

# June Reflections Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>9:00 Engagement</b> 1 10:00 Chair Exercise 10:45 Let's Bake <b>1:00 Engagement</b> 2:00 Tea & Talk 3:00 Pool Therapy <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement	<b>9:00 Engagement</b> 2 10:00 Live 2 Be Healthy 10:45 Gospel Singing with Mary <b>1:00 Engagement</b> 2:00 Music with Janet <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement	<b>8:30 Engagement</b> 3 9:30 Chair Exercise <b>10:30 Engagement</b> 12:45 Pool Therapy <b>1:00 Engagement</b> 2:30 Art Therapy with Kim <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement
<b>9:00 Engagement</b> 4 10:30 Catholic Communion <b>1:00 Engagement</b> 2:00 Church Service 3:00 Church Fellowship <b>4:00 Engagement</b> 6:00 Engagement	<b>8:30 Morning Walk</b> 5 10:00 Live 2 Be Healthy 10:45 Worship Sing a Long 11:00 Gym Workout <b>1:00 Engagement</b> 1:30 Men' Club <b>3:00 Engagement</b> 4:00 Engagement 6:00 Engagement	<b>8:30 Morning Walk</b> 6 <b>9:00 Engagement</b> 10:00 Chaplain Chat 1:30 Church Service 2:30 Chair Exercise with Janet 3:30 Pool Therapy <b>4:00 Set The Table</b> 6:00 Engagement	<b>8:30 Morning Walk</b> 7 <b>9:00 Engagement</b> 10:00 Live 2 Be Healthy 10:45 Trivia & Smoothie 11:00 Gym with Janet 12:45 Pool Therapy 1:30 Presentation w/Dick Fisher <b>3:00 Engagement</b> 6:00 Engagement	<b>9:00 Engagement</b> 8 10:00 Chair Exercise 10:45 Let's Bake <b>1:00 Engagement</b> 2:00 Tea & Talk 3:00 Pool Therapy <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement	<b>9:00 Engagement</b> 9 10:00 Live 2 Be Healthy 10:45 Gospel Singing with Mary <b>1:00 Engagement</b> 2:00 Music with Janet <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement	<b>8:30 Engagement</b> 10 9:30 Chair Exercise <b>10:30 Engagement</b> 1:30 Bob Spencer <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement
<b>9:00 Engagement</b> 11 10:00 Humane Society 1:00 Pet Therapy w/Custer 2:00 Church Service 3:00 Church Fellowship <b>4:00 Engagement</b> 6:00 Engagement	<b>8:30 Morning Walk</b> 12 10:00 Live 2 Be Healthy 10:45 Worship Sing a Long 11:00 Gym Workout <b>1:00 Engagement</b> 1:30 Smoothies & Trivia <b>3:00 Engagement</b> 4:00 Engagement 6:00 Engagement	<b>8:30 Morning Walk</b> 13 <b>9:00 Engagement</b> 10:00 Chaplain Chat 10:45 Pet Therapy <b>1:00 Engagement</b> 2:30 Chair Exercise with Janet 3:30 Pool Therapy <b>4:00 Set The Table</b> 6:00 Engagement	<b>8:30 Morning Walk</b> 14 <b>9:00 Engagement</b> 10:00 Live 2 Be Healthy 10:45 Name that Tune & Smoothie 11:00 Gym with Janet 12:45 Pool Therapy 1:00 Charger Band <b>2:00 Engagement</b> <b>3:00 Engagement</b> 6:00 Engagement	<b>9:00 Engagement</b> 15 10:00 Chair Exercise 10:45 Let's Bake <b>1:00 Engagement</b> 2:00 Tea & Talk 3:00 Pool Therapy <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement	<b>9:00 Engagement</b> 16 10:00 Live 2 Be Healthy 10:30 - 12:00 Intergenerational Picnic <b>11:00 Engagement</b> <b>1:00 Engagement</b> 2:30 Music Worx <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement	<b>8:30 Engagement</b> 17 9:30 Chair Exercise <b>10:30 Engagement</b> 12:45 Pool Therapy <b>1:00 Engagement</b> 2:30 Art Therapy with Kim <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement
<b>9:00 Engagement</b> 18 10:00 Humane Society 10:-2:00 Fathers Day Brunch 10:30 Catholic Communion <b>1:00 Engagement</b> 2:00 Church Service 3:00 Church Fellowship <b>4:00 Engagement</b> 6:00 Engagement	<b>8:30 Morning Walk</b> 19 10:00 Live 2 Be Healthy 10:45 Worship Sing a Long 11:00 Gym Workout <b>1:00 Engagement</b> 1:30 Men' Club <b>3:00 Engagement</b> 4:00 Engagement 6:00 Engagement	<b>8:30 Morning Walk</b> 20 <b>9:00 Engagement</b> 10:00 Chaplain Chat 10:45 Pet Therapy 1:30 Church Service 2:30 Chair Exercise with Janet 3:30 Pool Therapy <b>4:00 Set The Table</b> 6:00 Engagement	<b>8:30 Morning Walk</b> 21 <b>9:00 Engagement</b> 10:00 Live 2 Be Healthy 11:30 Picnic at the Park <b>2:00 Engagement</b> <b>3:00 Engagement</b> 6:00 Engagement	<b>9:00 Engagement</b> 22 10:00 Chair Exercise 10:45 Let's Bake <b>1:00 Engagement</b> 1:30 Tremble Clefs Music 3:00 Pool Therapy <b>3:00 Engagement</b> 4:30 Birthday Dinner 6:00 Engagement	<b>9:00 Engagement</b> 23 10:00 Live 2 Be Healthy 10:45 Gospel Singing with Mary <b>1:00 Engagement</b> 2:00 Music with Janet <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement	<b>8:30 Engagement</b> 24 9:30 Chair Exercise <b>10:30 Engagement</b> 1:30 – 5:00 OUTING SAN DIEGO FOLLIES <b>2:00 Engagement</b> <b>3:00 Engagement</b> 4:00 Set The Table 6:00 Engagement
<b>9:00 Engagement</b> 25 10:30 Catholic Communion <b>1:00 Engagement</b> 2:00 Church Service 3:00 Church Fellowship <b>4:00 Engagement</b> 6:00 Engagement	<b>8:30 Morning Walk</b> 26 10:00 Live 2 Be Healthy 10:45 Worship Sing a Long 11:00 Gym Workout <b>1:00 Engagement</b> 1:30 Smoothies & Trivia <b>3:00 Engagement</b> 4:00 Engagement 6:00 Engagement	<b>8:30 Morning Walk</b> 27 <b>9:00 Engagement</b> 10:00 Chaplain Chat 10:45 Pet Therapy 1:30 Spiritual Hour/Challyn 2:30 Chair Exercise with Janet 3:30 Pool Therapy <b>4:00 Set The Table</b> 6:00 Engagement	<b>8:30 Morning Walk</b> 28 <b>9:00 Engagement</b> 10:00 Live 2 Be Healthy 10:45 Trivia & Smoothie 12:45 Pool Therapy 1:00 Music Therapy & Trivia <b>2:00 Engagement</b> 6:00 Engagement	<b>9:00 Engagement</b> 29 10:00 Chair Exercise 10:45 Let's Bake <b>1:00 Engagement</b> 2:00 New Resident/Birthday Ice Cream Social <b>3:00 Engagement</b> 6:00 Engagement	<b>9:00 Engagement</b> 30 10:00 Scenic Drive 10:00 Live 2 Be Healthy <b>11:00 Engagement</b> <b>1:00 Engagement</b> 2:00 Music with Janet <b>3:00 Engagement</b> 6:00 Engagement	<i>Black - Group Activities</i> <i>Red-Engagement with Ambassadors</i>  All Activities are subject to change without notice; due to unexpected occurrences