

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY 2012

1st Floor Activities at St.Paul's Villa

<p>FEBRUARY 2012</p> <p>1st Floor Activities at St.Paul's Villa</p>		<p>1</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 10:45 Sing Along 12:30 Short Stories 1:30 Swing St. Band - W 3:30 Tea and Cookies 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>2</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:15 Exercise with Earnie 12:30 Groundhog Day Activities 1:00 Ballroom Dancing - W 3:00 Piano with Sonia - W 6:00 Groundhog Day Movie 6:30 Paragon Band - W</p> <p>Groundhog Day</p>		<p>3</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 1:00 Bingo 2:00 Happy Hour/Saints Band -W 3:45 Salad Bar 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>4</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:30 Barber Shop and Spa 12:30 Bingo 1:30 Nature Walk 2:30 Chair Stretch 6:00 Sat Night Movie and Popcorn</p>							
		<p>5</p> <p>9:00 Sunday's Funnies 9:45 Fitness Walk 10:30 Range of Motion Exercise 12:15 Make Ice Cream Sundaes 1:30 Chair Yoga 2:30 Sing Along 3:00 Super Bowl Party 6:00 Oscar Nominated Movie and Popcorn</p> <p>Super Bowl Sunday</p>		<p>6</p> <p>9:45 Fitness Walk 10:15 Exercise with Earnie 11:00 Reflections w/ Chaplain Leigh 1:00 Chair Dancing 3:30 Happy Hour 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>7</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:15 Exercise with Earnie 12:45 Concert w/Greg - W 2:30 Chair Stretch 6:00 Evening Bingo 7:30 Music and Relaxation</p>		<p>8</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 10:45 Sing Along 1:00 Short Stories 2:00 Sing Along with Alison - W 3:30 Tea and Cookies 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>9</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:15 Exercise with Earnie 12:30 Arts and Crafts 3:00 Happy Hour 6:00 Evening Bingo</p>		<p>10</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 12:45 Pet Therapy/Riley the Dog 1:00 Bingo 2:00 Happy Hour/Saints Band -W 3:45 Salad Bar 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>11</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:30 Barber Shop and Spa 12:30 Bingo 1:30 Nature Walk 2:30 Chair Stretch 6:00 Sat Night Movie and Popcorn</p>	
		<p>12</p> <p>9:00 Sunday's Funnies 9:45 Fitness Walk 10:30 Range of Motion Exercise 12:15 Make Ice Cream Sundaes 1:30 Chair Yoga 2:30 Sing Along 3:00 Time Slips 6:00 Oscar Nominated Movie and Popcorn</p>		<p>13</p> <p>9:45 Fitness Walk 10:15 Exercise with Earnie 11:00 Reflections w/ Chaplain Leigh 1:00 Chair Dancing 2:00 Music with Alison 3:30 Happy Hour 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>14</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:15 Exercise with Earnie 11:30 Valentine's Day Lunch 12:45 Concert w/Greg - W 2:30 Chair Stretch 6:00 Evening Bingo 7:30 Music and Relaxation</p> <p>Valentine's Day</p>		<p>15</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 10:45 Sing Along 12:30 Short Stories 1:30 Swing St. Band - W 3:30 Tea and Cookies 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>16</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:15 Exercise with Earnie 12:30 Arts and Crafts 1:00 Ballroom Dancing - W 3:00 Piano with Sonia - W 6:00 Evening Bingo</p>		<p>17</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 1:00 Bingo 2:00 Happy Hour/Saints Band -W 3:45 Salad Bar 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>18</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:30 Barber Shop and Spa 12:30 Bingo 1:30 Nature Walk 2:30 Dixieland Band - W 6:00 Sat Night Movie and Popcorn</p>	
		<p>19</p> <p>9:00 Sunday's Funnies 9:45 Fitness Walk 10:30 Range of Motion Exercise 12:15 Make Ice Cream Sundaes 1:30 Chair Yoga 2:30 Sing Along 3:00 Time Slips 6:00 Oscar Nominated Movie and Popcorn</p>		<p>20</p> <p>9:45 Fitness Walk 10:15 Exercise with Earnie 11:00 Reflections w/ Chaplain Leigh 1:00 Presidential Bingo and Trivia 1:00 Concert w/Leroy -W 3:30 Happy Hour 6:00 Time Slips 7:30 Music and Relaxation</p> <p>Presidents' Day (US)</p>		<p>21</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:15 Exercise with Earnie 12:45 Concert w/Greg - W 2:00 Mardi Gras Concert/Party - W 6:00 Evening Bingo 7:30 Music and Relaxation</p> <p>Mardi Gras</p>		<p>22</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 10:45 Sing Along 1:00 Short Stories 2:00 Sing Along with Alison - W 3:30 Tea and Cookies 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>23</p> <p>Picnic Trip</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:00 Picnic Trip 10:15 Exercise with Earnie 12:30 Arts and Crafts 3:00 Happy Hour 6:00 Evening Bingo 6:30 Paragon Band - W</p>		<p>24</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 12:45 Pet Therapy/Riley the Dog 1:00 Bingo 2:00 Happy Hour/Saints Band -W 3:45 Salad Bar 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>25</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:30 Barber Shop and Spa 12:30 Bingo 1:30 Nature Walk 2:30 Chair Stretch 6:00 Sat Night Movie and Popcorn</p>	
		<p>26</p> <p>9:00 Sunday's Funnies 9:45 Fitness Walk 10:30 Range of Motion Exercise 12:15 Make Ice Cream Sundaes 1:30 Nature Walk 2:30 Sing Along 4:00 The Academy Awards</p> <p>Academy Awards Night</p>		<p>27</p> <p>9:45 Fitness Walk 10:15 Exercise with Earnie 11:00 Reflections w/ Chaplain Leigh 1:00 Chair Dancing 2:00 Music with Alison 3:30 Happy Hour 6:00 Time Slips 7:30 Music and Relaxation</p>		<p>28</p> <p>9:00 Coffee Chats 9:45 Fitness Walk 10:15 Exercise with Earnie 12:45 Concert w/Greg - W 2:30 Chair Stretch 6:00 Evening Bingo 7:30 Music and Relaxation</p>		<p>29</p> <p>9:00 Today's Good News Headlines 9:45 Fitness Walk 10:15 Exercise with Earnie 10:45 Sing Along 1:00 Short Stories 3:30 Tea and Cookies 6:00 Time Slips 7:30 Music and Relaxation</p>		<p align="center">St. Paul's Villa</p> <p align="center">2340 Fourth Avenue San Diego, CA 92101 (619) 232-2996</p> <p align="center">Any special event changes or additions will be posted at the front desk.</p> <p align="center">W=Waterman Ballroom License #370804823</p>					