

New Activity Movie Magic

Dear residents, I am delighted to welcome back Trevor Gibson, a talented piano player who has been collaborating with St. Paul's as a vendor for over 10 years. This time, he will be introducing a new activity called Magic Movie. He will play selections from various musicals, share information about them, and then perform the musical pieces in a sing-a-long style.



Every 3rd Tuesday of the Month at 6:30 PM

Rehearsals at Rady Shell are Back

Starting July, rehearsals at the Rady Shell will be resuming—exciting news! Our first rehearsal of the season is scheduled for Thursday, July 10th. The bus will depart from the Manor at 9:30 a.m., and the rehearsal will run from 10:00 a.m. to 12:30 p.m. Tentatively, I'm planning for you to enjoy the rehearsal of "Beethoven by the Bay," and we hope this will be the opportunity for all to enjoy.



Rady Shell July 10th 9:30 AM - 12:30 PM

Pizza Party 4th of July

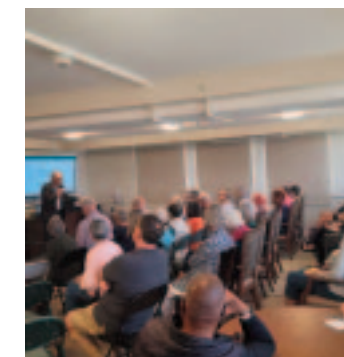
On July 4th, the Residents Council will be hosting a pizza party for all residents to enjoy. The event will take place at the LUV Lounge, beginning at 6:30 pm. This will provide a lovely opportunity to enjoy your dinner while waiting to view the beautiful fireworks displays from Seaport Village and SeaWorld San Diego.



Pizza Party Friday July 4th 6:30 PM LUV Lounge

Speaker at The Manor & Meeting

Thanks to Ms. Robin, who is leading the Mystery Book Club on June 10th, we had the pleasure of welcoming Jeff Geary, a speaker from the San Diego Harbor Police, who provided very informative details about the work they do as a harbor police department. Additionally, on June 20th, we had a highly informative meeting moderated by St. Paul's CEO Michael McHale and Foundation CEO Todd Kaprielian, focused on Health Reimagined.



ST. PAUL'S MANOR Associates

Tim Jeffers

Executive Director

Andrea Rojas

Administrative Supervisor

Carol Braun

Resident Services

Ari Bejar

Executive Chef

Sergio Gutierrez

Maintenance Supervisor

David Valdez

Housekeeping Supervisor

Steve Button

Sales Specialist



Mystery Tour with Marketa

On June 13th and June 19th, we had the pleasure of once again participating in Mystery Tours with Marketa. On the 13th, residents enjoyed learning about the rich history of Hotel Del and its surroundings, and on the 19th, they explored the fascinating history of Balboa Park and Point Loma. Mystery Tours with Marketa are always both informative and enjoyable, making for a wonderful experience.





July 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

St. Paul's Manor

2635 Second Avenue • San Diego, CA 92103
(619) 239-2097 • www.stpaulseniors.org

6

9:00 Holy Communion ServicesChapel
1:00 Bridge Game FR

7

9:00 Trader Joe's & Ralphs Outing
1:00 Dance Class LUV
2:00 Bridge Game FR
4:00 Bingo LUV

8

10:00 Qi Gong LUV
12:00 Balboa Park Ride Outing
1:00 Bridge Game FR
1:00 Arts & Crafts LUV
1:00 Shopping Trip to Dollar Tree Outing
2:00 Fiber Arts FR

9

9:00 Senior Fitness LUV
10:30 Holy Communion ServiceChapel
1:00 Bridge Game FR
2:30 Hymn Sing LUV
6:30 Poker at the Manor OP

10

9:30 Rady Shell Rehearsal Outing
10:00 Qi Gong LUV
1:00 Bridge Game FR
4:00 Loteria (Mexican Bingo) LUV

11

9:00 Senior Fitness LUV
10:30 Viewpoint Neighborhood Outing
Kitchen at Sycuan Casino
1:00 Bridge Game FR
6:30 Rummikub & Games FR

12

10:00 Qi Gong LUV
1:00 Opera with Liana "Norma" LUV
by Vinceto Bellini
6:30 Saturday Night Movie LUV

13

9:00 Holy Communion ServicesChapel
1:00 Bridge Game FR
6:30 Residents Choice Movie LUV
Night

14

9:00 Trader Joe's & Ralphs Outing
1:00 You Tube Balance Class LUV
2:00 Bridge Game FR
4:00 Bingo LUV

15

7:30 Bazaar on the Second 224
10:00 Qi Gong LUV
1:00 Bridge Game FR
1:00 Shopping Trip to Fashion Valley Mall Outing
2:00 Fiber Arts FR
6:30 Movie Magic with Trevor LUV

16

9:00 Senior Fitness LUV
10:30 Holy Communion ServiceChapel
1:00 Bridge Game FR
2:00 Open Forum DRM
6:30 Poker at the Manor OP

17

10:00 Qi Gong LUV
10:30 Outing to Gaylord Resort Outing
1:00 Bridge Game FR
2:00 Resident Council Meeting DRM
4:00 Birthday Night DRM
7:00 Mystery Movie Night LUV

18

9:00 Senior Fitness LUV
10:30 The Bible as Library FR
1:00 Bridge Game FR
1:00 Pride Month Ice Cream Social OP
2:00 Live Music Sentimental Journey LUV
6:30 Rummikub & Games FR

19

10:00 Qi Gong LUV
10:30 Catholic Holy CommunionChapel
Services
6:30 Saturday Night Movie LUV

20

9:00 Holy Communion ServicesChapel
1:00 Bridge Game FR
6:30 Mystery Book Club LUV

21

9:00 Trader Joe's & Ralphs Outing
1:00 Dance Class LUV
2:00 Bridge Game FR
4:00 Bingo LUV

22

10:00 Qi Gong LUV
12:00 Balboa Park Ride Outing
1:00 Bridge Game FR
1:00 Shopping Trip to Traget Outing
2:00 Fiber Arts FR

23

9:00 Senior Fitness LUV
10:30 Holy Communion ServiceChapel
1:00 Bridge Game FR
6:30 Poker at the Manor OP

24

10:00 Qi Gong LUV
1:00 Bridge Game FR
2:00 Live Music with Jerry LUV

25

9:00 Senior Fitness LUV
10:00 Paper & Pen Art FR
11:30 Restaurant Outing to Chili's Outing
1:00 Bridge Game FR
6:30 Rummikub & Games FR

26

10:00 Qi Gong LUV
1:00 Opera with Liana "Elektra" LUV
by Richard Straus
6:30 Saturday Night Movie LUV

27

9:00 Holy Communion ServicesChapel
1:00 Bridge Game FR

28

9:00 Trader Joe's & Ralphs Outing
1:00 You Tube Balance Class LUV
2:00 Bridge Game FR
4:00 Bingo LUV

29

10:00 Qi Gong LUV
1:00 Stamp Sale LIB
1:00 Bridge Game FR
1:00 Shopping Trip to Smart & Final Outing
2:00 Fiber Arts FR

30

9:00 Senior Fitness LUV
10:30 Holy Communion ServiceChapel
1:00 Bridge Game FR
6:30 Poker at the Manor OP

31

10:00 Qi Gong LUV
10:00 Fashion On the Go Clothing FR
1:00 Bridge Game FR
7:00 Mystery Movie Night with David LUV

Associate Continue:

Karla Medina
Activities Coordinator

Activities are subject to change without prior notice. For the most accurate schedule, please refer to the weekly calendar, and if you have any questions please feel free to contact Karla Medina.

LOCATION KEY

Room #224	224
LUV Lounge	LUV
Frampton Room	FR
Outing	Outing
Dining Room	DRM
Chapel	Chapel
Opal Lounge	OP
Manor Library	LIB

