St. Paul’s Senior Services has been caring for San Diego seniors since 1960. We are a non-profit, non-denominational organization dedicated to serving the physical, spiritual, and social needs of seniors. Our communities and services work together to ensure that seniors obtain the help they need, whether it is active independent living, personal care, memory support, skilled nursing care, day programs, or even short-term guest stays.

With communities and services in Bankers Hill, Chula Vista, and El Cajon we are proud to offer resources to anyone seeking senior care. Call us! If we can't help you, we'll find someone who can.

St. Paul’s Senior Services Nursing and Rehabilitation is an award-winning, 24-hour skilled nursing community conveniently located near Downtown San Diego, just a few short blocks from beautiful Balboa Park.

Call or stop by for a tour
Monday - Friday, 8:30 AM - 6 PM
Saturday & Sunday, 8:30 AM - 5 PM

(619) 239-8687
StPaulsSeniors.org
Why Choose St. Paul’s Senior Services Nursing and Rehabilitation

At our boutique, 59-bed center, we provide 24/7 licensed nursing and professional rehabilitation services with an individualized care plan, from assistance with activities of daily living to physical, speech, and occupational therapy. St. Paul’s Senior Services Nursing and Rehabilitation also recognizes the importance of attending to mental, spiritual, and emotional needs – not just the physical issues. What also sets us apart is our well-trained staff - they serve with kindness and compassion, providing the highest quality skilled nursing care in San Diego. We have the awards to prove it!

St. Paul’s Senior Services Nursing and Rehabilitation offers:

- Extensive rehabilitation services including physical, occupational, and speech therapy to assist in the healing process and help restore independence
- Hospice and palliative care to help relieve suffering and improve quality of life
- 24-hour licensed nursing staff with a staff to resident ratio that exceeds state and federal requirements
- Full calendar of activities, including live music, and stimulating exercise classes
- Visiting dentists, podiatrists, optometrists, and consultants
- Dining services with a variety of delicious meals and nutritious snacks
- Individually tailored Social Services Program to ensure the highest level of psychosocial health

Superb amenities include:

- Private, double, and triple-bed rooms with individual climate control, cable TV, and phone
- Housekeeping and linen service
- Beautifully furnished dining room and lobby area
- Outdoor patio and sun deck
- Beauty and barber shop
- Wi-Fi
- Physical therapy rooms
- Chapel with multi-faith services
- Family accommodations. We have apartments for families to rent as needed!

“Best
Consecutive winner of the Eli Pick Award for Quality Care!”

“I love how close-knit it is. It’s like a family here. The communication is great. Everyone collaborates really well to make sure the residents are number one.” - Bridget Verardi, RN

“When you come in you get a warm feeling. It is the love they give us. They are so good to us. I feel safe here - like anything that comes up, there is somebody here. It is a very secure feeling and that is important. I feel that no matter what happens to me, it is going to be alright because St. Paul’s has the answer. I love it here.” – Virginia, St. Paul’s Senior Services Nursing and Rehabilitation Resident