



















Sunday Monday Tuesday Wednesday Thursday Friday Saturday

St. Paul's McColl Health Center

235 Mulmeg St. San Diego CA 92103



February 2012

<p>5 9:15 Worship Service-CH 10:00 Builder's Association-DR 10:00 W/C Bowling-DR 2:30 Super Bowl Party-DR 3:30 Super Bowl-DR 6:00 CNN News Hour-DR</p> 	<p>6 10:00 Coffee and Current Events-DR 10:30 Exercise-DR 2:00 Splash w/ Chocolate Shakes-DR 2:30 Memory Lane Band-DR 6:00 Sam The Cooking Guy-DR</p>	<p>7 10:00 Exercise-DR 10:00 Fabric Folders-DR 1:30 Jewelry Beading-DR 3:00 Celebrity Chef With Donna 6:00 Fox News Hour-DR</p> 	<p>1 9:30 Episcopal Communion Service-CH 10:00 Games w/ St. Paul's Kids-DR 10:30 Balloon Volley-DR 1:30 Jigsaw Puzzles-DR 3:00 Bingo-DR 6:00 CBS Evening News-DR</p> 	<p>2 9:30 Violin w/ John-DR 10:00 The Interview-DR 1:30 Manicures and Hand Massages-DR 3:00 Cookies and Coffee Social-DR 6:00 Sam The Cooking Guy-DR</p>	<p>3 10:00 Crossword Puzzle-DR 1:30 Room Visits 2:00 Make Your Own: Cookies and Cream Parfaits-DR 3:00 Sun Therapy and Lemonade-P 6:00 CNN News-DR</p> 	<p>4 10:00 Bingo-DR 10:00 Coupon Clipping-DR 11:00 Midday News-DR 2:00 Spin Art-DR 6:00 Movie and Popcorn: "Meet Me In St. Louis"-DR</p> 
<p>12 9:15 Worship Service-CH 10:00 Builder's Association-DR 10:00 W/C Bowling-DR 2:00 Games and Puzzles-DR 6:00 News Hour-DR</p>	<p>13 10:00 Coffee and Current Events-DR 10:30 Exercise-DR 1:00 Scenic Outing: Mission Trails Park 3:00 Valentines Day 6:00 Sam The Cooking Guy-DR</p> 	<p>14 10:00 Valentine Craft-DR 10:00 Helen Woodward Pet Visits-RV 1:30 Sing Along w/ Matt and Jasmine-DR 2:30 Valentine's Day Party-DR 6:00 Fox News Hour-DR</p> 	<p>8 9:30 Episcopal Communion Service-CH 10:00 Crafts w/ St. Paul's Kids-DR 10:30 Balloon Volley-DR 3:00 Bingo-DR 6:00 CBS Evening News-DR</p> 	<p>9 9:30 Violin w/ John-DR 10:00 The Interview-DR 1:30 Manicures and Hand Massages-DR 3:00 Resident Council w/ Donuts and Coffee-DR 6:00 Sam The Cooking Guy-DR</p> 	<p>10 10:00 Crossword Puzzle-DR 1:30 Room Visits 2:00 Make your own Cherry Turnovers-DR 3:00 Sun Therapy and Fruit Punch-P 6:00 CNN News-DR</p> 	<p>11 10:00 Bingo 10:00 Coupon Clipping-DR 11:00 Midday News-DR 2:00 Spin Art-DR 6:00 Movie and Popcorn: "My Giant"-DR</p> 
<p>Celebrating Mardi Gras Week</p>						
<p>19 9:15 Worship Service-CH 10:00 Builder's Association-DR 10:00 W/C Bowling-DR 2:00 Games and Puzzles-DR 6:00 News Hour-DR</p>	<p>20 10:00 History Of Mardi Gras 10:30 Exercise-DR 2:00 Splash w/ Tropical Fruit Shakes-DR 3:00 Mardi Gras Jewelry-DR 6:00 Sam The Cooking Guy-DR</p>	<p>21 10:00 Word Games-DR 10:00 Fabric Folders-DR 2:00 Cajun Cooking Class: Cajun Crab Stuffed Mushrooms-DR 3:00 Jigsaw Puzzles-DR 6:00 Fox News Hour-DR</p>	<p>22 9:30 Episcopal Communion Service-CH 10:00 Mardi Gras Craft w/ St. Paul's Kids-DR 10:30 Balloon Volley-DR 1:30 Uno-DR 3:00 Mardi Gras Bingo-DR 6:00 CBS Evening News-DR</p> 	<p>23 9:30 Violin w/ John-DR 10:00 The Interview-DR 1:30 Craft: "Mardi Gras Masks"-DR 3:00 Cookies and Coffee Social-DR 6:00 Sam The Cooking Guy-DR</p>	<p>24 10:00 Crossword Puzzle-DR 1:30 Room Visits 2:00 Mardi Gras Cupcake Decorating 3:00 Sun Therapy and Fruit Punch-DR 6:00 CNN News-DR</p> 	<p>25 10:00 Bingo 10:00 Coupon Clipping-DR 11:00 Midday News-DR 2:00 Spin Art-DR 6:00 Movie and Popcorn: "Bus Stop"-DR</p> 
<p>26 9:15 Worship Service-CH 10:00 Builder's Association-DR 10:00 Daytona 500-DR 2:00 Games and Puzzles-DR 6:00 News Hour-DR</p> 	<p>27 10:00 Coffee and Current Events-DR 10:30 Exercise-DR 1:00 Scenic Outing: Cabrillo National Monument 3:00 Piano w/ Anna-DR 6:00 Sam The Cooking Guy-DR</p> 	<p>28 10:00 Exercise-DR 10:00 Fabric Folders-DR 2:00 Collage Making-DR 3:00 Word Games-DR 6:00 Fox News Hour-DR</p>	<p>29 9:30 Episcopal Communion Service-CH 10:00 Games w/ St. Paul's Kids-DR 10:30 Balloon Volley-DR 1:30 Uno-DR 3:00 Bingo-DR 6:00 CBS Evening News-DR</p> 	<p>DR- Dining Room P- Patio RV- Room Visit CH- Chapel</p>		
<p>*Please Note: Activities are subject to change</p>						