

July 2010

St. Paul's Manor
Events Calendar
Check the
bulletin boards for
special event
flyers!

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the bulletin boards for
special event flyers!

AR - Activity Room
McColl Health
Center

C - Chapel
CR - Conference
Room

DR - Dining Room

FR - Frampton
Room

L - Library

LP - Lahodny Patio

LL - Mitchell LUV

Lounge

MHC-McColl Health
Center Dining Rm

SL - Shattuck
Lounge

CCC- Community Care
Center

MEETINGS


Acty Planning Mtg - July 8
Res. Assoc. Mtg.- July 9
Advisory Com Mtg- July 16
Open Forum and
Acty General Mtg- July 20
Food Forum - July 27

Podiatrist - July 9
Start Floor - Floor 7

WHAT NOT - WHY NOT

June - store schedule
9:00am - 11:00am
Room # 313

Open:
Thursday, July 8
Thursday, July 22
Thursday, July 29
Clearance Sale
Support the Resident
Association

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LINE DANCING EVERY MONDAY PLANET EARTH JULY 1 & 22	CREATIVE EXPRESSIONS JULY 9 & 23 CHARADES JULY 10	BANKER HILL PLAYERS JULY 18	1 9:00-12:00-Vol. Driver 10:00-2:00 - Medical Appts 10:15- Fit-tastic! -LL 11:00-Laurels Bowl-LL 12:30-2 - Quarter Sales - L 2:00- Planet Earth - LL 7:00-Cards/Bd Games-LL	2 8:45 - Tai Chi - LL 9:15 -Prayer Time-Rm 1023 10:00-2:00 - Medical Appts 2:00Ice Cream Social LP 3 :00 Meet & Greet LL (Sponsored by Res. Assoc.) 7:00 - Celebration - LL	3 10:00-Catholic Communion Service - C 10:00 - Open Bowling-LL 5-6:30-Social Hour(BYO)-LL
4 INDEPENDENCE DAY 7:45 - 8:30 - Sunday Break-fast 9:15 - Worship - MHC 11:30 & 1:00 -Dinner Open Seating/Box Lunch 2:30- Music Worship Svc.-LL 4:30 - Sunday Sack Supper-LP	5 8:45 - Tai Chi - LL <i>No Transportation Today</i> 10:15- Fit-tastic! -LL 11:00-Nutmegs Bowl-LL 1-3:00-Current Events-LL 7:00-Line Dancing - LL	6 9:15-10:30-Stamps - L 9:30 -Walking w/ Anna- SL 9:45 - Albertsons/ Ralphs 10:00 -Rosary Service - C 10:15- Fit-tastic! -LL 11:00-Maples Bowl-LL 1:00 - CVS/Henry's 2:30 - Laughter Yoga-LL 7:00 - Bingo - LL	7 8:45 - Tai Chi - LL 9:30 - Episcopal Svc. - C 11:00 - Saints Bowl- LL 11:30 - Olive Garden 1:00 - Music with Greg-LL <i>No Sharing Memories Today</i> 2:00 - Activity Planning Mtg - CR 7:00-Resident Sing-a-Long-	8 9:00-9:30-BloodPressur-LL 9:00-11-WhatNotShop-#313 9:00-12:00-Vol. Driver 10:00-2:00 - Medical Appts 10:15- Fit-tastic! -LL 11:00-Laurels Bowl-LL	9 8:45 - Tai Chi - LL 9:00-Podiatrist (start floor 8) 9:15 -Prayer Time-Rm 1023 10:00-2:00 - Medical Appts 1:30 - Health Topic - LL 3:00 - Creative Expressions-LL	10 10:00-Catholic Communion Service - C 10:00 - Open Bowling-LL 5-6:30-Social Hour(BYO)-LL 7:00 - Charades - LL
11 7:45 - 8:30 - Sunday Break-fast 9:15 - Worship - MHC 11:30 & 1:00 -Dinner Open Seating/Box Lunch 2:30-Music Worship Svc. - LL 4:30 - Sunday Sack Supper-LP	12 8:45 - Tai Chi - LL 9:45 - Target/Ralphs 10:15- Fit-tastic! -LL 11:00-Nutmegs Bowl-LL 1-3:00-Current Events-LL 7:00-Line Dancing - LL	13 9:15-10:30-Stamps - L 9:30 -Walking w/ Anna- SL 9:45 - Albertsons/Ralphs 10:00 -Rosary Service - C 10:15- Fit-tastic! -LL 11:00-Maples Bowl-LL 1:00 - Rite Aid-Hillcrest 2:30 - Laughter Yoga-LL 7:00 - Bingo - LL	14 8:45 - Tai Chi - LL 9:30 - Episcopal Svc. C 11:00 - Saints Bowl- LL 11:30- Red Lobster 1:00 - Music with Greg-LL 2:30 - Sharing Memories-CR 7:00-Resident Sing-a-Long-LL	15 9:00-12:00-Vol. Driver 10:00-2:00 - Medical Appts 10:00-2:00 - Scenic Trip 10:15- Fit-tastic! -LL 11:00-Laurels Bowl-LL 1:00 Ballroom Dancing - Villa 2:00 - Book Club - CR 6:30-Wills & Trust Presentation-LL	16 8:45 - Tai Chi - LL 9:15 -Prayer Time-Rm 1023 10:00-2:00 - Medical Appts 1:00-Open Forum - LL 7:00 - Movie - LL	17 10:00-Catholic Communion Service - C 10:00 - Open Bowling-LL 2:00- Bob Spencer-LL 5-6:30-Social Hour(BYO)-LL
18 7:45 - 8:30- Sunday Break-fast 9:15 - Worship - MHC 11:30 & 1:00 - Dinner Open Seating/Box Lunch 2:30-Music Worship Svc. - LL 4:30 - Sunday Sack Supper-LP 6:00 - Banker Hill Players -	19 8:45 - Tai Chi - LL 10:15- Fit-tastic! -LL 9:45 - Walmart 11:00-Nutmegs Bowl-LL 1-3:00 -Current Events - LL 7:00-Line Dancing - LL	20 9:15-10:30-Stamps - L 9:30 -Walking w/ Anna- SL 9:45 Albertsons / Ralphs 10:00 -Rosary Service - C 10:15- Fit-tastic! -LL 11:00-Maples Bowl-LL 1:00 - CVS/Henry's 2:30 - Laughter Yoga-LL 7:00 - Bingo - LL	21 8:45 - Tai Chi - LL 9:30 - Episcopal Svc.- C 11:00 - Saints Bowl- LL 11:30 - Black Angus 1:00 - Music with Greg-LL 2:30 - Sharing Memories-CR 3:00pm- Georgeanne- LL 7:00 -Resident Sing-a-Long-LL	22 9:00-12:00-Vol. Driver 9:00-11-WhatNotShop-#313 10:00-2:00 - Medical Appts 10:15- Fit-tastic! -LL 11:00-Laurels Bowl-LL 2:00- Planet Earth - LL 4:30&6-B-Day Dinner-DR 7:00-Wills&Trust Clinic-LL	23 8:45 - Tai Chi - LL 9:15 -Prayer Time-Rm 1023 10:00-2:00 - Medical Appts 1:00 - Activity Meeting-LL 3:00 - Creative Expressions-LL 7:00 - Movie - LL	24 10:00-Catholic Communion Service - C 10:00 - Open Bowling-LL 3:00- Soirée-LL 5-6:30-Social Hour(BYO)-LL
25 7:45 - 8:30- Sunday Break-fast 9:15 - Worship - MHC 11:30 & 1:00 - Dinner Open Seating/Box Lunch 2:30-Music Worship Svc. - LL	26 8:45 - Tai Chi - LL 9:45 - Target/Ralphs 10:15- Fit-tastic! -LL 11:00-Nutmegs Bowl-LL 1-3:00 -Current Events - LL 7:00-Line Dancing - LL	27 9:15-10:30-Stamps - L 9:30 -Walking w/ Anna- SL 9:45 - Albertsons/Ralphs 10:00 -Rosary Service - C 10:15- Fit-tastic! -LL 11:00-Maples Bowl-LL 1:00 - Rite Aid-Hillcrest 1:15 - Food Forum - CR 2:30 - Laughter Yoga-LL 7:00 - Bingo - LL	28 8:45 - Tai Chi - LL 9:30 - Episcopal Svc.- C 11:00 - Saints Bowl- LL 11:30 - Applebee's 1:00 - Music with Greg-LL 2:30 - Sharing Memories-CR 7:00-Resident Sing-a-Long-LL	29 9:00-12:00-Vol. Driver 9:00-11-WhatNotShop-#313 <i>(Clearance Sale)</i> 10:00-2:00 - Medical Appts 10:00-2:00 - Scenic Tour 10:15- Fit-tastic! -LL 11:00-Laurels Bowl-LL 7:00-Cards/Bd Games-LL	30 8:45 - Tai Chi - LL 9:15 -Prayer Time-Rm 1023 10:00-2:00 - Medical Appts 2:00 - Pinochle - LL 7:00 - Movie - LL	31 10:00-Catholic Communion Service - C 10:00 - Open Bowling-LL 5-6:30-Social Hour(BYO)-LL