



April 2020



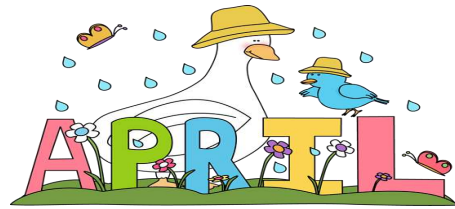
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
St. Paul's McColl Health Center 235 Nutmeg Street San Diego, CA 92103		(DR= DINING AREA) (LL= LOBBY AREA) (CH= CHAPEL) (PA= PATIO) (RM= RESIDENTS ROOM) (TV/(#) = TV CHAN-	1 April Fool's Day 10am Violin with John-DR 1:30pm Arts and Crafts /jewelry —DR 3pm Bingo-DR 6pm BBC World News (TV/11)-DR	2 10:00 Music Appreciation w/Marketa-DR 1:30pm Minding Motion -DR 3pm Live Piano music w/ Shirley-DR 6pm CBS News (TV/8)-DR	3 10am Group exercise with Tyrone -DR 10:30am Sing along w/ Tyrone-DR 1pm Sing-Along & Piano w/Marsha-DR 3pm Social Hour -DR 5:30 pm Friday Night TCM Classic DR <u>"Eight in a half "TV/ 58</u>	4 9am Catholic Communion visit- RM 10am Feeling 'Fit-DR 10:30am Current Events -DR 1:30pm Weekend Bingo-DR 3:30pm Board Games & Puzzles -DR
5 Palm Sunday 9:30am Sunday Paper-DR 10 am Bizarre Foods (TV/60)-DR 1pm Worship Services-DR 2:00pm Weekend Bingo-DR 3pm Nature-(TV/11)DR 6:30pm Evening News(8)-DR	6 9:45 St Paul's Kids Visit—DR 10am Pet Therapy -DR 10:00 Sing along with Craig -DR 3pm Bingo-DR 6:30pm ABC World News (TV/10)DR	7 10am Minding Motion -DR 10:45 Catholic Services -CH 1:30 Celebrity Chef-DR 2:30pm Nail Care/ Hand Care-DR 6pm NBC News (7)-DR	8 10am Violin with John-DR 1:30pm Arts and Crafts /Cards —DR 3pm Bingo-DR 6pm BBC World News (TV/11)-DR	9 Holy Thursday 10:00 Music Appreciation w/Marketa-DR 1:30pm Minding Motion -DR 2:00 Resident Council - DR 3pm Live Piano music w/ Shirley-DR 6pm CBS News (TV/8)-DR	10 Good Friday 10am Music Worx-DR 10:30am Sing along w/ Tyrone-DR 1pm Sing-Along & Piano w/Marsha-DR 3pm Social Hour -DR 6:15 pm Friday Night TCM Classic DR <u>"Fifth ave girl "TV/ 58</u>	11 9am Catholic Communion visit- RM 10am Feeling 'Fit-DR 10:30am Current Events -DR 1:30pm Weekend Bingo-DR 3:30pm Board Games & Puzzles -DR
12 Easter 9:30am Sunday Paper-DR 10 am Bizarre Foods (TV/60)-DR 1pm Worship Services-DR 2:00pm Weekend Bingo-DR 3pm Nature-(TV/11)DR 6:30pm Evening News(8)-DR	13 9:45 St Paul's Kids Visit—DR 10am Pet Therapy -DR 10:00 Sing along with Craig -DR 1:30pm Memory's of April-DR 3pm Bingo-DR 6:30pm ABC World News (TV/10)DR	14 10am Minding Motion -DR 10:15am Helen Woodward Pet-DR 10:45 Catholic Services -CH 1:30 Baking Club -DR 2:30pm Nail Care/ Hand Care-DR 6pm NBC News (7)-DR	15 10am Violin with John-DR 1:30pm Arts and Crafts /jewelry —DR 3pm Bingo-DR 6pm BBC World News (TV/11)-DR	16 10:00 Music Appreciation w/Marketa-DR 1:30pm Minding Motion -DR 3pm Live Piano music w/ Shirley-DR 6pm CBS News (TV/8)-DR	17 10am Group exercise with Tyrone -DR 10am Music Worx-DR 1pm Sing-Along & Piano w/Marsha-DR 3pm Social Hour - DR 5:45 pm Friday Night TCM Classic DR <u>"The gateway "TV/ 58</u>	18 9am Catholic Communion visit- RM 10am Feeling 'Fit-DR 10:30am Current Events -DR 1:30pm Weekend Bingo-DR 3:30pm Board Games & Puzzles -DR
19 9:30am Sunday Paper-DR 10 am Bizarre Foods (TV/60)-DR 1pm Worship Services-DR 2:00pm Weekend Bingo-DR 3pm Nature-(TV/11)DR 6:30pm Evening News(8)-DR	20 9:45 St Paul's Kids Visit—DR 10am Pet Therapy -DR 10:00 Sing along with Craig -DR 1:30pm Memory's of April-DR 3pm Bingo-DR 6:30pm ABC World News (TV/10)DR	21 10am Minding Motion -DR 10:45 Catholic Services -CH 1:30 Baking Club -DR 2:30pm Nail Care/ Hand Care-DR 6pm NBC News (7)-DR	22 Earth Day 10am Violin with John-DR 1:30pm Arts and Crafts /Cards —DR 3pm Bingo-DR 6pm BBC World News (TV/11)-DR	23 10:00 Music Appreciation w/Marketa-DR 1:30pm Minding Motion -DR 3pm Live Piano music w/ Shirley-DR 5:00 St. Pauls B-Day dinner with Sonny-DR 6pm CBS News (TV/8)-DR	24 Arbor Day 10am Group exercise with Tyrone -DR 10:30am Sing along w/ Tyrone-DR 1pm Sing-Along & Piano w/Marsha-DR 3pm Social Hour -DR 6:00 pm Friday Night TCM Classic DR <u>"The Hounting"TV/ 58</u>	25 9am Catholic Communion visit- RM 10am Feeling 'Fit-DR 10:30am Current Events -DR 1:30pm Weekend Bingo-DR 3:30pm Board Games & Puzzles -DR
26 9:30am Sunday Paper-DR 10 am Bizarre Foods (TV/60)-DR 1pm Worship Services-DR 2:00pm Weekend Bingo-DR 3pm Nature-(TV/11)DR 6:30pm Evening News(8)-DR	27 9:45 St Paul's Kids Visit—DR 10am Pet Therapy -DR 10:00 Sing along with Craig -DR 1:30pm Memory's of April-DR 3pm Bingo-DR 6:30pm ABC World News (TV/10)DR	28 10am Minding Motion -DR 10:45 Catholic Services -CH 1:30 Baking Club 2:30pm Nail Care/ Hand Care-DR 6pm NBC News (7)-DR	29 10am Violin with John-DR 1:30pm Arts and Crafts /Cards —DR 3pm Bingo-DR 6pm BBC World News (TV/11)-DR	30 10:00 Grand Trip Outing (Plaza Bonita) 10:00 Music Appreciation w/Marketa-DR 1:30pm Minding Motion -DR 3pm Live Piano music w/ Shirley-DR 5:00 St. Pauls B-Day dinner with Sonny-DR 6pm CBS News (TV/8)-DR		

**Activities are subject to change based upon our Residents preferences!*

**Alternative activities material available upon Residents request .*



St. Paul's McColl Health Center
235 Nutmeg Street
San Diego, CA 92103
(619) 239-8687



Other Observances, Celebrations, or Event that occur this month: April

April 2020 is Observed as: Natl. Poetry Month, Natl. Autism Awareness, Stress Awareness Month, Natl. Donate life month.
Arol Birthstone: Diamond and Crystal
Fruits and Vegetables of the month: Green Onions, Leeks, Asian Pear
Flower: Daffodil
Astrological Signs: Aries (till 19th) & Taurus (20th)



Special Outing

Canceled until further notice



Scenic Outing

Canceled until further notice

Scenic Outing

Canceled until further notice

