



St. Paul's Senior Services has been caring for San Diego seniors since 1960. We are a mission-driven nonprofit committed to serving the physical, spiritual, and social needs of older adults.

Our award-winning communities span from active retirement living, assisted living, memory care, and skilled nursing. As the needs of older adults evolve and change, we lead the transformation of the aging experience with innovative new approaches to senior care.

Want to know more about our communities and services? Contact us today! If we can't help you, we'll find someone who can.

Call, email, or visit our website to schedule a tour!

Monday - Friday, 8:30 AM - 6 PM
Saturday & Sunday, 8:30 AM - 5 PM

(619) 239-8687

StPaulsSeniors.org

St. Paul's Senior Services is a mission-driven San Diego nonprofit.



Award-Winning Skilled Nursing Care

Recognized for Quality Care & Staffing Excellence

-Medicare rating 2023

Bankers Hill

235 Nutmeg Street
San Diego, CA 92103

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admissions@stpaulseniors.org



Skilled Nursing & Rehabilitation

(619) 239-8687

Bankers Hill
235 Nutmeg Street,
San Diego, CA 92103

Lic# 080000181

Why choose St. Paul's Skilled Nursing & Rehabilitation?

St. Paul's Skilled Nursing & Rehabilitation is a 24-hour skilled nursing community conveniently located near Downtown San Diego, just a few short blocks from beautiful Balboa Park.

At our boutique 59-bed center, we provide round-the-clock licensed nursing and rehabilitation services with an individualized care plan for every resident. This includes assistance with activities of daily living, as well as physical, speech, and occupational therapy.

We recognize the importance of attending to mental, emotional, and spiritual needs – not just the physical ones. That's why our dedicated nurses are trained to care for the whole person. They take time to learn about each resident's preferences so that each person feels genuinely cared for.



Service Offerings

- ◆ Comprehensive rehabilitation services, including physical, occupational, and speech therapy
- ◆ Hospice and palliative care
- ◆ 24-hour licensed nursing staff to support with medication management and personal care
- ◆ Full calendar of activities, including live music and exercise classes
- ◆ Visiting dentists, podiatrists, and optometrists
- ◆ Dining services for personalized meals and nutritious snacks
- ◆ Social services program to ensure the highest level of psychosocial health



Community Amenities

- ◆ Private, double, and triple-bed rooms with individual climate control, cable TV, and phone
- ◆ Daily housekeeping and linen service
- ◆ Outdoor patio and sun deck for family visits
- ◆ Beauty salon and barber shop
- ◆ Physical therapy rooms
- ◆ Chapel with multi-faith services
- ◆ Family accommodations, including nearby apartments for rent as needed



I love how close-knit it is here. It's like a family. The communication is great. Everyone collaborates really well to make sure the residents are number-one.

- Bridget V., RN

My family chose the right place! I loved this small boutique community because I was able to get to know every staff member and receive intimate, one-on-one care. The meals were amazing, and I received physical therapy from some of the best! I was even home earlier than expected because of the care I received.

- Sharon, Resident

