

December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 		 	Julian Trip On Dec. 28 	Christmas Lights Scenic Drive Dec. 5 & 17 		1 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
2 Sunday Dining Hours From 7:30am-5:30pm 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	3 9:45 Walmart 10:30 Basic Pencil Art Rm426 1:00 Current Events Rm426 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night CR Hanukkah Dinner	4 8:30 Live to be Healthy 9:45 Ralphs/Trader Joe's 10:00 Qi Gong LL 10:45 Catholic Mass C 1:00 Rite Aide 2:00 Bridge for Intermediates Rm426 7:00 Bingo LL	5 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 Sheerwater-Hotel Del 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 3:00 Nutrition Class LL 5:30 Christmas Lights Scenic Drive to Garrison St.	6 9-11 Room Bazaar Rm221 9:00 Qi Gong LL 10:00 Water Color Art Rm426 11:15 Zumba Gold LL 2:00 St. Nicolas Celebration 3:00 SPLOC Rehearsal LL 5:00 Ohr Shalom Synagogue Children Performance LL 7:10 Poker Night CR	7 8:00 Holiday Bazaar! SL 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Shabbat Service LL 2:00 Meet & Greet LL 7:10 Movie Night LL	8 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 3:30 Annual Board of Directors Holiday Dinner 5:00 Social Hour (BYO) LL
9 Sunday Dining Hours From 7:30am-5:30pm 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	10 8:30 Live to be Healthy LL 9:45 Target/Ralphs 10:00 Qi Gong LL 10:30 Basic Pencil Art Rm426 1:00 SPLOC Rehearsal C 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	11 9-11 Manor Thrift Store Rm313 9:45 Super Walmart 10:45 Communion Service C 1:00 CVS/Sprouts/Dollar Tree 1:00 Podiatrist 2:00 Bridge for Intermediates Rm426 7:00 Bingo LL	12 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 3:00 Nutrition Class LL	13 9:00 Qi Gong LL 10:00 Water Color Art Rm426 10:00 Nutcracker Ballet 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR	14 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 3:00 SPLOC Winter Performance LL 7:10 Movie Night LL	15 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 3:00 SPLOC Winter Performance LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
16 Sunday Dining Hours From 7:30am-5:30pm 10:00 Girl Scouts-Troop #4111 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos	17 8:30 Live to be Healthy LL 9:45 Walmart 10:00 Qi Gong LL 10:30 Basic Pencil Art Rm426 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 5:30 Christmas Lights Scenic Drive to Chula Vista's Christmas Circle	18 9:45 Ralphs/Trader Joe's 10:45 Communion Service C 1:00 99 Cent Store 1:00 Stamp Sale L 2:00 Bridge for Intermediates Rm426 7:00 Bingo LL	19 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 Prado at Balboa 2:00 Beginners Bridge Rm426 7:10 Trivia Night LL	20 9-11 Room Bazaar Rm221 9:00 Qi Gong LL 10:00 Water Color Art Rm426 11:15 Zumba Gold LL 7:00 Poker Night CR Birthday Dinner	21 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 2:00 Open Forum & Activity Meeting LL 7:10 Movie Night LL	22 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
23 Sunday Dining Hours From 7:30am-5:30pm 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	24 8:30 Live to be Healthy LL 10:00 Qi Gong LL 10:30 Basic Pencil Art Rm426 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 31 New Years Eve 8:30 Live to be Healthy LL 10:00 Qi Gong LL 10:30 Basic Pencil Art Rm426 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 8:00 New Years Party!! Time Square Ball Drop!	25 Christmas Day 10:45 Communion Service C 2:00 Bridge for Intermediates Rm426 Christmas Lunch Starting at 11:30am 	26 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 PF Changs 2:00 Beginners Bridge Rm426	27 9:00 Qi Gong LL 10:00 Water Color Art Rm426 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 Health Talk With Therapy Specialist LL 7:10 Poker Night CR	28 8:30 Live to be Healthy LL 8:45 YMCA 9:30 Let's take a trip to Julian! 10-1 Medical Appointments 3:30 Cocktail Hour & Music LL 7:10 Movie Night	29 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL