

Our Mission

St. Paul's is spiritually guided in our multi-disciplinary approach within this changing environment. We provide care which addresses the varied social, physical, spiritual, ethnic, economic, and cultural needs of those we serve.

What Do We Do?

St. Paul's Seniors Services has been caring for San Diego seniors since 1960. We are a non-profit, non-denominational organization dedicated to serving the physical, spiritual, and social needs of seniors.

Benefits Of Volunteering

- Receive a rewarding experience
- Give back to your community
- Support those in need
- Get a community service certificate (students and social groups)
- Free annual health screenings, TB tests, and flu vaccinations



St. Paul's Plaza
1420 East Palomar Street
Chula Vista, CA 91913

St. Paul's Manor
2635 Second Avenue
San Diego, CA 92013

St. Paul's Villa
2340 Fourth Avenue
San Diego, CA 92101

**St. Paul's Senior Services
Nursing and Rehabilitation**
John A. McColl Health Center
235 Nutmeg Street
San Diego, CA 92103

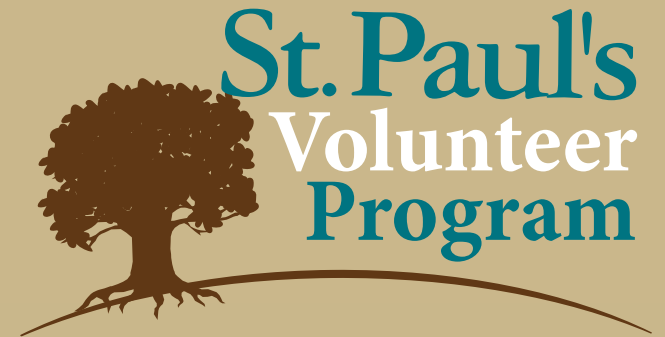
**St. Paul's Community
Care Center**
328 Maple Street
San Diego, CA 92103

St. Paul's PACE San Diego
111 Elm Street
San Diego, CA 92101

St. Paul's PACE Chula Vista
630 L Street
Chula Vista, CA 91911

St. Paul's PACE El Cajon
1306 Broadway
El Cajon, CA 92021

Volunteer Office
328 Maple Street
San Diego, CA 92103



"The Root of Growing Smiles"



(619) 239-6900
StPaulsSeniors.org



St. Paul's Volunteer Program

It takes many skills and a variety of departments for St. Paul's to be successful. Our volunteers play a huge role when it comes to our service, compassion, and operations. Help serve more than 1,000 seniors each year, from those living independently to those with physical or cognitive impairment.

Volunteer Opportunities

St. Paul's offers a broad range of volunteer experiences including:

Operations: Human resources, marketing, dietary, and reception

Residential: Arts and crafts, gardening, movie nights, companionship, and religious services

Child Care: Story time readers, play ground helpers, and event support

Services: Musicians, event dance partners, and painters

We welcome businesses and school groups! Help host ice cream socials, holiday parties, and event decorating



"This has been one of the best Occupational Therapy/Physical Therapy Departments I have ever volunteered at! Thank you for such a positive experience at St. Paul's." - Melanie

Who Can Volunteer?

At St. Paul's Senior Services we welcome anyone wanting to share their time, knowledge, enthusiasm, and passion for helping others including individuals, or school and business groups.

Volunteers 12 years and under:

St. Paul's welcomes volunteers of all ages, however supervision is required and necessary for the safety of volunteers, staff, and residents. Volunteers under 12 years of age must be accompanied by a legal guardian, appointed adult over the age of 18, or a school chaperone. Adults that will be supervising children must adhere to all individual volunteer requirements listed for those 18 and older.

Volunteers 13 - 18 years of age:

- Complete the volunteer application located at **StPaulSeniors.org/volunteer-opportunities/**
- Complete a 2-hour volunteer e-orientation

Volunteers 18 and older:

- Complete the volunteer application located on our website
- Complete a 2-hour volunteer e-orientation
- Provide a current negative TB test*
- Show proof of an annual influenza (flu) vaccination
- For those volunteering at St. Paul's PACE, you must provide a current health care screening*

**Can be performed by St. Paul's or by primary physician*



Vaccinations

Volunteers 18 or older must comply with St. Paul's policy for an annual influenza (flu) vaccination and must do a tuberculosis (TB) screening. TB testing and health screenings are offered by St. Paul's at no cost to the volunteer upon acceptance to the volunteer program.

Child care volunteers must provide influenza, pertussis, and measles records.

Volunteers 18 and under, business groups, and donated services are excluded from needing a TB test and health exam.



Next Steps

Apply online at **StPaulsSeniors.org** or complete the volunteer application and submit it to **volunteers@stpaulseniors.org**. Once your application is received, our volunteer coordinator will contact you to arrange a meet and greet, discuss volunteer opportunities, and schedule the e-orientation.

You may also mail your paperwork to:

Volunteer Program
St. Paul's Senior Services
328 Maple Street
San Diego CA 92103

For information about school groups, business groups, to arrange donated services, or ask questions about our volunteer program, please call:

Volunteer Coordinator
(619) 239-6900
Or email: **volunteers@stpaulseniors.org**

