

St. Paul's Sample Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:30 Exercise 9:30 Episcopal Svc. 10:30 Bus Trip to Shelter Island/lunch 1:00 Current Events 7:00 Canasta/ Cribbage	10:00 Catholic Mass 11:00 Bible Study 1:00 Writers Group 2:00 Exercise 7:00 Bridge	8:30 Exercise 10:00 Protestant Svc. 11:30 Bus Trip for Scenic Drive 2:00 Chatty Crafts 7:15 Movie	10:00 Exercise 1:00 Movie 4:00 Coffee/Tea Time 7:00 Bridge
10:45 Hymn Sing 1:30 Ballroom Dancing	8:30 Exercise 9:30 Shopping 1:00 Current Events 2:00 Sing with Anne 7:00 International Cards	9:30 Shopping 11:00 Big Band Performance 1:00 Bingo 2:00 Exercise 7:00 Round Dance	8:30 Exercise 9:30 Episcopal 10:30 Bus Trip to La Jolla/lunch 2:00 School Choir 7:00 Canasta/ Cribbage	10:00 Catholic Mass 11:00 Bible Study 1:00 Trip to Barona Casino 3:00 Exercise 7:00 Bridge	8:30 Exercise 10:00 Protestant Svc. 11:30 Bus Trip for Scenic Drive 1:00 Swimercise 7:15 Movie	10:00 Exercise 1:00 Movie 4:00 Coffee/Tea Time 7:00 Bridge
10:45 Hymn Sing 1:30 Ballroom Dancing	8:30 Exercise 9:30 Shopping 1:00 Current Events 2:00 Resident Mtg. 7:00 International Cards	9:30 Shopping 11:00 Big Band Performance 1:00 Bingo 2:00 Exercise 7:00 Round Dance	8:30 Exercise 9:30 Episcopal 10:30 Bus Trip to Pt.Loma/lunch 6:15 Baylanders Choir	10:00 Catholic Mass 11:00 Bible Study 1:00 Writers Group 2:00 Exercise 4:30 Birthday Party	8:30 Exercise 10:00 Protestant Svc. 11:30 Bus Trip for Scenic Drive 2:00 Chatty Crafts 7:15 Movie	10:00 Exercise 1:00 Movie 4:00 Coffee/Tea Time 7:00 Bridge
10:45 Hymn Sing 2:45 Bus Trip to Community Concert	8:30 Exercise 9:30 Shopping 1:00 Pianist Concert 7:00 International Cards	9:30 Shopping 11:00 High School Choir 2:00 Exercise 6:30 Bus Trip to Concert	8:30 Exercise 9:30 Episcopal 10:30 Bus Trip to Mt. Helix/lunch 7:00 Canasta/ Cribbage	10:00 Catholic Mass 11:00 Bible Study 1:30 Ballroom Dancing 3:00 Exercise 7:00 Bridge	8:30 Exercise 10:00 Protestant Svc. 11:30 Bus Trip for Scenic Drive 1:00 Swimercise 7:15 Movie	10:00 Exercise 1:00 Movie 3:00 Residents Choir 4:00 Coffee/Tea Time 7:00 Bridge
10:45 Hymn Sing 1:30 Ballroom Dancing	8:30 Exercise 9:30 Shopping 1:00 Current Events 2:00 Sing with Anne 7:00 International Cards	9:30 Shopping 11:00 City Choir 1:00 Bingo 2:00 Exercise 7:00 Round Dance	8:30 Exercise 9:30 Episcopal 10:30 Bus Trip to Harbor Island/lunch 7:00 Canasta/ Cribbage	10:00 Catholic Mass 11:00 Bible Study 1:30 Ballroom Dancing 3:00 Exercise 7:00 Bridge	8:30 Exercise 10:00 Protestant Svc. 11:30 Bus Trip to Mt. Soledad/lunch 2:00 Chatty Crafts 7:15 Movie	