug 10:00 – Parasol Strutters 10:30 – Piano with Trevor 1:00 – Bingo 2:00 – Move and Groove</p>	<p>9:00 – Daily Chronicles & Coffee 10:00 – Participant Council Meeting 10:30 – Bingo 1:00 – Zumba 2:00 – Dear Abby Day 3:00 – Trivia Time</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Balloon Volley 10:30 – Jewelry Making 1:00 – Music with Juan Robles 2:00 – Move and Groove 3:00 – Weird Food Day Birthday Celebration</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Bible Study w/Chaplain Bill 10:30 – Music with Gary Starkey 1:00 – Write out loud with Walter 2:00 – Move and Groove 3:00 – Champagne Music Maker</p>
<p>9:00 – Daily Chronicles & Coffee 10:00 – Good Nutrition with Shelby 10:30 – Bingo 1:00 – Exercise & Music with Kent 3:00 – Watercolors</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Service with Chaplain Doug 10:30 – Piano with Trevor 11:45 – New Participant Luncheon 1:00 – Zumba 2:00 – Splish-Splash 3:00 – Frisbee Toss</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Bingo 10:30 – Watercolors 1:00 – Drumming with Gary Peterson 2:00 – Move and Groove 3:00 – Discovering Latvia</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – How many Words 10:30 – Aromatherapy with Rodney 1:00 – Bingo 2:00 – Move & Groove 3:00 – Ben Franklin Day</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Reflections w/Chaplain Bill 10:30 – Piano with Zina 1:00 – Arts & Crafts 2:00 – Move & Groove 3:00 – It’s Puzzling</p>
<p>9:00 – Daily Chronicles & Coffee 10:00 – Plants & Animals 10:30 – Bingo 1:00 – Exercise & Music with Kent 2:30 – MLK Day 3:30 – Arts & Crafts</p> <p><small>MARTIN LUTHER KING, JR. DAY</small></p>	<p>9:00 – Daily Chronicles & Coffee 9:30 - Service with Chaplain Doug 10:30 – Piano with Trevor 1:00 – Trivia Time 2:00 – Move and Groove 3:00 – It’s Puzzling</p>	<p>9:00 – Daily Chronicles & Coffee 10:00 – Good Nutrition with Shelby 10:30 – Music with Juan Robles 1:00 – Zumba 2:00 – Champagne Music Maker 3:00 – Female Firsts</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Chair Chi with Tammy 10:30 – Music Therapy 1:00 – Entertainment w/Gary Starkey 2:00 – Move and Groove 3:00 – Peanut Butter Day</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Prayer with Chaplain Bill 10:30 – Tap with Trevor 1:00 – Star of the Month 2:00 – Move and Groove 3:00 – Frisbee Toss</p>
<p>9:00 – Daily Chronicles & Coffee 10:00 – Discovering Latvia 10:30 – Arts & Crafts 1:00 – Exercise & Music with Kent 2:30 – Australia Day History 3:30 – Arts & Crafts</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Service with Chaplain Doug 10:30 – Piano with Trevor 1:00 – Zumba 2:00 – Tea and Trivia Tuesday 3:00 – Watercolor’s</p>	<p>9:00 – Daily Chronicles & Coffee 10:00 – Dice and Strikes Game 10:30 – Bingo 1:00 – Music with Juan Robles 2:00 – Jigsaw Puzzles 3:00 – Balloon Volley</p>	<p>9:00 – Daily Chronicles & Coffee 9:30 – Chair Chi with Tammy 10:30 – Bingo 1:00 – Who made us laugh? 2:00 – Move and Groove 3:00 – Journaling</p>	