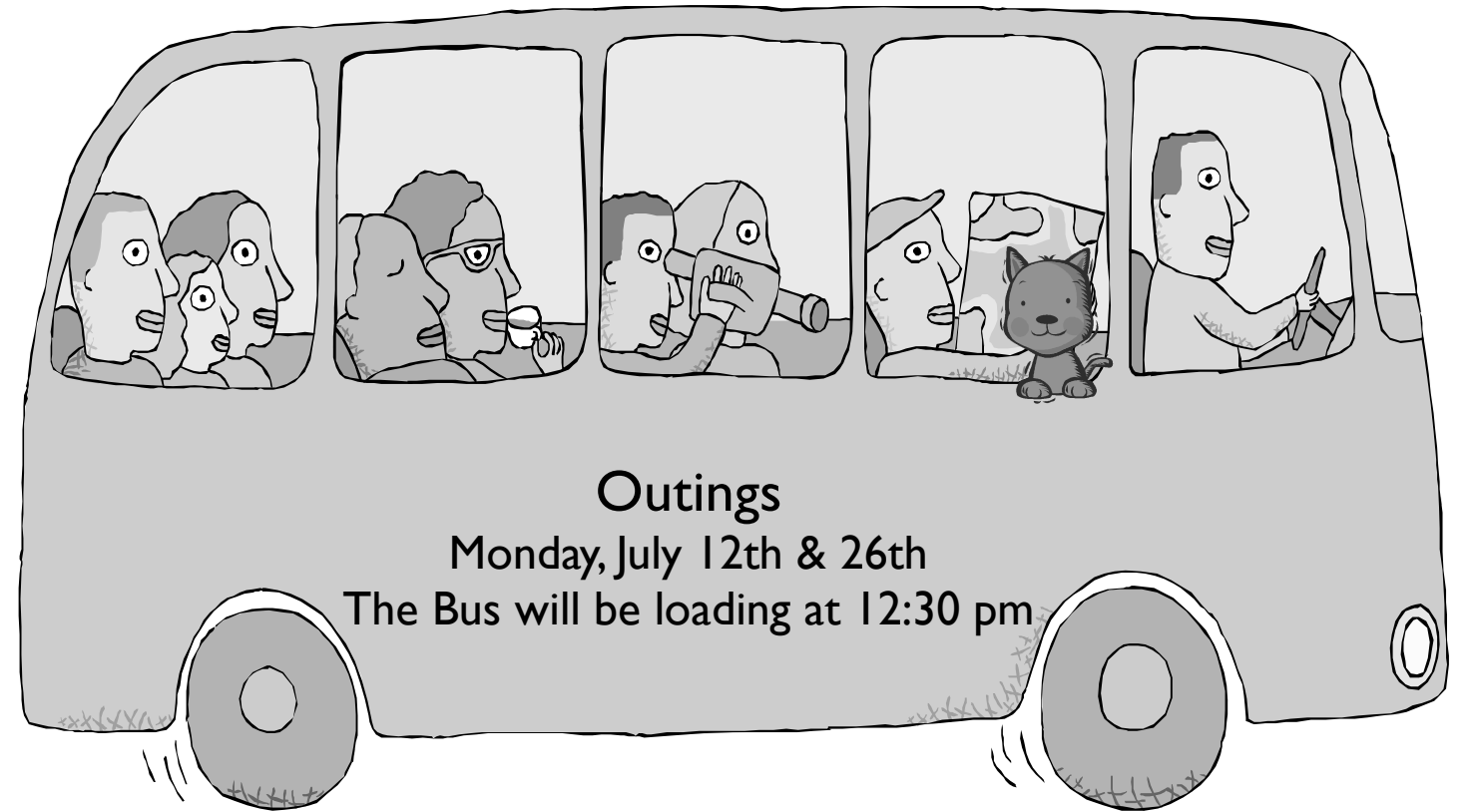




God Bless America!



St. Paul's John A. McColl Family Health Center
235 Nutmeg St.
San Diego, CA, 92103
619-239-8687



Family Council Meeting

Thursday, July 15th, 2010
@ 12:00 noon

In the Activity Room, downstairs
across from the Chapel

Refreshments are available

Please contact the Health Care Center
with any questions.

At (619) 239-8687





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<p>St. Paul's McColl Family Health Center</p> <h1 style="font-size: 2em;">July 2010</h1> <p>235 Nutmeg Street, San Diego, CA. 92103 619-239-8687</p>	<p>DR - Dining Room CH - Chapel LP - Lahodny Patio L - Lobby RV - Room Visits AR - Activity Room (Downstairs)</p>	<p>Activities provided by the activity department are subject to change. Activities can occur at anytime and are not limited to formal staff. Please contact the activity department with any questions. Pet & Music Therapy's, as well as Religious visits are available.</p>	<p>Happy Birthday Park Williams 1</p> <p>9:30 Music w/John Q. - DR 10:00 Life Stories - DR 3:00 Sing & Stretch w/ Tom Craven - DR</p>	<p>2</p> <p>10:00 Crossword Puzzles - DR 2:00 Love United Volunteer Ice Cream Social - LP 6:00 Movie: Your Choice</p>	<p>3</p> <p>9:45 Movie, 1hr10min: "The Civil War" - DR 2:00 Movie, 2hr 25min: "Independence Day" - DR 6:00 The Laurence Welk Show Ch. 11</p>
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<p>Independence Day 4</p> <p>9:15 Worship Service - CH 2:30-3:30 The Fyne Tones - DR 3:30 St. John's Fellowship - DR</p>	<p>5</p> <p>10:00 Movie -DR 11:30 BBQ - DR 2:00 Crafts: Patriotic - DR</p>	<p>6</p> <p>9:30 Sing & More - DR 10:00 Catholic Rosary - CH 3:00 World Affairs w/ Tom Craven - DR</p>	<p>7</p> <p>9:30 Episcopal Communion Service - Ch 10:15 Exercise - DR 11:00 Trivia - DR 3:00 News & Views w/ Tom Craven - DR</p>	<p>Happy Birthday Barbara Hallen 8</p> <p>9:30 Music w/John Q. - DR 10:00 Life Stories - DR 2:00 Resident Council - DR 3:00 Sing & Stretch w/ Tom Craven - DR</p>	<p>9</p> <p>10:00 Crossword Puzzles - DR 3:00 This Day In History w/ Tom Craven - DR 6:00 Movie, 1hr 42 min: "An American In Paris" - DR</p>	<p>10</p> <p>9:30 Movie, 1hr22 min: "Wonders of Man Creation" - DR 2:00 Movie: Your Choice - DR 6:00 The Laurence Welk Show Ch. 11</p>
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<p>11</p> <p>9:15 Worship Service - CH 2:00 Movie, Your Choice - DR</p>	<p>12</p> <p>10:15 Exercise - DR 11:00 Trivia - DR 12:30 Outing: Scenic Drive 3:00 Famous Things w/ Tom Craven - DR</p>	<p>13</p> <p>9:30 Sing & More - DR 10:00 Catholic Mass - CH 10:30 The Pet Encounter - RV 1:45 Matt & Jasmine Sing - DR 3:00 World Affairs w/ Tom Craven - DR</p>	<p>14</p> <p>9:30 Episcopal Communion Service - Ch 10:15 Exercise - DR 11:00 Trivia - DR 3:00 News & Views w/ Tom Craven - DR</p>	<p>Happy Birthday Dorothy Kahele 15</p> <p>9:30 Music w/John Q. - DR 10:00 Life Stories - DR 3:00 Sing & Stretch w/ Tom Craven - DR</p>	<p>16</p> <p>10:00 Crossword Puzzles - DR 3:00 This Day In History w/ Tom Craven - DR 6:00 Movie, Your Choice - DR</p>	<p>17</p> <p>10:00 National Geographic Your Choice" - DR 2:00 Movie: Your Choice - DR 6:00 The Laurence Welk Show Ch. 11</p>
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<p>18</p> <p>9:15 Worship Service - CH 2:00 Movie, Your Choice - DR</p>	<p>19</p> <p>10:00 Active Games w/ Christine - DR 2:00 Crafts: Hawaiian - DR</p>	<p>20</p> <p>10:00 Crossword Puzzle - DR 2:00 Military Support Group - DR</p>	<p>21</p> <p>9:30 Episcopal Communion Service - Ch 10:00 Active Games w/ Christine - DR 2:00 Movie, 1hr 40min: "Sister Act" - DR</p>	<p>22</p> <p>10:00 Nail Care - DR 2:00 Birthday Decorating - DR 5:00 Birthday Dinner w/ John Shaird - DR</p>	<p>23</p> <p>10:00 Bingo - DR 3:00 Balloon Volley - DR 6:00 Movie, Your Choice - DR</p>	<p>Happy Birthday Louise Palumbo 24</p> <p>9:30 Movie, 1hr 25min: "Peg O My Heart" - DR 2:00 Movie, Your Choice DR 6:00 The Laurence Welk Show Ch. 11</p>
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<p>25</p> <p>9:15 Worship Service - CH 2:30 St. Peter's Episcopal Church - DR</p>	<p>26</p> <p>10:00 Active Games w/ Christine - DR 12:30 Outing: Coronado Island 2:00 Movie of your choice.</p>	<p>27</p> <p>10:00 Crossword Puzzle - DR 2:00 Military Support Group - DR</p>	<p>Happy Birthday Louise Williford 28</p> <p>9:30 Episcopal Communion Service - Ch 10:00 Active Games w/ Christine - DR 2:00 Movie, 1hr 42min: "7Birdies 4 7Brothers" -DR</p>	<p>29</p> <p>10:00 Coffee Connection - DR 10:30 Sing-A-Long - DR 2:00 Making Hawaiian Decorations - DR</p>	<p>30</p> <p>10:00 Bingo - DR 2:00 Splash Featuring Strawberry Shakes & Trivia - DR 6:00 Movie. Your Choice - DR</p>	
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