

September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <i>Sunday Dining Hours</i> From 7:30am-5:30pm 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	2 Labor Day 8:30 Live to be Healthy LL 10:00 Qi Gong LL 10:00 Pencil Art Class Rm426 11:00 Canasta LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL	3 9:00 Nutmeg Bowling LL 9:45 Super Walmart 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 CVS/Sprouts/Dollar Tree 2:00 Open Bridge Rm426 2:30 Zumba Gold LL 7:00 Bingo LL	4 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:15 Miguel's Cocina 1:00 Brainstorming Session Led by Lone LL 2:00 Beginners Bridge Rm426	5 8-10 Room Bazaar Rm221 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 Moments from LL Ballet & Classical Music 10:00 Watercolor Class Rm426 7:10 Poker Night CR	6 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 11:30 Chair Yoga LL 1:00 Writers' Group Rm426 2:00 Meet & Greet LL 7:10 Movie Night LL	7 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
8 Grandparents Day <i>Sunday Dining Hours</i> From 7:30am-5:30pm 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	9 8:30 Live to be Healthy LL 9:45 Target/Ralph 10:00 Pencil Art Class Rm426 10:00 Qi Gong LL 11:00 Canasta LL 1:00 Current Events LL 1:00 Knitting Club SL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL	10 8-11 Manor Thrift Shop 9:00 Nutmeg Bowling LL 9:45 Ralph's/Trader Joe's 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Rite Aide 2:00 Open Bridge Rm426 2:30 Zumba Gold LL 7:00 Bingo LL	11 Patriot Day 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 2:00 Beginners Bridge Rm426 3:00 Book Club LL	12 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 Watercolor Class Rm426 10:00 Moments from LL Ballet & Classical Music 1:00 Dan-The Watch Guy LL 7:10 Poker Night CR	13 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 10:00 Resident Association LL Meeting 11:00 Viejas Casino 11:30 Chair Yoga LL 1:00 Writers' Group Rm426 7:10 Movie Night LL	14 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
15 <i>Sunday Dining Hours</i> From 7:30am-5:30pm 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	16 8:30 Live to be Healthy LL 9:45 Walmart 10:00 Qi Gong LL 10:00 Pencil Art Class Rm426 11:00 Canasta LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL	17 9:00 Nutmeg Bowling LL 9:45 Ralph's/Trader Joe's 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 99 Cent Store 2:00 Open Bridge Rm426 2:30 Zumba Gold LL 7:00 Bingo LL	18 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:15 DZ Akins 1:00 St. Pauls History LL Presentation by Liam 2:00 Beginners Bridge Rm426	19 8-10 Room Bazaar Rm221 9:00 Qi Gong LL 10:00 Watercolor Class Rm426 10-1 Medical Appointments 10:00 Mystery Scenic Drive With Marketa 7:10 Poker Night CR	20 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 11:30 Chair Yoga LL 1:00 Writers' Group Rm426 2:00 Open Forum & Activity Meeting LL 7:10 Movie Night LL	21 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game
22 <i>Sunday Dining Hours</i> From 7:30am-5:30pm 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	23  8:30 Live to be Healthy LL 9:45 Target/Ralph 10:00 Qi Gong LL 10:00 Pencil Art Class Rm426 11:00 Canasta LL 1:00 Current Events LL 1:00 Knitting Club SL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL	24 8-11 Manor Thrift Shop 9:00 Nutmeg Bowling LL 9:45 Ralph's/Trader Joe's 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Annual Senior Art Exhibit 2:00 Open Bridge Rm426 2:30 Zumba Gold LL 7:00 Bingo LL	25 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:15 Tom Hams 2:00 Beginners Bridge Rm426	26 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 Watercolor Class Rm426 10:00 Moments from LL Ballet & Classical Music 1:00 Health Talk LL 7:00 Poker Night CR Birthday Dinner!	27 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 11:30 Chair Yoga LL 1:00 Writers' Group Rm426 3:00 Cocktail Hour Music with Sonny! 7:10 Movie Night LL	28 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
29 <i>Sunday Dining Hours</i> From 7:30am-5:30pm 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	30 8:30 Live to be Healthy LL 9:45 Walmart 10:00 Qi Gong LL 10:00 Pencil Art Class Rm426 11:00 Canasta LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL	 Annual Senior Art Contest & Exhibit Trip Let's Cast Our Vote & Support our St. Pauls Friends! Sept. 24, 2019			Scenic Drive September 19 	