

# May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <i>El Torito</i> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>2</b> 9-11 Room Bazaar Rm221 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 Moments from Opera & Ballet LL 7:10 Poker Night CR	<b>3</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 11:00 Shabbat Service LL 1:00 Writers' Group Rm426 2:00 <i>Meet &amp; Greet</i> LL 7:10 Movie Night LL	<b>4</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
<b>5</b> <b>Cinco de Mayo</b> <i>Sunday Dining Hours From 7:30am-5:30pm</i> <b>Mariachi "Fiesta Tapatia"</b> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	<b>6</b> 8:30 Live to be Healthy LL 9:45 <i>Target/Ralph</i> 10:00 Qi Gong LL 11:00 Canasta LL 1:00 Current Events Rm426 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night CR	<b>7</b> 9:00 Laurels Bowling LL 9:45 <b>Super Walmart</b> 10:00 Maple Bowling LL 10:45 Catholic Mass 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <i>CVS/Sprouts/Dollar Tree</i> 2:00 Open Bridge Rm426 2:30 Zumba Gold LL 7:00 Bingo LL	<b>8</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 3:00 Book Club LL	<b>9</b> 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 Moments from Opera & Ballet LL 7:10 Poker Night CR	<b>10</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Executive Board Meeting LL 10:00 <i>Spreckels Theater "Mozart's Requiem"</i> 10-1 Medical Appointments 1:00 Writers' Group Rm426 7:10 Movie Night LL	<b>11</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 1:30 Computer Class L 3:00 <b>Mother's &amp; Friends Day Tea Party!</b> LL 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
<b>12</b> <b>Happy Mother's Day</b> <i>Sunday Dining Hours From 7:30am-5:30pm</i> 2:30 Christian Worship With Hymn C 6:15 Mexican Dominos	<b>13</b> 8:30 Live to be Healthy LL 9:45 <i>Walmart</i> 10:00 Qi Gong LL 11:00 Canasta LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>14</b> 9-11 <b>Manor Thrift Shop</b> 9:00 Laurels Bowling LL 9:45 <i>Ralph's/Trader Joe's</i> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <b>Ranch 99 &amp; Zion</b> 2:00 Open Bridge Rm426 2:30 Zumba Gold LL 7:00 Bingo LL	<b>15</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <b>Benihana's</b> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 7:10 Trivia Night LL	<b>16</b> 9-11 Room Bazaar Rm221 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 Moments from Opera & Ballet LL 7:10 Poker Night CR	<b>17</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 1:00 Writers' Group Rm426 2:00 <b>Open Forum &amp; Activity Meeting</b> LL 7:10 Movie Night LL	<b>18</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
<b>19</b> <i>Sunday Dining Hours From 7:30am-5:30pm</i> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	<b>20</b> 8:30 Live to be Healthy LL 9:45 <i>Target/Ralph</i> 10:00 Qi Gong LL 11:00 Canasta LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>21</b> 9:00 Laurels Bowling LL 9:45 <i>Ralph's/Trader Joe's</i> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <b>Rite Aide</b> 2:00 Open Bridge Rm426 2:30 Zumba Gold LL 7:00 Bingo LL	<b>22</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <b>Marie Calendars</b> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>23</b> 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 Moments from Opera & Ballet LL 3:00 <b>Health Talk</b> LL 7:00 Poker Night CR <b>Birthday Dinner!</b>	<b>24</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 10:00 <b>USS Midway &amp; Picnic!</b> 1:00 Writers' Group Rm426 7:10 Movie Night LL	<b>25</b> 9:00 Qi Gong LL 10:00 Catholic Service Communion C 10:00 Ballet Movement LL 11:00 Stories with Walter CR 1:30 Computer Class L 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
<b>26</b> <i>Sunday Dining Hours From 7:30am-5:30pm</i> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	<b>27</b> <b>Memorial Day</b> 8:30 Live to be Healthy LL 10:00 Qi Gong LL 11:00 Canasta LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>28</b> 9-11 <b>Manor Thrift Shop</b> 9:00 Laurels Bowling LL 9:45 <i>Ralph's/Trader Joe's</i> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 Stamp Sale L 1:00 <b>99 Cent Store</b> 2:00 Open Bridge Rm426 7:00 Bingo LL	<b>29</b> 8:30 Live to be Healthy LL 8:45 YMCA 9:00 <b>Health Fair St. Paul Plaza</b> 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>30</b> 9:00 Qi Gong LL 10-1 Medical Appointments 10:00 Moments from Opera & Ballet LL 7:00 Poker Night CR	<b>31</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 1:00 Writers' Group Rm426 3:00 <b>Cocktail Hour!</b> LL 7:10 Movie Night LL	<b>Spreckels Theater "Mozart's Requiem" Ballet May 10, 2019</b> STEVEN & ELIZABETH WISTRICH, DIRECTORS 