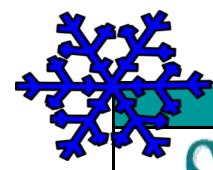


# January 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1 Happy New Year</b> 10:00 Qi Gong LL 2:00 Open Bridge Rm426 7:00 Bingo LL 	<b>2</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <i>Mimi's Café</i> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>3</b> 9-11 Room Bazaar Rm221 9:00 Qi Gong LL 10-1 Medical Appointments 11:15 Zumba Gold LL 7:10 Poker Night CR	<b>4</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 11:00 Shabbat Service LL 2:00 Meet & Greet LL 7:10 Movie Night LL	<b>5</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 2:00 Old Fashioned Hymn Sing LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
<b>6</b> <i>Sunday Dining Hours From 7:30am-5:30pm</i> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos Rm426	<b>7</b> 8:30 Live to be Healthy LL 9:45 <i>Target/Ralphs</i> 10:00 Qi Gong LL 1:00 Current Events Rm426 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night CR <i>Taste Around the World</i>	<b>8</b> 9-11 <i>Manor Thrift Shop</i> 9:00 Laurels Bowling LL 9:45 <i>Super Walmart</i> 10:00 Maple Bowling LL 10:45 Catholic Mass C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <i>Rite Aide</i> 2:00 Open Bridge Rm426 7:00 Bingo LL 	<b>9</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>10</b> 9:00 Qi Gong LL 10-1 Medical Appointments 11:15 Zumba Gold LL 3:00 Book Club LL 7:10 Poker Night CR 	<b>11</b> 8:30 Live to be Healthy LL 8:45 YMCA 10:00 Executive Meeting LL 10-1 Medical Appointments 1:00 <i>Mystery Scenic Drive</i> 3:00 <i>Music Entertainment Cocktail Hour</i> LL 7:10 Movie Night LL	<b>12</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
<b>13</b> <i>Sunday Dining Hours From 7:30am-5:30pm</i> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos 	<b>14</b> 8:30 Live to be Healthy LL 9:45 <i>Walmart</i> 10:00 Qi Gong LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>15</b> 9:00 Laurels Bowling LL 9:45 <i>Ralph's /Trader Joe's</i> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <i>CVS/Sprouts/Dollar Tree</i> 2:00 Open Bridge Rm426 7:00 Bingo LL 	<b>16</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <i>D'Lish Pizza &amp; Pasta</i> 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>17</b> 9-11 Room Bazaar Rm221 9:00 Qi Gong LL 10-1 Medical Appointments 11:15 Zumba Gold LL 7:10 Poker Night CR 	<b>18</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 2:00 <i>Open Forum &amp; Activity Meeting</i> LL 7:10 Movie Night LL	<b>19</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service C 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL 
<b>20</b> <i>Sunday Dining Hours From 7:30am-5:30pm</i> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos 	<b>21 Martin Luther King Day</b> 8:30 Live to be Healthy LL 9:45 <i>Target/Ralphs</i> 10:00 Qi Gong LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>22</b> 9:00 Laurels Bowling LL 9:45 <i>Ralph's /Trader Joe's</i> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <i>99 Cent Store</i> 2:00 Open Bridge Rm426 7:00 Bingo LL 	<b>23</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 11:15 <i>Red Lobster</i> 2:00 Beginners Bridge Rm426 7:10 Trivia Night LL	<b>24</b> 9:00 Qi Gong LL 9:30 <i>Sycuan Casino</i> 10-1 Medical Appointments 11:15 Zumba Gold LL 7:00 Poker Night CR <i>Birthday Dinner</i>	<b>25</b> 8:30 Live to be Healthy LL 8:45 YMCA 10-1 Medical Appointments 2:00 <b>Manor Chat</b> LL 7:10 Movie Night LL	<b>26</b> 9:00 Qi Gong LL 10:00 Ballet Movement LL 10:00 Catholic Service Communion C 11:00 Stories with Walter LL 5:00 Social Hour (BYO) LL 6:30 Rummikub Game LL
<b>27</b> <i>Sunday Dining Hours From 7:30am-5:30pm</i> 2:30 Christian Worship With Hymn C 6:15 Mexican Train Dominos 	<b>28</b> 8:30 Live to be Healthy LL 9:45 <i>Walmart</i> 10:00 Qi Gong LL 1:00 Current Events LL 2:00 Refresher Bridge Rm426 3:00 Bible Study LL 7:10 Movie Night LL	<b>29</b> 9:00 Laurels Bowling LL 9:45 <i>Ralph's /Trader Joe's</i> 10:00 Maple Bowling LL 10:45 Communion Service C 11:00 Towers Bowling LL 1:00 Nutmeg Bowling LL 1:00 <i>Fashion Valley Mall</i> 2:00 Open Bridge Rm426 3:00 <i>Health Talk With Therapy Specialist</i> LL 7:00 Bingo LL 	<b>30</b> 8:30 Live to be Healthy LL 8:45 YMCA 11:00 Episcopal Worship C 11:00 Chair Yoga LL 1:15 Classical Music LL 2:00 Beginners Bridge Rm426	<b>31</b> 9:00 Qi Gong LL 10-1 Medical Appointments 11:15 Zumba Gold LL 7:10 Poker Night CR 		

