



**LEADERS IN SENIOR CARE**

St. Paul's Senior Services has been caring for San Diego seniors since 1960. We are a nonprofit, non-denominational organization dedicated to serving the physical, spiritual, and social needs of seniors. Our communities and services work together to ensure that seniors obtain the help they need, whether it is active independent living, personal care, memory support, skilled nursing care, day programs or even short-term guest stays.

With communities and services in both Bankers Hill and Chula Vista, we are proud to offer resources to anyone seeking senior care. And if we can't help you, we will find you an organization that can.

St. Paul's Villa is our assisted living and memory care community located in beautiful Bankers Hill, just 2 blocks from Balboa Park.

Call or stop by for a tour  
**Monday - Friday, 8:30am - 6pm**  
**Saturday & Sunday, 8:30 - 5pm**

**(619) 232-2996**  
**StPaulsSeniors.org**



## Assisted Living and Memory Care

2340 Fourth Avenue  
San Diego, CA 92101

Tel: (619) 232-2996  
[admissions@stpaulseniors.org](mailto:admissions@stpaulseniors.org)

**StPaulsSeniors.org**

*St. Paul's Senior Services is a mission driven San Diego non-profit.*



## Assisted Living and Memory Care

2340 Fourth Avenue  
San Diego, CA 92101

**(619) 232-2996**



Lic# 370804823

## St. Paul's Villa

Nestled in the heart of Bankers Hill, St. Paul's Villa provides a home-like atmosphere through our individualized approach to care and living. With 24/7 nursing staff, we provide a higher level of care than many communities. In fact, it's our professional, kind, and compassionate staff that most sets us apart. Many staff members have celebrated milestones of 5, 10, 15 and even 20 years! Staff loyalty allows for consistency in care because we really get to know our residents. Our staff truly loves caring for our seniors and it shows.

Our residents enjoy living at St. Paul's Villa because our staff is like family. They also enjoy the many social, recreational, and therapeutic activities that while fun, are designed to stimulate and improve cognition, fine motor skills, and ambulation. You'll often see our residents in a fitness class, doing arts and crafts, or grooving along to live music.

Call or stop by for a tour  
Monday - Sunday  
8am - 6pm

**(619) 232-2996**



### St. Paul's Villa offers:

- A living room where we play games, screen movies and documentaries, do arts and crafts, and hold discussions on current events.
- A library with a variety of reading material including large print books, daily newspapers and periodicals. We have a magnifier and provide books on tape.
- Non-denominational, Episcopal and Catholic services in our chapel. Ohr Shalom Synagogue is located one block away and Jewish Family Services will provide transportation when requested.
- A full-service beauty salon and barber shop that caters to both men and women so our residents can stay glamorous and well-groomed.
- Comfortable restaurant-style dining featuring a full salad bar available at lunch and dinner. We take delight in creating menus for special occasions.
- Scheduled transportation available for outings and shopping excursions as well as to personal appointments and errands.

## Personal Care (Assisted Living)

St. Paul's caregivers are trained to ensure your loved one receives the very best of care, from providing delicious and nutritious meals to housekeeping, medication management, bathing, grooming, and incontinence care. Personal care services are provided based on a comprehensive assessment upon move-in to determine the appropriate level of care.

## Memory Care Support

We are exceptionally proud of our memory care staff. We learn about your loved one's life so we can interact in a calming and personable manner to ensure your family member feels a sense of comfort, belonging, and joy.

Our memory care residents enjoy daily nature walks, activities in our open patio area, special celebrations, and events. Families are always invited! We even offer a private dining area if you'd like to host special meals and celebrations for your loved one.

