

# February 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 10:00 Dan "Watch Guy" LL 11:00 Shabbat Service LL 2:00 <b>Meet &amp; Greet</b> LL 7:10 Movie Night LL	<b>2</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
<b>3</b> <b>Sunday Dining Hours</b> <b>From 7:30am-5:30pm</b> 2:30 Christian Worship With Hymn C 3:00 <b>Super Bowl Sunday! Pizza Party!</b> 6:15 Mexican Train Dominos Rm426	<b>4</b> 8:30 Live to be Healthy LL 9:45 <b>Target/Ralphs</b> 10:00 Qi Gong LL 11:00 Canasta LL 1:00 Current Events Rm426 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night CR	<b>5 Chinese New Year</b> 9:00 Laurels Bowling LL 9:45 <b>Super Walmart</b> 10:00 Maple Bowling LL 10:45 Catholic Mass C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <b>Rite Aide</b> 2:00 Open Bridge Rm426 7:00 Bingo LL	<b>6</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <b>Gordon Biersch</b> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>7</b> 9-11 Room Bazaar Rm221 9:00 Qi Gong LL 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR	<b>8</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Residents Association Meeting LL 11:00 <b>Santee Lakes &amp; Picnic</b> LL 10-1 Medical Appointments 7:10 Movie Night LL	<b>9</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
<b>10</b> <b>Sunday Dining Hours</b> <b>From 7:30am-5:30pm</b> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos	<b>11</b> 8:30 Live to be Healthy LL 9:45 <b>Walmart</b> 10:00 Qi Gong LL 11:00 Canasta LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>12</b> 9-11 <b>Manor Thrift Shop</b> 9:00 Laurels Bowling LL 9:45 <b>Ralph's /Trader Joe's</b> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <b>CVS/Sprouts/Dollar Tree</b> 2:00 Open Bridge Rm426 7:00 Bingo LL	<b>13</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 3:00 Book Club LL	<b>14 Valentine's Day</b> 9:00 Qi Gong LL 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR	<b>15</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 2:00 <b>Open Forum &amp; Activity Meeting</b> LL 7:10 Movie Night LL	<b>16</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
<b>17</b> <b>Sunday Dining Hours</b> <b>From 7:30am-5:30pm</b> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos	<b>18 Presidents' Day</b> 8:30 Live to be Healthy LL 9-12 <b>Vision Board Collage Workshop</b> Rm426 10:00 Qi Gong LL 11:00 Canasta LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>19</b> 9:00 Laurels Bowling LL 9:45 <b>Ralph's /Trader Joe's</b> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <b>99 Cent Store</b> 2:00 Open Bridge Rm426 7:00 Bingo LL	<b>20</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <b>Aladdin Mediterranean</b> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426 7:10 Trivia Night LL	<b>21</b> 9-11 Room Bazaar Rm221 9:00 Qi Gong LL 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:00 Poker Night CR	<b>22</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 10:00 Qi Gong LL 3:00 <b>Music Entertainment Cocktail Hour</b> LL 7:10 Movie Night LL	<b>23</b> 10:00 Catholic Service Communion C 11:00 Stories with Walter CR 5:00 Social Hour (BYO) LL 6:30 Rummikub LL
<b>24</b> <b>Sunday Dining Hours</b> <b>From 7:30am-5:30pm</b> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos	<b>25</b> 8:30 Live to be Healthy LL 9:45 <b>Target/ Ralphs</b> 10:00 Qi Gong LL 11:00 Canasta LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>26</b> 9-11 <b>Manor Thrift Shop</b> 9:00 Laurels Bowling LL 9:45 <b>Ralph's /Trader Joe's</b> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <b>Kohl's</b> 2:00 Open Bridge Rm426 3:00 <b>Health Talk</b> LL 7:00 Bingo LL	<b>27</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Qi Gong LL 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <b>Coco's Restaurant</b> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>28</b> 9:00 Qi Gong LL 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 SPLOC Rehearsal LL 7:10 Poker Night CR		<b>Valentine's Dinner Music</b> 